

SUPERINTENDENT'S LETTER.

MORAL AND SOCIAL HYGIENE.

Dear White Ribbon Sisters,—

The question of efficiency has been prominently before us during the last few months. In this new world that is being built before our eyes do you desire to be an efficient worker?

Are you a parent? Then here are the choicest productions of the most capable writers and workers to guide you in your task.

Are you a teacher? Experienced teachers place the cream of their life work before.

Are you a student and a thinker? Every phase of the question of moral hygiene is here presented. How to safeguard personal and public health is here made clear.

If you desire to study further from the social and economic standpoint, a list of such works will be submitted.

The books in the undermentioned list will be shown at Convention, and orders taken. In some cases there is only one copy available, at most three or four. Send orders now, or come to Convention prepared to commence or increase that library.—Yours for God, Home, and Humanity,

MARY MCCARTHY,

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BOOKS SUITABLE FOR LIBRARIES.

"Making the Best of Our Children," Parts I. and II. (Mary Wood Allen), each 5s. This is the work of a woman with scientific knowledge and training, to which has been added the practical experience of a mother. The books deal with problems arising from babyhood to adolescence. The problems are dealt with in the form of stories. These books should be read by every mother.

"Towards Racial Health" (Norah March, B.Sc., M.R., Lan. Inst.), 5s. Dr. Arthur Thomson, M.A., LL.D., says: "Those who wish to fit themselves to impart Sex Education and find the task difficult, have here the help of a woman with scientific knowledge and wide experience as a teacher." Scientists may gain something from this book. The moderately educated can understand it.

"The Marvels of Our Bodily Dwelling" (Dr. Mary Wood Allen), 6s

6d. A book that teaches us we are responsible not only for our own vigour and health, but for that of coming generations. In the guise of an allegory, the subjects of anatomy, physiology, and hygiene are brought within the compass of all who are willing to give the time to study these subjects. The skill and charm with which the questions are dealt with should win over people who think it not decent to know too much about "one's inside."

The Carlick Hygiene Series.

Book 1 "Good Health" (Frances Gulick Jewett), 2s 6d.

Book 2: "Emergencies," 2s 6d.

Book 3: "Town and City," 3s.

Book 4: "The Body at Work," 3s.

"Control of Body and Mind," 3s.

"The Body and Its Defences," 3s 6d.

"The Next Generation," 3s 6d.

A series of readers meant to aid in the establishment of good hygienic habits. The subjects dealt with are too numerous to give in detail, but range from elementary subjects, e.g., fresh air, the care of the teeth, up to the laws of inheritance, and the knowledge put to practical use in the rearing of plants and animals. All W.C.T.U. publications.

"Maternity Without Suffering," 3s.

"We Young Men," 4s 3d.

"The Social Duty of Our Daughters," 2s 3d.

"Before Marriage," 2s 3d.

"The Bloom of Girlhood," 1s 6d.

"The Daughter's Danger," 1s 6d.

"Parental Honesty," paper, 4d.

"Letters of a Physician to His Daughter," 2s 9d.

See also lists in "White Ribbon," February and June, 1918. A full stock of pamphlets described in June number now to hand.

GOOD CITIZENSHIP DEPT.

I take this early opportunity of reminding Union members of the Municipal Elections, which will take place towards the end of April, in order that there may be time for the enrolling of names before the closing of the Municipal Roll. I trust that this work has already been begun amongst those who have come of age during the past year, or who may hitherto have neglected to have their names placed upon this roll.

As there still seems to be a little confusion in the minds of some upon this point, I may perhaps be forgiven for mentioning once more that the fact of a name being upon the Parliamentary Roll does not give the right to vote at a Municipal Election. Although the franchise is the same, giving the vote to every individual over 21 who has resided in New Zealand for one year, and in the district (in the case of the Municipal Roll) for the last three months. The two Rolls are not identical, and it is necessary to see that every elector's name appears on both.

I may also once more call attention to the School Committee Elections, which will also be in April as usual. Not much work in this direction was reported for 1918, though the reports sent in may not have covered the whole activity; and I would urge Unions this year to endeavour to make the representation of women on local bodies as wide as possible. This is specially necessary at the present time when the old ideals are being replaced by higher ones, and reforms initiated in all departments of civic life. At such a time it is more than ever necessary that women should use to the full extent the privilege they possess, and should take as large a part as possible in the discussion of the questions which will arise and the problems which must be solved in the rebuilding of Society that will follow the period of disintegration just passed through.

Women are eligible not only for School Committees and Hospital Boards, but for Boards of Education, City Councils and other local bodies, and it is to be hoped that all will realise more fully their responsibilities, and that those who have the necessary time and capabilities will come forward and endeavour to give their best in the service of the community and for the lifting up of the race.

MARION JUDSON,
N.Z. Superintendent

Mr Secretary Daniels wrote thus to the Chicago City Council: "We have 20,000 sailors at the Great Lakes Training Station, who are given so much leave to spend in Chicago. I venture to express the hope that the city authorities will throw every safeguard around these young men by closing such institutions as injure their moral and physical welfare."