

"Can I avoid AIDS without giving up sex?"

Answer:

Certainly. The safest way is if you have one partner, and you both only have sex with each other. If either of you have more than one partner, you can help protect yourself against the AIDS virus by using condoms.

However, there is another important way besides sex that the AIDS virus can be passed on – sharing I.V. needles and syringes. Avoiding AIDS means avoiding this too.

"If I'm straight I'm safe from AIDS- isn't that right?"

Answer:

Wrong. There are heterosexuals in New Zealand who have been exposed to the AIDS virus. Some of these people will go on to develop AIDS.

Married or single, gay or straight, when you have sex with anyone you share their risk. Protect yourself by limiting your sexual partners and/or using a condom.

GET THE FACTS ABOUT AIDS AND CONDOMS AND LEARN HOW TO KEEP YOURSELF SAFE. PICK UP A FREE LEAFLET FROM YOUR LOCAL CHEMIST

OR

RING THE AIDS HOTLINE AUCKLAND (09) 395-560. ALL CALLS ARE FREE AND CONFIDENTIAL – YOU WILL NOT HAVE TO GIVE YOUR NAME

OR

CONTACT YOUR LOCAL DISTRICT OFFICE OF THE DEPARTMENT OF HEALTH OR AREA HEALTH BOARD.

DEPARTMENT OF HEALTH

