We can only see a step ahead. Our next step is to improve conditions, that they may make for health, give every child its right to be well born, and help it to develop along its own lines. Train its physical, mental, moral and spiritual capacities to their very highest point. Build up that loftier race

"With flame of freedom in their souls, And light of knowledge in their eyes,"

Then we shall find that

"Nation with nation, land with land, Inarmed, shall live as comrades free:

In every heart and brain shall throb The pulse of one fraternity."

Our ideal is not a nation whose youth cringe beneath the heel of a military autocracy, but each free to do as he pleases, because he only pleases to do what is right.

VISIT OF MRS WHEELER.

Dear Sisters, Under arrangement with the Alliance, Mrs Wheeler, of the United States of America, is coming to New Zealand to help in the present campaign for National Prohibition, and should arrive at Auckland before the end of August. Mrs Wheeler is a distinguished member of the W.C.T.U., and comes highly conmended by the American National W.C.T.U. President, Miss Anna Gordon. The officers of the N.Z. Union would urge those Unions which are fortunate enough to have the opportunity of meeting with and hearing Mrs Wheeler, to extend to her a very hearty welcome, and to use every means in their power to ensure the success of her meetings and of her visit generally. It is especially urged that efforts should be made to secure the attendance of large numbers of women at her meetings .--Yours sincerely,

C. HENDERSON, Hon. Cor. Sec. N.Z. Union,

Build thee a little fence of trust
Around each day,
Fill the space with loving work,
And therein stay;
Look not through its sheltering bars
Upon to-morrow;
God will help thee bear what comes
Of joy or sorrow.

THINGS WORTH NOTING.

BEER A NECESSITY.

Mr Herries has pronounced beer a necessity, and that while our railways cannot carry passengers without a permit, cannot carry goods that are necessary for our farmers to work their land, cannot carry sufficient raw material to keep essential industries going, cannot take our children home for their term holidays, yet they must carry beer.

CHEMISTS AND THE SALE OF LIOUOR.

At the first Conference of the N.Z. Pharmaceutical Society, held in 1919, a resolution proposed by the Hawke's Bay Division was carried, that should Prohibition become established at any future time, prescriptions for medical practitioners calling for intoxicating liquors should not be supplied by chemists.

Mr Massey has returned to this Dominion, and has announced his intention of bringing in a Bill to enable women to sit in Parliament. We very much hope this Bill will become law next session, and that women may have the right at next election to elect members of their own sex to represent them.

Madame Kaji Yajima, President of the W.C.T.U. in Japan, is 85 years of age. The Union has fine headquarters in Tokyo, and publishes two official papers, one devoced to the work of the L.T.L.

In the proposed constitution of the League of Nations is incorporated a measure for the protection from alcoholic liquors of the native races of Africa and other parts of the world.

Mrs Margaret Denning, President of the India W.C.T.U., is doing a fine temperance and educational work. She has the support of prominent native and Government officials.

Mrs Louise McKinney, the honoured Vice-President of the Canadian White Ribboners, was the first woman Parliamentarian, not only of Canada, but of the Empire.

West Australia's nine State-owned pubs showed a profit of only £1342 last year, on an expenditure of £31,008.

The State Arbitration Court, sitting in Perth, W.A., to fix the wages of bar-tenders, and presided over by Mr Justice Rooth, was told by a barman of a Fremantle pub. that he worked every Sunday, serving "bona fide travellers. He reckoned he served about 2000 drinks on the day, and had an assistant, who would do about the same number.

Harry G. Hawker, the celebrated airman, is a lifelong teetotaller and non-smoker.

I never drink anything but water.—

Out of 100 abstainers attacked by pneumonia, 18.5 died. Out of 100 moderate drinkers, 25 died. Out of 100 immoderate drinkers, 52.8 died.—Sir Arthur Newsholme, M.D.

Booze is dead, but it doesn't know it. The trouble it is making and the money it is spending on lawyers in its last ditch fight will only add to its funeral expenses.—"Chicago Blade,"

"If the war did nothing else than give-us a dry country, it was worth a dozen times what it cost," said Major-General Wood, the new commander of the Central Department of the Army, in an address recently delivered in Chicago (1919).

It will be illegal to give or sell intoxicants to minors in Japan after April 1st next.

If this Government has the right to pass a law against opium to save the Chinese, it has the right to pass a law against booze to save Australian.

TO DAY.

With every rising of the sun Think of your life as just begun.

The Past has shrined and buried deep All yesterdays. There let them sleep.

Concern yourself with but To-day Grasp it, and, teach it to obey.

Your will and plan. Since time began To-day has been the friend of man.

You and To-day! A soul sublime And the great heritage of time,

With God Himself to bind the twain. Go forth brave heart! Attain! attain!

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