

HOME MAKERS CORNER

By "LYNETTE."

SOUPS

To the French, the stock-pot is almost the equivalent of the English teapot, for what may be regarded as their national dish is "Pot-au-feu" (literally "pot-on-the-fire"). It used to be that the peasant women always had the pot hanging over their fires, and the delicious liquid was always there to welcome and warm those entering the home. Bourgeois families now serve pot-au-feu at least once a week. Beef bones are boiled from three to fifteen hours, the stock strained and cooled to remove all fat. A piece of top-side (about 2½ lbs.) is added and brought slowly to the boil. All scum is very carefully removed and then are added carrots, parsnips, turnips, celery, leeks, onions, cloves, a bouquet of herbs and salt. This is simmered for about three and a-half hours. The meat is served at table; and the liquid strained for a delicious clear soup.

We can find many occasions for soup—as a main dish for luncheon or tea, or a light soup as an appetizer for dinner. Invalids benefit from beef tea or broth, perhaps more from the appetizer point of view than from the nutritious, for the meat juices in the soup cause the digestive juices to flow, and thereby promote appetite. Hot soup can be a very effective stimulant, too, and on a cold winter's night it does much to cheer departing guests on their homeward way.

Modern food manufacturers have made soups a simple and time-saving dish for the housewife—the food value of tinned and packet soup is not to be despised.

Many people like something "crunchy" to relieve the bland texture of some soups, and croutons (little cubes of bread, toasted in the oven), or sippets (bread cubes fried in a little butter or dripping) are often used, but chopped and fried parsley, or bacon can be added at the last minute, or grated cheese sprinkled on the top of the soup, and crisped in a hot oven.

Here is a nutritious "Cream of Lentil" soup:—

½ cup of lentils well washed. Chop 1 small carrot, parsnip, and onion; put all into two cups of stock, or water, with seasoning, and cook all till tender. Put through a sieve. Melt 1 tablespoon butter in a saucepan, add 1 tablespoon of

flour, and one cup milk. Bring to the boil and serve all hot.

An Italian soup, "Minestra di due colori" (soup of two colours), is an unusual dish. Melt 2½ ozs. butter, add ½ lb. flour, 1 pint milk, pinch salt, and pinch nutmeg. Work to a smooth consistency over a slow fire. Cool and add two whole eggs, two yolks, and 2 ozs. cheese. Divide paste in half, and mix one half with either boiled sieved spinach, or ½ cup chopped parsley. Drop small piece of alternate yellow and green paste into boiling stock, and serve all hot.

Is It Well With the Child—continued

shadow of the Divorce Court has fallen on thousands of young children in our own land. The dislocation of the home atmosphere, the shocks of changes in places of abode from homes where father and mother, brothers and sisters were the normal occupants and companions to foster homes, orphanages, and such-like substitutes for what is the undisputed right of every child, have been, and are responsible for a dreadful harvest. Delinquency, of which so much is being heard in the countries of the world, thrives best in the soil of broken home life. It is beyond question that the wave of child crime which has dismayed society everywhere, has had its origin in the wave of irresponsibility of parents, "due to the war."

"Due to the war!" It is a glibly-uttered phrase. We hear it in all sorts of connections, unnecessary to name. Have we become so lax in our standards as to accept it as an explanation for such crimes against our children's

prospects of becoming fine citizens of a fine country as are being committed daily by their own parents? Is it too much to claim that if those parents had been brought to see, through religious education, that certain things were **wrong**, and not to be excused on such flimsy grounds as being "due to the war," many hundreds of these children might still be happy in their own homes with all the security and care-free happiness to which their birth entitled them?

Where is the plague spot? We say the Home is the place where responsibility should be assumed. But in how many homes is there a true understanding of that responsibility? The vicious circle is revolving; more irresponsibility is being evidenced, and we are driven back to positions from which we should never have moved. God in the heart, in the home, in the school, in the community, realised and owned, is the only answer to the heart-breaking problems surrounding the life of the child of today. Our prayers, our work and thought are needed as never before. "Save the Children" should be our slogan. Our work for Temperance, for "Bible in Schools," for all that is aimed at restoring to the beautiful childhood of our time that which seems to be lost, temporarily at least, the guardianship and care which leads to the development of the best, should be our constant care. A Christian parentage, a Christian home, and the life of the truly Christian community should be the lot of every child born into our civilisation. Only so can we truly say, "It is well with the child."

"W.R. CROSSWORD" - 14

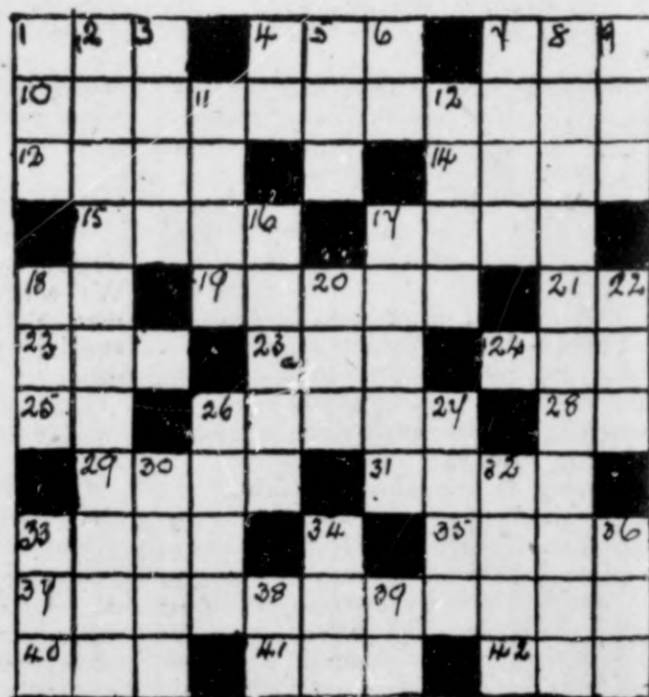
CLUES

Across

- 1—Pronoun.
- 4—Wood.
- 7—Before (Latin prefix).
- 10—Out (slang).
- 13—Biblical name.
- 14—Biscuit.
- 15—Entry.
- 17—Classify.
- 18—Pertaining to.
- 19—Material.
- 21—Exists.
- 23—Behind.
- 23a—Source of light.
- 24—Skilled airman.
- 25—Concerning.
- 26—Mercenary.
- 28—Denoting presence.
- 29—Animal sound.
- 31—Pause.
- 33—Scatters or spreads.
- 37—Self-reliant.
- 40—Pen.
- 41—Fuss.
- 42—Past time.

Down

- 1—Tinge.
- 2—Moderate.
- 3—North Britisher.
- 4—In progress.
- 5—Tree.
- 6—King's Counsel.
- 7—Teem.
- 8—Idling in the country.
- 9—Scottish river.
- 11—Sign.
- 12—Press.
- 16—Hoarder.
- 17—Of 23a.



SOLUTION TO No. 13

Across—1, Brown; 5, Plait; 10, Lope; 12, Inch; 13, Am; 14, Tired; 17, Er; 18, Cab; 20, Fed; 21, Ado; 22, R.A.; 24, Dr.; 25, Conveners; 27, Ay; 28, No; 30, End; 32, Ivy; 34, Wad; 36, Lo; 37, Sneer; 39, i.e.; 40, Lama; 42, Earn; 44, Shale; 45, Spies.

Down—1, Black; 2, Roma; 3, Op; 4, Wet; 6, Lid; 7, An; 8, Iced; 9, Throw; 11, Preserved; 15, If; 16, Ed; 19, Broad; 21, Arrow; 23, Any; 24, Den; 26, Bells; 29, Edens; 31, Noah; 32, In; 33, Ye; 35, Aire; 37, Sal; 38, Rep; 41, Ma; 43, Ai.

- 18—Means of locomotion.
- 20—Negative (French).
- 22—Fixed.
- 26—Container.
- 27—Vile.
- 30—Current.
- 32—Tropical tree.

- 33—Poetic "It is."
- 34—Colour.
- 36—Often found at bottom corner of a page.
- 38—Maori village.
- 39—Refusal.