

stroyed daily, and also of the unused cooked food which in great hotels and restaurants, and in wealthy private houses, has hitherto been thrown away. In every part of London depots have been set up, and women and girls are cooking and distributing this food. Women of professional class thrown out of work are employed in cultivating waste places and hitherto unused spaces of land. Our sisters in the Motherland are doing splendid service for the needy and suffering, and they ask us to help by sending financial support.

Miss Harriet Newcomb, Hon. Sec. B.D.W.S.U., appeals to the women of our Dominion to send all the help they can. Our vast Empire is one, and when the very heart of our Empire is struck down with suffering to the remotest part, we feel it. Our Dominion is safe, and sheltered behind the living ramparts of the allied armies and the steel walls of the British Navy. Let these defences be overcome, and the fate of Belgium awaits even this far off Dominion. Our sisters are bearing the burden. Let us send all the help we can. The smallest contribution is heartily welcomed, and may be sent to Miss Harriet C. Newcomb, care International Women's Franchise Club, 9, Grafton Street, Piccadilly, London, W.

### SCIENTISTS BRAND ALCOHOL AS POISON.

Text of Resolutions adopted by the National Convention of Alienists and Neurologists, in session at the Hotel La Salle, Chicago:—

Whereas, in the opinion of the meeting of alienists and neurologists of the United States, in convention assembled, it has been definitely established that alcohol, when taken into the system, acts as a definite poison to the brain and other tissues, and that the effects of this poison are directly or indirectly responsible for a large proportion of the insane, epileptic, feeble-minded, and other forms of mental, moral, and physlocal degeneracy; and

Whereas the laws of many States make alcohol freely available for drinking purposes, and therefore cater to the physical, mental and moral degradation of the people, and many hospitals for the insane and

other public institutions are now compelled to admit and care for a multitude of inebriates, and many States have already established separate colonies for the treatment and re-education of such inebriates, with great benefit to the individuals and to the Commonwealth; therefore, be it

Resolved, That we unqualifiedly condemn the use of alcoholic beverages, and recommend that the various State Legislatures take steps to eliminate such use, and that we recommend the general establishment by all States and Territories of special colonies or hospitals for the care of inebriates; and

Resolved, That organised science should initiate and carry on a systematic, persistent propaganda for the education of the public regarding the deleterious effects of alcohol; and be it further

Resolved, That the medical profession take the lead in securing adequate legislation to the ends herein specified.—"Union Signal."

Do a thing—don't talk about it! This is the secret of success in any enterprise. Talk means discussion; discussion means irritation; irritation means opposition; and opposition means hindrance, whether you are right or wrong.

**ASHBURTON**, 2nd Tuesday, 3 p.m., in Baring Street Schoolroom; Pres., Mrs W. K. Watson, Box 37; Rec. Sec., Mrs J. H. Dent, 112 Wills St. W.; Cor. Sec., Mrs E. Buchanan, Wills St. W.; Treas., Mrs W. T. Lill, Willowby; "W.R." Supt., Miss Butterick, Wakanui.

**AUCKLAND** District, 2nd & 4th Wednesday, 3 p.m., Central Mission Hall, Albert St.; Executive meets 2.30; Pres., Mrs Pudney, Wallace St., Ponsonby; Cor. Sec., Miss N. Dewar, Pompallier Terr., Ponsonby; Rec. Sec., Miss Evans, G.F.S., Wellesley Street; Treas., Miss Dewar, 4 Pompallier Terr., Ponsonby; WHITE RIBBON Agent, Mrs Gouk, Wallace St., Ponsonby.

**BLenheim** District, 1st Tuesday, 3 p.m.; Pres., Mrs Grace, the Vicarage; Sec., Mrs Gordon Litchfield, "Glenalvon"; Treas., Mrs. Hay; Mothers' Meetings and Cradle Roll, Mesdames Brewer and Handcock; WHITE RIBBON Supt., Mrs W. Parker.

**CAMBRIDGE**, first Tuesday in month, in Victoria Hall, at 3 p.m.; Pres., Mrs W. D. Shepherd; Sec., Mrs A. T. Watson; Treas., Mrs Minchin.

**CHRISTCHURCH DISTRICT**, rooms corner Manchester and Worcester Streets. Second and fourth Wednesday; Pres., Mrs I. McCombs, Fendalton; Cor. Sec., Mrs R. Day, Milford St. St. Albans; Rec. Sec., Mrs B. Whyte, Warrington St., St. Albans; Treas., Mrs Seed, 44 Brittan Street, Linwood; WHITE RIBBON Supt., Mrs Williams, 21 Philip Street, Linwood.

**DANNEVIRKE**, 2nd Wednesday, Wesleyan Schoolroom, 3 p.m.; Pres., Mrs W. F. Knight, Tahoraiti; Sec., Mrs Stokoe, Allardice St.; Treas., Miss Burdett, the Manse.

**DEVONPORT**, Fourth Thursday, Wesleyan Schoolroom, 3 p.m.; Pres., Mrs G. H. Mann, Parsonage, Church St., Devonport, Auckland; Vice-Pres., Mrs Veats, Hurstmere Rd., Takapuna; Sec., Mrs A. Little, 31 Church St.; Treas., Miss Le Roy, Waterview Rd., Stanley Bay.

**DUNEDIN** District, 1st Tuesday, Congregational Church Hall, Moray Place, 8 p.m.; Pres., Mrs H. H. Driver, "The Chalet," Newington; Cor. Sec., Miss Nicol, 16 William St.; Rec. Sec., Miss Mazengarb, 362 George St.; Treas., Miss Winnie Reed, Bishopscourt, Roslyn; Supt. Sailors' Rest, Mrs Pearson, corner Union and Castle Streets; Supt. WHITE RIBBON and Writing Pads, Mrs Anderson, 32 Duke St.; Press Cor., Miss L. Neil, 5 Park St.

**FEILDING**, 1st Thursday, 3 p.m., St. Paul's Hall; Pres., Miss Moore, c/o Mr W. H. Bain, Feilding; Rec. Sec., Mrs Burnley, Glasgow Ter.; Cor. Sec., Mrs J. C. Thompson, Denbigh St.; Treas., Mrs Williamson, The Hill; "W.R." Agent, Mrs Burnley; Railway Box, Mrs Shearer.

**CISBORNE** District, last Tuesday, 2.45 p.m., Presbyterian Schoolroom; Pres., Mrs A. Graham, Kaiti; Sec., Mrs N. F. Walker, Fox St.; Treas., Mrs Goffe, Ormond Rd.; WHITE RIBBON Supt., Mrs J. Stewart.

**GREYMOUTH** District, last Tuesday, at 3 p.m., in Sailors' Rest Hall; Pres., Mrs Gaskin; Sec., Mrs J. Hayes, Tainui St.; Treas., Mrs Sweetman.

**HAMILTON** District, First Thursday, Wesley Class Rooms, 2.30 p.m.; Pres., Mrs J. M. Jones, Clandelands; Sec., Mrs H. W. Milner, Clandelands; Treas., Mrs J. P. Masen, Hamilton.

**HASTINGS**, 2nd Wednesday, St. Andrew's Hall, 3 p.m.; Pres., Mrs Martindale, Raureka, Southland Rd.; Vice-Pres., Mesdames Boyle, Ramsay, Wallis, Clapham, and Barbour; Rec. Sec., Miss Ford, 206 Lyndon Rd.; Cor. Sec., Miss Manson, Mahora; Treas., Mrs Barbour, Karama Rd.; Purity and Evangelistic, Mesdames Clapham and Stewart; Maori Supt., Miss McKeown; "W.R." Supt., Mrs Griffiths.

**HUNTLY**, 3rd Wednesday, Presbyterian and Methodist Churches alternately, 2 p.m.; Pres., Mrs Butler; Vice-Pres., Mesdames Sheeran and Edmunds; Sec., Mrs Gleeson; Treas., Mrs Leather.