

OF FEMININE INTEREST

By "Patricia"

A TALK by Dr. Guy H. Scholesfield from 2YA should have been interesting to all those who like travelogues. Especially interesting to me was this subject as I was in Zanzibar some years ago, and although my visit there was but brief, I travelled over most of the island. In Zanzibar, as in all Eastern countries, one sees the prehistoric, mediaeval, and present, in the cultivation. The motor-car does not use the main street of the town, for it is little more than an alley, so narrow that there is only just room for one car. A pedestrian to let the car pass must step back into the doorway of a shop. Many curses arise to Allah because of this invention of the infidel.

ONE of the most outstanding features of the town is the Sultan's palace—a large white building of striking appearance, while the town itself is remarkable for its narrow streets and ancient buildings. On our drive to the far end of the island we passed through many of the clove plantations where natives of both sexes squatted on the ground, in the business of separating cloves. Zanzibar shares with another small island the monopoly of this product, which is one of the chief sources of income to the island. The most interesting thing about the island is its history and its connection with the slave trade. It is intensely hot, and one needs to wear darkened glasses.

MOMBASA, on the east coast of Africa, and not very far distant from Zanzibar, has, though very warm, a delightful climate. I spent a very happy three weeks in this rather dingy town, but the social amenities make up for its dinginess, and all British visitors are entertained thoroughly.

There are always dancing, tennis, yachting, swimming and picnic parties, and within very few miles of Mombasa big game such as lions, leopards, giraffes, zebras, buffaloes, antelopes, etc., are to be seen from the railway carriage window.

THE Youth for Youth campaign which was broadcast by 2YA from the Town Hall on Sunday week last would give distant listeners a splendid idea of the success attending the movement. Never has the Town Hall been so packed, and although many must have been sadly disappointed when the authorities demanded that the aisles should be kept free, and consequently a large number had to depart, it must have been encouraging to the organisers to see so much youthful enthusiasm. Had it not been for the broadcast, many thousands would never have known of this wonderful demonstration, and 2YA is to be congratulated for recognising the essential function of broadcasting.

A CINNAMON cookie recipe (which I have tested), given by 2ZW, is

as follows:— $1\frac{1}{2}$ cups of flour, 1 cup of cornflakes, $\frac{1}{2}$ cup chopped raisins, 3oz butter, $\frac{1}{2}$ cup sugar, 1 egg, 1 tablespoonful milk, 1 teaspoonful cinnamon, $\frac{1}{2}$ level teaspoonful soda dissolved in the milk, and a pinch of salt. Cream butter and sugar, and beaten egg with milk and soda, then add all other ingredients. This should be rather dry when mixed. Turn on to a slightly floured board, roll out thin and cut into rounds and bake in a moderate oven.

A VERY good broadcast was given by 2YA on the occasion of the Cinderella Ball, and the description of the animated scene when Cinderella arrived and was met by Prince Charming was one that could capture the imagination of every listener. The money spent on costumes for Cinderella, Prince Charming, Mephistopheles, Robin Hood and his Merry Men, King Charles, the various queens represented, and the hundred and one other fancy dresses, has been a practical method of loosening up the coin of the realm, while the proceeds of the ball itself should greatly augment the Mayor's

Fund for the distressed. It is to be hoped this ball will be made an annual affair, for even when times are better we have the unfortunates with us, although not in so great a number as at present. The work of the committee which arranged this function is to be commended, and the huge success of the ball must be very gratifying to all concerned.

THE American Society of Authors, Composers, and Publishers are demanding of broadcasting stations a 300 per cent. increase in fees for the use of copyright music. The terms of the new proposal would provide a five 5 cent. fee on the gross income of non-network stations, in addition to a sustaining license fee equivalent to the toll at present exacted. In the case of network programmes, the five per cent. in gross receipts would be payable by the key station. The National Association of Broadcasters submit that the present time is most unfavourable for an increase in copyright fees.

A TALK of interest at the 2 o'clock session (2YA) on Tuesday was that of "Bird Life in the Antarctic," by Mr. H. Ninnis. This is a very wide subject to deal with, but his description, in the short time allotted to him, of the birds that abound in these cold regions, was most entertaining. Mr. Ninnis spoke of the albatross, the largest of all sea birds, and its habits. There are three species of this great bird—the royal, the wandering, and the ancient mariner—and their size across the wing tips is sixteen to eighteen feet. The bird next in size is the mollymawk. Other birds are the cape pigeon, Mother Carey's chickens, Antarctic and blue petrels, the snow petrel, gulls, and last, but not least, those quaint birds the penguins. These non-flying birds are definitely confined to the Southern Hemisphere, and are found on the shores of South Africa, Australia and New Zealand, and there are a number of varieties. The Emperor penguin of the Far South is the largest and lives for about forty years.

The King penguin of Macquarie Island is slightly smaller and has markings of orange, lemon and purple. The little Adelle is about fourteen inches high; it shows no fear of man, and its antics are a source of never-ending delight to those who explore these Arctic regions. In fact, he is probably the really only funny thing in an otherwise very serious land. So many of my friends who were fortunate enough to hear Mr. Ninnis have commented on this delightful talk that I feel it would be a splendid subject that could be repeated when more listeners are at home.

THE lecturer from the Department of Health gave some very good advice on the control of the fly nuisance. All are agreed that there is nothing more disgusting or filthy than flies, yet if a systematic war was made upon their breeding places, the pest could be greatly reduced. As flies

Hints for the Housewife

IT is a good plan when polishing brass to dip the cloth in dry whiting and polish. The result will be much brighter than with the ordinary dry cloth.

Apple and cheese, finely grated, makes a splendid filling for picnic sandwiches. Not only is the combination of flavours delicious, but the apple is cool and thirst quenching.

TO keep cheese fresh wrap it in a cloth moistened with vinegar; this will also keep it from mildew.

To stop a bleeding nose, make a wad of brown paper or blotting paper and place firmly under the top lip as near the nose as possible. It presses on the nerves and takes effect in a very short time.

EPSOM SALTS dissolved in boiling water is excellent for bathing the eyes, and gives great relief to aching and sore eyes. If used as a hot fomentation will also ease swollen and aching limbs.

Clear household ammonia (not cloudy) removes iodine stains immediately.

WHEN stewing apples, plums, or any kind of fruit, add a pinch of baking soda. This neutralises the acid and less sugar is needed.

Tomatoes will fry much better if they are pricked all over with a fork instead of the usual way of cutting them in half.

SERGE very often gets shiny. To remove this appearance brush the material well, then take a pint of warm water containing one dessertspoonful of ammonia and one tablespoonful of alum and brush all over with it. This method will also freshen up the serge wonderfully.

To get home-made cochineal, take a beetroot, wash and pare it, then grate it. Put grated beetroot into a bag and squeeze out the juice. Boil about a tablespoonful of water with eight lumps of sugar till it forms a syrup. Then add beet juice and bring to the boil again. It is then ready for use.

IMMEDIATE relief can be had by applying very thin slices of lemon to a corn or callouse, bandaging to keep it in position. If applied for a few nights, the callouse will soften and finally disappear without pain.

Fur in kettles can be prevented if a small piece of loofah is always boiled with the water.

INSTEAD of chopping parsley for sauce, try clipping it with sharp scissors—a much quicker method, and quite effective.

Indian rugs and carpets should never be shaken, but should be simply brushed with a hard brass broom.

EGGS for poaching should be placed in boiling water for a few seconds before cracking the shells. This prevents the yolks from breaking.

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IF YOU WISH TO SAVE MONEY BY MAKING YOUR OWN FROCKS AND HATS

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