

failures, and if the young man wants to be fit he must obey the injunction, "Keep thyself pure."

There is yet another aspect of this case. When every other nation permitted the sale of liquor we all stood upon an equal footing. But now Russia has forbidden it, the United States is more than half dry, and the other half rapidly becoming so.

If alcohol lessens efficiency, the nation to abjure its use must become the most efficient. When other nations become sober, when their artisans, their leaders, their statesmen all work with increased efficiency, assuredly we shall be left behind. If the British Empire wants to hold the front rank, she too must banish this evil, this race-destroyer. It will tell much even now, as Russia is proving, but what of the next generation. When children are born of sober parents, when they inherit no alcoholic taint, how much must they excel in the industrial world the nerve-racked, inefficient consumer of strong drink.

These are things that all true patriots should deeply study. National sin brings national deterioration. We talk of the evils of trusts and ask for legislation against them. The deadliest monopoly, the most gigantic trust, is the Liquor trade. May our Empire arise in its strength, and cast off this "old man of the seas."

CONVENTION.

When this issue reaches our readers Convention will be in session. All indications point to a record Convention. Two afternoons are devoted to plans of work. We pray that this Convention may inspire every member with a determination to work harder than ever before.

The Convention number of "White Ribbon" will contain a full report of all sessions and public meetings, also President's address and reports of officers and superintendents.

Any Union will find it the best literature they can give away, and an expenditure on Convention numbers will be a good investment. The papers only cost 3s per dozen, and we hope Unions, in addition to copies which they take to sell, will invest in as many as they can afford and freely distribute them. We know of no literature which gives a better idea of the numerous activities of the W.C.T.U.

EUROPE DISCOVERS ALCOHOL A WASTE.

(From an Exchange.)

The war is shedding a flood of light on the advance of temperance sentiment in the world through the modern knowledge of the true nature of alcohol. The British troops were sent out with Kitchener's warning against intoxicants ringing in their ears, in preference to a flask in their knapsacks.

When the Canadian Government had to meet the contingency of war it is not found classing alcohol either as a food or as a necessity, but as a luxury that stands to be heavily taxed.

Thanks in a major degree to the persistent agitation of the W.C.T.U., the law against a wet canteen is being rigidly enforced at the Valcartier Camp.

Kaiser William, the Wholesale Butcher, when addressing his naval cadets said:

"I know very well that the pleasure of drink is an old heritage of the Germans, but we must by self-discipline deliver ourselves from that evil. The Navy which drinks the least alcohol will be the winner; and that, gentlemen, should be you."

He was viewing the results of alcohol-drinking from but the lowest motive for abstinence, that of perfect physical efficiency.

But it remained for little Norway to give rum the greatest coup de pied that has yet been given to it in Europe; a stroke that will leave Norway dry when the present stocks are depleted.

That alcohol has no food value need never again be demonstrated. The problem of the hour and the immediate future is the conservation of food stuffs. Norway, taking time by the forelock, is forcing the distilleries and breweries to hand over their stocks of grains and potatoes, at cost price, to be saved for food, food, food.

Norway's action is sure to prove contagious in Europe in the face of food supplies running low.

If Canada is wise in her day and generation she will forbid the present stocks of grain being diverted from wholesome food into poisonous, paralyzing slops from which a pig will turn.

If God brings out of the present butchery in Europe the annihilation of

a traffic that has more victims than war, pestilence and famine combined, the world yet may be the gainer from what seems an irreparable loss.

DR. DAVIS STOPS PRISON MUTINY.

Woman Commissioner Wins Response by Striking Human Note in Penitentiary.

A short time ago there was an uprising among the 1400 prisoners in the penitentiary in New York. The new "dope law" had gone into effect, and 500 men, deprived of their customary drug, were crazed. All eyes of the public were centred on Commissioner Katherine Davis. What would she do? Would she prove out? She did a very simple thing. She moved into the penitentiary. She met the prisoners personally, and listened to their individual grievances; she corrected a few injustices; she listened to 1400 men give their ideas about how a prison should be run. In all the history of prisons no one ever heard of such a thing before. One man had so many ideas about kindness that she asked him to submit it in writing. The Commissioner gave the ideas to the newspapers, so that everyone might learn from the philosophy of a prisoner in the penitentiary.

Sunday came, and she preached three times; one sermon to the Jews, one to the Catholics, one to the Protestants. There was no one to play the organ, so she played it herself; there was no one to lead the singing, so she led it herself. The following day 1200 men went back to work; quiet and order were restored.—"The Woman's Journal."

ICONOCLASTS.

(By Henry Bailey Stevens.)

"I hear the crash of ruined glass
In London. Fools! You earn your gyves!"

"Ah! Do you then make gods of windows?
We hear the crash of ruined lives."

"I see an acid eat the mails,
Wild women seeking useless goals."
"And do you then think but of letters?
We see the scraps of eaten souls."