way. Miss Weymouth gave a short address, and one new member was initiated.

OTAMATEA.

Mache 5. I tuano he mitini ma tenei roopu karaitiana wahine Otama-tea ite 18 o nga ra o Pepuere. I roto ite whare karakia ite mutunga ote karakia ahiahi. Ka whakapuaretiate whare mote mitini ete Rev. F. Paikea a mano i karakia a ka puare te whare monga take. (1) Koohi marama moni awhina Karena 18, H. Paikea 18, W. Paikea 18, Kerei Mu 6d. Kaati hore kau he take munui irono i tenei mitini heoi kote koohi marama a kote tumanako tonu hoki ote ngakau kinga mahi etikai o marae ara mate matua ano ite rangi e whaka a o tatou ngakau kite mahi inga mea tika kua homai nei eia he mahi ma tatou manga roopu wahine onga taki eoa katoa. Kaati whakamutua tenei huihuinga kite karakia e te Rev. F.

I tuano he huihuinga ma tenei roopu wahine Otamatea ite 1st onga ra o Iroto ite where o Mareana Peraniko ite rua karakia ite ahiaahi Nate Perehitini te karakia ka himenetia 23 onga himene whakamutua kite inoi ete Perehitini ka puare te whare monga take Perehetini kaati kia ora katoa tatou kua hui mai nei ano tatou tenei ano o wa tatou mitini heoi ano hoki te take nui ko tatou kochi marama anake kio ahau hore waku mate matua ano tatou emanaki, heoi i runga ite kere take kihai iroa whakamutua te mitini ete Perehitini a i mutu kite inoi.

SOME EXPLODED THEORIES ABOUT ALCOHOL.

"No longer can alcohol be regarded as a food. Its supposed valuable effect in keeping out the cold has been exploded, its traditional use as a stimulant to mental and bodily effort has been shown to be a complete fallacy and a self-delusion. Statistical study has revealed it as the chief fomenter and the constant accompaniment of all the worst social evils. Its value to the healthy person is nil; on the contrary, it has peculiarly severe effects on certain tissues, particularly those of the brain, liver, and stomach. Alcohol should never be given in firstaid treatment. There is no single value attributable to alcohol that is not obtainable in a more appropriate and efficient way. The highest physical fitness is possible only in the absence of alcohol."-"Victorian Education Gazette," August 22, 1914.

Correspondence.

(The Editor is not responsible for opinions expressed by correspondents.)

SUGGESTIONS FOR CONVENTION.

Dear Sisters,—Our Union has greatly assisted patriotic efforts, so cannot pay for a delegate, and I have not the £.s.d. to pay for myself. In my absence, may I send various suggestions through your columns?

I have a seat in Convention as a National Superintendent, and much regret I cannot attend. But nevertheless, I question the advisability of passing the "notice of motion" (see Ribbon," January) to pay White fares of Superintendents. And for these reasons: It would be necessary, because of limited treasury funds, to have a much smaller number appointed. This grouping of several departments would mean a much heavier responsibility for those women who were chosen. Also, there would be a disadvantage in shutting out some who are now being gradually trained for service on a larger scale. In a commercial undertaking, where money expenditure and money returns are the main concern, it would be "good business" to lessen the number of workers! But in our case the training of new workers and increasing the general interest is our true economy. Shall we not then say, "As you were"?

Resolution Committee. At present it seems that this Committee has too much power, in that it can (sans ceremonie) throw out any resolution, which is never afterwards heard of. There is little doubt but that the Committee has generally good reason to disapprove, but it would be more gracious and more business-like to mention to Convention that some local Union or individual had sent a resolution, but after reading it out and giving some explained reason, they did not bring it forward for discussion. This would take only a few moments, and would satisfy the senders, and be a lesson to others not to make the same mistake in future.

W.C.T.U. Notepaper and Envelopes. Since the former well-known "pads" are not available, could not Convention order notepaper and envelopes with a plain but handsome printed heading for sale to local Unions at cost price? This would be economical, and help local secretaries, who feel that their corresopndence, especially with public bodies, would be more respectfully received if this heading twere used, and be more worthy of our W.C.T.U. as well.

Convention Number of "White Rib-

Convention Number of "White Ribbon." If all the special resolutions of Convention were printed in a different type (and each one numbered), then they could be more easily looked up afterwards. Also, the National President or the Superintendent of a department could more easily indicate them when instructing the local Unions during the year. At present, some of the important resolutions become practically "dead letters"; whereas, if our local Unions were instructed from headquarters to consider carefully certain ones, to pass them (after discussion), and then "snowball" our legislators simultaneously from all directions of New Zealand, our deliberations and resolutions of Convention would be more influential in the House. Our local members generally would then be better educated as to our important reforms, and of the attitude of Convention towards them.

Our Various Departments. When considering these, will not Convention, in grouping them and in revising their scope, endeavour to follow the lines. as far as possible, of the World's W.C.T.U., of which we in New Zealand form a part?

Returned Soldiers. In conservative old England, homes are opened freely and heartily to convalescent soldiers. Yet there are some lonely, sick, crippled boys returning here (and there will be more), who may not have the "home" welcome that most will receive! And so they are tempted to find fellowship among a set that will do them no good.

Will not our women everywhere be on the look-out fer such, and do what they can to show a motherly concern for them.

Trusting you will all have "a good time" at Convention.—I am, yours cordially,

SISTER MOODY BELL.
Invercargill.

Always remember that Bible promises are like sunbeams—they shine as freely through the windows of the poor man's cot as the rich man's

palace.

Ashburton, 1st Tuesday, 2.45 p.m., in Paring Square Schoolroom: Pres., Mrs W. K. Watson, Box 87: Sec. Miss Trevurza, 169 Peter Street: Asst. Sec., Miss A. C. Watson, 84, Cameron St.; Treas., Mrs W. T. Lill. Willowby; Asst. Treas., Mrs J. H. Dent, Wills St.; "W.R." Supt., Miss Butterick, Wakanui.

Auckland District, 2nd & 4th Wednesday, 2.30 n.m. Central Mission Hall, Albert St.; Pres., Mrs Cook, Point St., Mt. Eden; Cor. Sec., Miss N. Dewar, Pompalier Terr., Ponsonby; Rec. Sec., Mrs J. W. Taylor. Sentinel Rd., Ponsony; Treas., Mrs McLean, Princepts St. Grey Lynn; Org. Treas, Miss Dewar, 4 Pompalier Ter., Ponsonby; "W.R." Agent Mrs Ogilvie, Victoria St., Richmond.

Blenheim District, 1st Tuesday, 3 p.m.; Pres. Mrs A. Jackson; Sec., Mrs D. P. Sinclair. Box 27; Treas., Mrs Hay, Stephenson St.; Mothers' Meeting and Cradle Roll, Mesdames Brewer and Hancock; W.R." Agent, Mrs W. Parker, Grove Rd.

Cambridge, first Tuesdav in month, in Victoria Hall, at S p.m.; Pres. Mrs E. James; Sec., Mrs A. Wallace, Weld Street; Treas. Mrs C. H. Rycroft: Cradle Roll, Mrs Resves; W.R. Agent, Mrs A. T. Watson.