

SUPERINTENDENT'S LETTERS.

MEDICAL TEMPERANCE.

Dear Fellow-Workers,—

While I am quite convinced that all our members recognise the need of education on the subject of the effects of alcohol upon the human body, and that the leaflets prepared by Mrs Allen, our World's Superintendent, contains all the latest scientific information on the subject, yet I regret to state that members are largely neglecting this means of educating their fellow-creatures.

In 1914, 25 Unions purchased leaflets; in 1915 only 15 Unions purchased them.

This year the Department has been almost entirely neglected, yet the need for education on the subject seems greater than ever before.

This phase of temperance work has only been touched upon in the past. Let us resolve that it shall be taken up by every Union in New Zealand.

Let each Union vote a sum of money for the purchase of leaflets, and let each member spare a few pence and have leaflets at hand to enclose in every letter she sends to the post.

Some few Unions use the leaflets in their Cradle Roll work, but every Union should do so, if we are to educate the fathers and mothers on the harmful effects of alcohol, whether taken by old or young, in sickness or in health.

It is said that the Civil War in America put back Prohibition 50 years and more, because the people stopped working on that line. Friends, let us so work that this may never be said of New Zealand.

I can supply the following at per dozen:—

Safe Remedies in Illness, 8d
Alcohol Shortens Life: Life Insurance Companies Say So, 2d
An Easy Road to Drunkenness, 2d
Why Patent Medicines Should Not Be Advertised or Sold, 2d
Alcohol Baths, 2d
The Medical Profession Officially Divorced from the Liquor Traffic, 2d
Physicians Not Using Alcohol, 2d
A Bottle and Two Glasses, 2d
Deaths, Poisoning, and Drug Habits Result from Taking Patent Medicines, 2d
Nerve Specialists and Insanity Experts Denounce Alcohol, 2d
British Doctors Against Alcohol, 2d

Medical Opinions of Alcohol as a Remedy in Disease, 4d

A Patent Medicine Quiz, 4d

How Can the Medical Temperance Department of the W.C.T.U. Help to Bring National Constitutional Prohibition? 4d

Why Headache Remedies are Dangerous, 4d

Beer Drinking Injures Health, 4d

Do Weak Hearts Need Alcohol? 4d

Alcohol Drinking Hinders Business Success, 4d

Should Pledged Abstainers Use Alcohol as Medicine? 4d

The Appeal of the Insane to the Nursing Profession, 4d

A New York Physician's Arraignment of Alcohol, 4d

How Drunkards are Made in the Home, 4d

Medicated Wines, 4d

Do Alcoholic Liquors Aid Digestion? 4d

Medical Temperance Quiz, 4d

Medical Men and the Alcohol Question, 4d

How to Avoid Constipation, 4d

West Virginia State Medical Society Against Alcohol and For Prohibition, 4d

Special Medical Directions for Women, 4d

What Can Nurses Do for Temperance? 4d

Trained Nurses and Alcohol, 4d

Recent Medical Opinions and Findings upon Alcohol, 4d

Alcohol the Young Man's Greatest Enemy: Why? 4d

Alcoholic Degeneracy, 4d

Alcohol Injures Children, 4d

Alcohol and Nursing Mothers, 4d

Save the Babies, 4d

A sample packet, containing one each of the above leaflets, 1s, post free.

Trusting that every Union will report some work done before December 31st.—Yours in White Ribbon Bonds,

CLARA M. NEAL, Dom. Supt.
Pahiataua.

GOOD CITIZENSHIP.

Will the local Superintendents or Branch Secretaries kindly remember to send in their reports of work done during the year in connection with this department before the 31st of December, in order that Convention report may be prepared? It is hoped that every Branch which has anything to report will make a point of doing so, however little it may be, as it is

only in this way that a true idea of the work and influence of the N.Z. Union as a whole can be obtained.

MARION JUDSON, N.Z. Supt.

HYGIENE AND THRIFT.

Dear Sisters,—Will you kindly draw the attention of your Union to this department, in which is included Hygiene and Thrift, and before the end of the year send me a report of any work done in this direction, also any resolutions on this matter passed by your Union?

I have a number of leaflets dealing with Home Science, Hygiene, etc., from one penny upwards, which make very interesting reading for meetings or quiet study.—Very sincerely yours,

MAY McDONALD,

N.Z. Supt. Domestic Science.

Huia Road, Hataitai.

REST AND REFRESHMENT BOOTHS.

Dear Sisters—Will you please send me a report of work done in this department by your Union during the year?

(Mrs) L. UPTON, Dom. Supt.
165, Victoria Avenue, Wanganui.

MORAL EDUCATION.

Dear Sisters,—In regard to letter sent from the department of Moral Education, replies have been received from Palmerston North, Kaiapoi, Wanganui E., and Gore. A communication was also received from Christchurch, with copies of the leaflet, "A Social Scourge." The pamphlet, "The Dangers of Venereal Disease," may be had free from the Hon. G. W. Russell, Minister of Health. The Department of Health is issuing a further pamphlet. Unions will be notified when it is published.—I am, yours etc.,

MARY MCCARTHY,
Supt. Moral Education.

ANTI-GAMBLING AND PARLIAMENTARY LEGISLATION.

Will Superintendents of Anti-gambling and Parliamentary Legislation Department send their annual reports to Miss Henderson, 26, Tui Street, Fendalton, by the end of December.

Home is the resort of love, of peace, and plenty, where supporting and supported, polished friends and dear relations mingle into bliss.—Thomson.