District President, gave a very full report of Convention.

April 23: Report of the Woolston Union Social. President read extracts from the "World Bulletin" of successful work in other

Woolston, March 26: Fair attendance, Mrs. Tomlinson, Vice-President, in the chair. Devotions, Mrs. Carrington. Pledge and Temperance Fact. Solo by Mrs. Tomlinson much appreciated. Sick members visited and flowers sent to sick member in hospital. Prayer and Recording. Benediction.

Oxford, April 19: Resolutions of sympathy with the relatives of Mrs. Peryman, and the late Mrs. Elliot; and with Mrs. Comyns in the loss of her brother. Members expressed their deep regret at the passing of Mrs. Peryman, whose strong personality, tireless zeal and many talents made such a valuable contribution to the W.C.T.U. through many years. Mrs. Ancell, a former member, gave the address. Mrs. Carey elected Treasurer in place dress. Mrs. Carey elected Treasurer in place of Mrs. Weston, whose health does not allow her to continue in the position. Meeting closed

Spreydon, April 8: Very good report of Dominion Convention given by Mrs. Clark. Mental Hospital visiting undertaken by two members. Temperance Fact, Mrs. Paul Murray. Secretary reported on assistance given to Y.W.C.A. at a Sale of Work at Mona Vale. Papanui, April 16: Mrs. Tillman presiding, ten present. Devotions led by Mrs. Malcolm. Temperance Fact, Mrs. Hampton. Pledge and Roll Call answered by text of Scripture. Invitations received to birthday celebrations of North Brighton and Woolston Unions. Mrs. Hawker reported on Mental Hospital visiting. Mrs. Fo.d of Sumner gave a report on the Dominion Convention, and was thanked by the President. the President.

Reefton, April 8: Mrs. Thompson presided and read an article on "Alcoholic Drinkers."

Sydenham, May 1: Mrs. Filer presided over an attendance of ten members, and led Devotions. Pledge and Temperance Fact. Mrs. E. Rogers appointed as Acting "W.R." Superindrance appears of Mrs. Julius. Last Rogers appointed as Acting "W.R." Superin-rendent during absence of Mrs. Julius. Last year's balance sheet approved. Letter from Mrs. Long expressing thanks for donation to Hostel. Miss Gainsford was the speaker, her subject being on the "Status of Women Ac-cording to Bible Teaching"; mention also being made of Peace Day. Closing prayer by Mrs.

Riccarton, May 8: 18 members present. Devotions led by Mrs. Harris, Mrs. Griffiths presiding. Temperance Fact. Letter of sympresiding. Temperance Fact. Letter of sympathy sent out. Invitations to 62nd Anniversary of Christchurch Union, Miss Rattray's meeting in connection with the N.C.W., and the Farewell to Mrs. Mackie. June meeting for celebration of 25th anniversary. Mrs. Newth gave a resume of the topics discussed at the Women's Rally Day, and Mrs. Griffiths read a very interesting article on "A Day in the Country with the District Nurse," which was much appreciated. Hymn and closing prayer.

North Brighton, April 15: Mrs. Noonan presided, using the order of service used at Dominion Convention. Scientific Fact given and Pledge re-affirmed. Mrs. Mundy acted in place of the Secretary. Votes of sympathy with the relatives of the late Hop. D. G. Sullivan and Mrs. Peryman were passed. Band of Hope, Cradle Koll, Mental Hospital visiting were all reported on Birthday address. of Hope, Cradle Roll, Mental Hospital visiting were all reported on. Birthday celebrations arranged for. Anzac Day floral spray to be carried by two members in the procession. Dominion Convention report given by Mrs. Noonan, several members speaking in appreciation of the report. Benediction.

OTAGO DISTRICT

OTAGO DISTRICT

Oamaru, April 14: Mrs. Winn presided. A case of beautiful Japanese goods brought by our President were much admired. Mrs. Ripping, District Secretary, was welcomed and reported on the Dominion Convention. Miss R. Day, Devotional Superintendent, who has been ill for some time, is improving slowly.

Lawrence, April 17: Small attendance. In the absence of the President, Mrs. McNeilly occupied the chair. Reference was made to the passing of Mrs. Peryman. Secretary to write to relatives, and also to another bereaved friend. Letter received re Temperance Exam. Items of interest read by Mrs. McNeilly. Message of sympathy sent to the President in the illness of her brother. Hymn and Benediction.

(Continued from page 8)

(b) to make necessary a 60% majority for the carrying of Prohibition;

(c) to bring about corporate control of the Liquor Trade.

Special Speakers during the Conference included Mrs. MacIntosh, a delegate to UNO in New York, from New Zealand; Miss Joan Rattray, a delegate to the Conference sponsored by Mrs. Eleanor Roosevelt in New York; Mrs. Walker Sinclair, a visitor from the English N.C.W., who was also a trained air-pilot.

Entertainment was generous. Private cars conveyed the delegates on afternoon to Waimate, where we were also given a Mayoral Reception, and afternoon tea was generously provided by our old friend and Temperance stalwart, Mr. George Dash, J.P. We were taken to see "Kiteroa," one of the W.D.F.U. Rest Homes, and greatly admired this lovely place which is open to all women who need a restful holiday. The same even-ing we were given a Reception by the South Canterbury N.C.W.

I noticed a good sprinkling of White Bows at the Conference, and other White Ribboners who just did not happen to

be wearing their bows.

Election for Dominion Officers resulted as follows:-President, Mrs. C. Bates; Secretary, Mrs. E. J. Chesswas; Treasurer, Mrs. A. E. Gould. Mrs. Chesswas is well known to us as Presidem of the Aranioho (Wanganui) W.C.T.U.

As a finale to the Conference we were taken on a visit to the Timaru Potteries and the Macaroni Factory owned by the Timaru Milling Company. We came away tlutching packets of macaroni and vermicelli presented to us by the Company, and some of us with souvenirs from the Potteries.

At the invitation of Mrs. T. Holgate, President Timaru W.C.T.U., a number of us visited our Sailors' Rest, where Mrs. Woodward explained the work. A large boat was in port and the sailors were making good use of the facilities. I must say we all felt we would like to own Mrs. Woodward's white cockatoo, which did its best to entertain us in a cheerful and chatty fashion.
Our memories of Timaru are very

happy ones. Morning and afternoon teas and suppers were lavish, and women's organisations united in making our brief stay profitable and enjoyable.

-V. Grigg, M.A.

Port Chalmers, April 16: Cradle Roll Party at the home of Mrs. H. S. Watson, After usual business, Mrs. Bowman, Vice-President, welcomed some of the Cradle Roll children's welcomed some of the Cradle Roll children's mothers, and also our guest speaker, Mrs. Hiett, Otago District President, who gave a very interesting address on some evils of alcohol. Children were then entertained with outdoor games, followed by a party-tea with paper hats and each child received a bag of sweets and a piece of the birthday cake. Thanks expressed to Mrs. Watson.

SOUTHLAND DISTRICT

South Invercargill: April meeting. Easter

South Invercargill: April meeting, Easter Tuesday, which accounted for small attendance. Mrs. Beckham opened with Devotions, and the President, Mrs. Holmes, announced a combined meeting to be held at Gore. The speaker was the Rev. J. A. Thomson, and his subject was "Christianity in Action in the Home," for which he was heartily thanked.

A PARTING MESSAGE FROM MRS. MACKIE

Linwood Union held a Social Afternoon to bid their President, Mrs. Mackie, "God Speed," ere she leaves, with Mrs. Hugh Kasper, on the long flight to Asbury Park, New Jersey, U.S.A., for the World W.C.T.U. Convention. Mrs. Mackie writes:-

"Mrs. Black asked me to write about our Social Afternoon. It was a very great success both numerically and socially. All Unions were represented. Many 'Good Flying and Happy Landing' wishes were conveyed to me, and to say the least of it, we all felt there was something which one can't put into words -something very real and true in those

good wishes.

"We had a splendid programme. Musical and elocutionary items, and very humorous items given by one of our members, Miss Collins. A play, entitled "Spring Onions" proved most arrusing, being given by Mesdames Pashley and Cooper. Mesdames Brown and Faulkner rendered solos very beautifully. Mrs. Middleton gave two elocutionary items. Mrs. Greenwood gave a 'cello solo and again accompanied Mrs. Brown in her beautiful rendering of "A Perfect Day.

Mrs. Black pinned a lovely pink shoulder spray on my frock, composed of cyclamen, roses, and single chrysanthemums, conveying the sincere good wishes of the Union.

A very dainty afternoon tea was served and quite a number of our ladies spoke of my work as President of the Union

very kindly.

The order of the day for the past week has been farewells in the form of dinners, teas, evenings, and the one which impressed me most of all was when two little Band of Hope children came to wish me "God Speed; and please come back soon to Band of Hope. And, Mrs. Mackie, we are going to pray for you all the time you are away."

The "Y's" have also been along. have proved it is more than worth while

to work among the children.

I leave Christchurch on Saturday, the 24th, and Auckland on the 27th, arriving at 'Frisco two days later, and I promise to keep you supplied with information each month, and on arrival will cable you.

Mrs. Kasper will be pleased to send her contribution also.

I now wish to say "thank you" to all who have been so very kind. The Christchurch District Executive for their loyal farewell, and my own dear Union for their labour of love. God be with you all till we return.

Yours in His service,

ETHEL M. MACKIE. -4-4-5-

It is now generally agreed that alcohol is a narcotic and not a stimulant from the very beginning of its direct action on the central nervous system. The deceptive appearance of stimulation arises from the release of the lower nervous centres from control of the higher, by the narcotizing of the latter.-Henderson and Gillespie, quoted in "Alcohol-One Man's Meat."