

the weight our protest will carry with politicians. A few women meet and urge the necessity for the appointment of women police, their resolutions are reported in the daily papers; others see it, and so the ball of reform is started rolling along.

Educate.—Our aim is to educate our women to be good citizens. We can all help in this work. By voice and by pen we can tell others of the mighty advance of temperance reform in other lands. We can distribute literature. Neal Dow, the Father of Prohibition for the world, said: "We did not carry prohibition in Maine until we had sowed the State knee-deep in literature." Direct your friends' attention to articles bearing upon temperance and social reform. These are becoming increasingly plentiful even in our daily papers. One of the silver linings to the dark war cloud now enveloping Europe is the clear and unmistakable lesson it is teaching that Righteousness exalteth a nation, but sin is a reproach and a source of weakness to any nation. With practical unanimity, King and Statesman, Admiral and General, Archbishop and Professor, Shipbuilder and Munition Inspector, Transport Director and Food Organiser, Doctor and Scientist, declare that alcohol is weakening our troops and delaying victory. Yet we still allow the liquor trade to reap its harvest from the pockets of soldier and civilian alike. The dollars of the brewer are guarded more carefully than the life and honour of our boys.

A troopship arrived in Port Chalmers one evening bringing sick and wounded soldiers. Before 6 a.m. residents near at hand were aroused by boys in khaki demanding when the hotels would be open. After 6 a.m. the hotels were busy. At 9.30 a.m. a noise in the railway yard beneath drew us to the office window. There was the train drawn up to carry the returned invalids upon the first stage of the home journey. Beside it were several men quite intoxicated, and violently resisting railway officials and their own comrades, who were attempting to get them on the train. How one's heart ached to see these boys, who had fought and suffered like heroes on the battlefield, dragged, struck, and literally pitched aboard the train as though they were animals. How indignant we felt with

the Government which could take our boys for soldiers, and then, when they return wounded and weakened by illness, relax all military discipline, and allow them at that early morning hour to enrich the publican's coffer and to impoverish their own health and reputation. And what censure is too severe for the men in charge of these invalids who allowed them to go home to waiting mothers and sisters in a state of intoxication. Could the mothers of our land have seen this sickening spectacle they would have realised how much more value our Government puts upon the dollars than upon the boys.

In view of scenes like these, how earnest should be our endeavour to secure prohibition during the period of demobilisation. White Ribboners in Convention assembled, will you not undertake to organise the womanhood of our Dominion till scenes like these will be impossible in our loved country?

Sugar is scarce. Why allow the brewers to waste it?

Bread is dear. Why allow grain to be destroyed to make beer?

Shipping space is at a premium. Why use it to bring in harmful luxuries.

PROPORTIONAL REPRESENTATION.

The Hon. George Fowlds has kindly promised to give an address and practical demonstration on "Proportional Representation" during the March Convention in Auckland. The time and place will be arranged later. This should prove of great interest and value, as the honourable gentleman is well known to be an expert on this subject. Members will look forward to it with much pleasure.

To every man there openeth
 A Way, and Ways, and a Way,
 And the High Soul climbs the High
 Way,
 And the Low Soul gropes the Low;
 And in between, on the misty flats,
 The rest drift to and fro,
 But to every man there openeth
 A High Way, and a Low,
 And every man decideth
 The Way his soul shall go.

GRAPE JUICE AS A PREVENTIVE OF TYPHOID.

The constant research and discoveries of bacteriologists are not only arming us against disease germs, but are gradually divesting all forms of bacteria of many of their terrors.

A few weeks ago Dr. Ferguson, a London bacteriologist, announced the results of extended experiments with lemon juice as a destroyer of typhoid bacilli. As a result of numerous tests, Dr. Ferguson declared his belief that a few drops of lemon juice in a glass of water would suffice to destroy or render harmless the typhoid germs already taken into the human system. The announcement was promptly followed by experiments in this country, notably in the laboratory of the Department of Public Health in this city, and the deductions of Dr. Ferguson were amply sustained.

It appears, however, that lemon juice is not the only substance that will check the germination of typhoid microbes and deprive them of all vitality. Experiments in the New York bacteriological laboratory, as well as in the laboratory of our own department of public health, have demonstrated that unfermented grape juice is even more efficacious than lemon juice in destroying the vitality and checking the growth of typhoid germs, while its use is not attended with any of the dangers that are incident to the continued drinking of lemon juice.

That lemon juice is harmful to some stomachs when taken continuously, is well known to physicians. Not every stomach can receive the acid of the lemon, even though greatly diluted, without injury or discomfort. Pure grape juice, however, is not only harmless, but highly nutritious. Its use at meal time is invariably attended with beneficial results, it being very rich in nutrient, blood-making elements. It is worthy of note, however, that the bacteriologists lay great stress upon the purity and clearness of the juice, claiming that adulterations or dilutions tend to render it ineffective in destroying typhus germs.

If future experiments tend to more fully confirm the correctness of this theory in regard to the juice of the grape, it offers a most agreeable and nourishing preventive of the most dreaded of all germ diseases,—“The Chicago Tribune.”