

MAORI DEPARTMENT.

Since I arrived home from Convention, I have received nice letters from Mrs Hamana and Mrs Manakau, our first Maori delegates to Convention. They express themselves as having been very pleased with the kindness of our Auckland sisters, and also of all the members assembled there, and much interested in all the work, of which they now feel that they have a better understanding. They wish to tell us that they heartily support the resolutions passed at Convention against drink and other evils, and that we may now depend upon their Unions for support in this work. They have already talked over this amongst themselves. Mrs Nathan reports that Mrs Lee-Cowie most kindly held a meeting amongst the Maoris before she left Auckland, and that she herself and Miss Weymouth hope to carry on the good work begun there.

N. F. WALKER,

Supt. Maori Dept.

Pahi Kaipara, Aperira 2nd, 1917.

Kite tumuaki o nga ropu katea on o he nei iroto ite temini ona o Niutireni huitahi ki oumena honore enoho maihei iroto ioou where ariki iroro ingamana aki tanga ato tatou ariki mana nei tatou imana aki kinga mana a ki tanga ate Wairua. Ko matou kote roopu kaumatua otenei takina kawhaka mihi atu kiteroopu imana aki tia ai o matoa wahine iuru. Nu kite hui kuinganui o nga roopu ote motu kua kua hoki ora mainui kia matou irunga ite rangi marie ite atauhahi ite aroha nutepone kua ronga matou. Ngatake ote huinga nui ote roopu ara kote takahi ite waipiro menga mahi he katoa keite tautako katoa matou genei take komatou Ronga kaumatou menga taitamariki kua tua katoa hei karakia iroto ite haaka Weteriana tautoko ingamahi ate ropu. Kia ora, Nate roopu kaumatua.

WIHIRIWHI HEMANA.

CORRECTION IN SUPERINTENDENT'S LIST.

Y's and Medal Contests: The Superintendent of this department is Mrs Griffin, 40, Buller Street, New Plymouth, and not Mrs Evans, as printed in Convention number.

MONGA MATI RIRIKI.

Kei nga wahine hoki, te kaha kite arai atu inga mate e pa mai ana kite tangata. E hoa ma kia mahara kito tatou ture ahu-whenua. Ara kia ma te marae, kia ma nga mea katoa ote kainga.

Ko tetahi putake ote Taipo Piwa, he paru. Tena pea kote wai keite paru; na reira kaua e tuku kia inu nga karerehe ite wai e meatia ana motu whare. Kaua hoki nga ngeru me nga kuri e tukua kia mitimiti inga rihi kai ate tangata. Kei enei mokai te putake o etahi mate kino e pa ana kia tatou. Ko nga wai paru ote whare, me tanu, me riringi ranei ki tetahi wahi tawhiti atu ite toiapa ote whare. Konga turanga miraka me horoi kite wai koropupu ite ata ite po. Ka kore e ma nga turanga, ka tere te kino ote miraka. Mehemea he mate-rere kei te kainga maori me kohua te miraka imua ite kainga. Kote take ko nga ngarara ote mate e rere ana i roto ite hau, a ka takote ki runga ite miraka. Matuakohua raano ote miraka ka mate ai nga ngarara.

Mare Mare—Ko tetahi mea pai mote tangata e paangia ana ete maremare (rewharewha) me hoatu he kotahi pune nui matete kite peihane wai, kaha te wera ka mea ai inga waewae ki roto ka hipoki ai kite parakete, kia kore ai te hau-matao etae kinga waewae. Kia tekau meneti i roto ite wai, ka tango ai nga waewae, ka kuhu ki roto ite moenga. Kaua e tuku kia makariri tia nga waewae a muri i tenei mahi. Kite pa he mare kite uma ote pepe, ote tangata hoki, me pani kite hinu Oriwa, me tetahi tapena taina kia nohinohi. Me whakamahana ite tuatahi ka pani ai kite uma. Ka mutu, me whakakakahu te uma kite paranene.

He pai hoki te kai ariana, ina paangia te tangata ite maremare. Kite paangia nga pepe nonohi ete mare-ngengere, a ko taua mare, he kino atu ite mare-whakao, me mea kia toru maturuturu hinu Oriwa ki runga ite tipune huka, ka hoatu ai tetahi wahi kita pepe.

He Motu—Kite motu te waewae te ringa ranei ote tamaiti, ko tetahi mea pai, he tipune houa me mea ki roto ite wai mahara, ka horoi ai te wahi i motu ai.

He Wera—Kite wera te ringa, te tinana ranei, me riringi kite katoroera (Castor Oil) ka here ai te wahi mate

kite kareko tawhito. Ha pai hoki te runa, mo runga ite hinu. Kaua e hoatu he kareko hou kite motu, kite wera ranei. Kote take he mea kino kei roto inga kakahu hou a ka huri kite paihana ite wahi mate. He pai hoki te wahi ma ote heeki me mea ki runga ite wera.

Hakihaki—Kia ma tonu te hiako. Kite pa mai tenei mate ki o tamariki me mutu to ratou kai miiti me nga kai katoa e tote ana. Me whangai ki nga kai penei mete puha, kapiti waatakerahi (watercress) inga huarakau, inga purini miraka-ara raihi, heeke, i ena kai katoa. Mate kore kai miiti ka ora ai tena mate. Kite tae kite marama o Hepetema me meatia he tirikara, he Sulphur, me korori kia pai, a ka hoatu ai he tipune o tenei kai ki nga tamariki, inga ata. Ko tenei rongoa, he mea kia ora ai nga toto.

He tikanga e mate ai nga ngarara oroto ite whare imuri mai inga mate kikino penei ite: Taipo Piwa Kohitu, Mitara, me etahi atu aua mate. Ko etahi mea pai hei patu inga ngarara o roto ite whare i peangia engu mate e mau i runga ake nei, me hoatu he wearo wera ki runga ite tini its hapara ranei ka mea ai he huka, he kawhi (Coffee) ranei ki runga. Ka waiho atu ai kia ngi ha ki roto ite ruma i reira nei te mate. He pai hoki te Sulphur.

He pai atu me heroia nga mea katoa o taua ruma kite "Jeyes Fluid" kia tino matau ai e, kua mate nga ngarara. Ko nga kakahu ara hiiti, pera keihi me kohua, kia tino roa e kohua tia ana.

ORGANISING FUND.

Treasurer's Report.

The following amounts have been received for the Organising Fund since last report of March 5th:—

Branch Donations—Belfast, 16s; Feilding, £2 14s; Henderson, £1; Lyttelton, £1; North East Valley, £3 11s; Waipawa (additional), 3s; Warkworth, £1; Winchmore-Greenstreet, 5s.

Private Donations—Miss McCarthy, 8s; W.C.T.U. Member, 10s; Per Miss Powell, Mr Squires, £10; Anon, 7s 6d. Total Receipts, £21 14s 6d.

Expenditure for March, £12 7s.

April, £9 14s 8d.

NELLIE BENDELY.

N.Z. Treasurer, Organising Fund.
Auckland.

7th May, 1917.