

In arranging the sports programme, everything has been done to encourage every individual to participate, and at the same time develop a spirit of inter-Company and inter-group competition. Company Commanders are urged to assist the Sports Committee in its programme by encouraging every member to participate. So far as it is possible each Company will run its own competitions, with the assistance, if required, of the Committee. The champion team or individual of each Company or Group will be its representative in the Ship's final and the winner declared the Ship's Champion.

The events under section 1 will be group events, and those under section 11 Company events. Points will be awarded for a Company championship on the following basis:

1st. -- 5 Points -- 2nd. -- 3 Points. 3rd. -- 1 Point.

Bn H Q of 24 Auck will be attached to A Coy for sports purposes.

#### SECTION 1.

Boxing & Wrestling.

#### SECTION 2

75 yds. dash. 220 yds. 440 yds. 880 yds. 1 mile.

Stdg. long jump, Stdg. hop, stop & jump. putting the medicine ball. Potato race.

#### TEAM EVENTS

Obstacle race.

Relay race, 4 men per team, 220 yds each man. Tunnel relay. Medicine ball. 20 men team.

Deck games - Deck quoits, Peg quoits.

#### RULES of EVENTS - BOXING :

Officers - Padre Henley (Chair) Lieut. Carroll, Cpl. Bourne, Spr. Oliver (Sec)

Boxing Officials (with power to add) - Judges - Bourne - Langley, Mellis, Padre Henley, Stock, Muir, Lieut. Lockett. REFEREES - Bourne, Langley, Mellis.

ANNOUNCERS - Padre Henley, Lt. Carroll. TIMEKEEPERS - Major Jull, Lt. McManus. Sjt.

O'Sullivan, Farris. CALL STEWARDS - Arnold, Hepburn. SCALE CLERKS - Padres Mc Kenzie & Buck, Farris. GLOVE ATTENDANTS - Percy, Stock, Muir. EXAMINING DOCTORS Lt Col. Ardagh

and Army Doctors. Two green and two red sashes are required for each unit during contests. Each bout to be of 3 two min. rounds duration. In event of judges disagreeing referee to give straight out decision in favour of one man. Spells 1 min. Bell Gong & stop watches to be arranged. All bouts to be run by Units themselves under the supervision of the above officials. The Committee will arrange for the weighing of each man after which the matching of contestants will be made by the Committee. The finalist of each Unit in their respective weights will be matched for the Ship's Championship. Weights - L/wt - 9-6 & under. W/wt 9/7 -10/6. M/wt 10/7 -11/6. L H/wt 11/7 -12/6. H/wt - any weight.

Any contestant not available & ready at call is disqualified. Rotation and order of bouts will be conveyed to Units concerned.

#### DECK QUOITS

Rules are available from a representative of the Sports C/ee. who will be present at all contests. Two players will constitute a team and will play 10 heads, 5 from each end. The team scoring highest points shall be the winner.

#### PEG QUOITS

Each individual player will throw 24 quoits each from a distance of 9 ft from the peg, the player making the highest score being the winner. Coys will arrange their own competitions, and their reps must be ready for finals on Wednesday Sept 11 at 1200 hrs.

#### TRACK EVENTS

As per A A rules, within the limits of the Ship.

#### POTATO RACE

18 yds. 5 p/os, 1st p/o @ 10 yds, each succeeding p/o @ 2 yds. Bucket behind starting line. After placing the 5th p/o in bucket, competitor to run 18 yds to finishing tape.

#### TUNNEL RELAY

Usual rules, 20 men per team. Men must be from 2/3 ft apart and ball must pass through the whole of the tunnel.

In the following events Coys will select 2 competitors to represent them in the finals 220 yds, 440 yds, 880 yds, 1 mile. Obstacle race, Relay race.

Entries must be in the hands of the Sec. Cabin 130 by 2000 hrs Monday 9th September. Saturdays (all day) Wed. & Sun. afternoons are available as sports days. Space will

be allotted for these days and the contests proceeded with. The allocation of space will be fixed from time to time. Orderly rooms will be notified of the space allotted. Entries for wrestling & boxing must be in the hands of Padre Henley, cabin 123 by 2000 hrs Wed. Sept. 11th. Entry will show, name of contestant, weight stripped, Group and Company. The whole of the boxing and wrestling will be held on a date to be fixed.

Particulars of wrestling rules will appear in our next issue.

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