

ing and amicable statements of the pros and cons of the subject, Miss West, with characteristic penetration of judgment remarking: "People should have a sane and kindly outlook on sex: it should not be associated with squallor and cruelty." The pity is that this sanity, kindness and common sense did not earlier dawn on the world.

WHAT modern youth loses in reverence it gains in poise and aplomb. Recently, accompanied by a youthful member of the intelligentsia, whose years number half and whose experience of men and manners is the equal of my own, I went to see a local picture show. My companion's ingeniously frank criticisms were penetrating and interesting, for his brain is of the brightest. A scientific exposition of the evolution of certain feathered fowl from earliest stage till emergence of the fluffies alive and kicking, enthralled my companion, who followed with rapt attention the meticulous revelation of nature's processes. On its conclusion, when nothing at all was left to the imagination, he turned to me in delight. "Wasn't it topping?" said he. "I wish they'd put it on again! If I'd seen that picture a year ago it would have saved me months of study." He continued to dilate on this supremely interesting spectacle until I remarked, in what was intended for a bantering tone: "I really believe, in your passion for exact knowledge, you'd have liked the film to have gone further and revealed the evolution of the human embryo from start to finish!" Without a trace of self-consciousness or mauvaise honte he turned young frank eyes to mine. "Wouldn't that have been great?" he said simply, enthusiasm of pursuit of knowledge for its own sake in his tones, and prepared to discuss the matter in extenso. Being but a timid spinster, however, and a Victorian one at that, at this juncture I switched the conversation to a discussion of Lord Tennyson's poems and the culture of rambler roses.—Milo.

A NEW slimming treatment has been discovered by young society in Mayfair. Lessons are being taken at a popular studio, in the patter dancing, made famous by the Jackson Lads, a Lancashire speciality, on the music-halls of a bygone day. Buck dancing, which is another name for these intricate steps, has become the joy of the devotees of slimmness. Although it appears contrary to the idea of quick movement, a slow Schottische is one of the favourite dances. In actual fact it is not at all slow, but has much toe and heel work, calculated to bring the

The Wisdom of the Roads

*The Moon God decreed that the roads should speak
One night when the moon shone bright;
And stars came a-tumbling like foam to the earth,
Their tales for the Moon God to write.
Such stories they told—some happy, some sad,
Some tragic and some sheer delight.*

*They told of fair maidens that tripped gaily by;
Of tears that were lost in their dust;
Of feet that were weary, of days that were long,
Of quarrels, both just and unjust.
And secrets they'd learnt in the dead of the night,
And kisses—soft pledges of trust.*

*The highway was sad as he told many tales
Of gay youth that sped to its doom;
But placid the byroad—it knew only cows,
And lovers and haytime and broom.
The road that winds naughtily deep in the trees
Learnt secrets and sin in its gloom.*

*The joys and the hopes and the crushing despair,
The cares of the rich and the poor;
Gay frivolous youth and the wisdom of age,
The glamour of Pleasure's allure.
Of these spoke the roads, through that long moonlit night,
While the stars wrote on—tireless and sure.*

"OH MACK."

dancer into the desired state of high temperature, which brings about the reduction craved for.

Useful Hints

LEMON juice makes a useful addition to the store cupboard. Buy when lemons are plentiful and choose only ripe fruit. Squeeze the lemons into a basin and strain through fine muslin or a sieve. Have ready a quantity of half-ounce and one-ounce bottles. Fill the bottles to within a quarter of an inch of the top. To each bottle add half a teaspoonful of sweet oil. Cork tightly and stand in a cool place. When the juice is required choose a bottle containing the amount likely to be used within two or three days. Wrap a piece of clean cotton wool round a knitting-needle, and dip into the bottle. The oil will then be extracted, and the juice will be as fresh as when first bottled.

ORNAMENTS of copper and brass will keep bright and untarnished for a long time if they are lightly rubbed with furniture polish after they are cleaned; the film of polish should be so slight as to be undiscernible.

YOU can turn an old umbrella to good account by taking off the cover and painting the metal part with bright-coloured enamel or paint. Opened out and being hung by the handle in a warm place it will make an excellent dryer and airer for small articles like handkerchiefs, stockings, gloves, lace collars, and baby clothes. When not in use it can be shut up and put right out of the way, taking up little room.

not in use. An ingenious notion is the placing of the telephone in a double-doored cupboard between the bedroom and the living-room, so that the instrument can be used from either room. A drawer for the telephone directory can be pulled out in either room as the book is required.

Beyond the bedroom is the largest room in the flat, a living-room measuring 15ft. 10in. by 12ft. 4in. Here, again, the furniture is built in, leaving a pleasingly open floor space. There is an electric fire set in a fire space of black glass and flanked by book shelves. In the angle of the room is a couch, and at this end a door opens on to a black-tiled veranda with flower-boxes and separated from the neighbouring verandah by an opaque glass screen.

This veranda is one of the most valuable things in the flat. Only a woman who has had to live in confined quarters in a town knows how greatly the possession of a balcony adds to the amenities of a dwelling and how essential a part it is of the ideal flat.

A tiny balcony gives a feeling of freedom and soothes the restless longing to be out and away from which the woman in "rooms" usually suffers. Its good effect on health and spirits can scarce be over-estimated.

The American plan of arranging a fitted dining recess between kitchen and living room has been followed by Miss Mosely in this flat for a single woman. A fixed seat has been built round one corner, and before it is the dining table. The opposite wall of the recess is fitted as a sideboard.

The beautifully planned kitchen opens off this dining recess. Like the veranda, it has a black tiled floor. Under the window is the sink, with a generous draining board at the left-hand side.

The space over the refrigerator is occupied by the food safe, ventilated by outside air. Next comes the china cupboard, then the dresser, and the broom cupboard.

The electric cooker occupies the centre of the opposite wall and gets light from the window over the sink. A flap table is fixed at one side of the cooker, and forms a handy place for setting down dishes.

Almost the only furniture the owner of such a flat would need to buy would be chairs, so completely does the fitted furniture satisfy her requirements. How easy the flat is to run, any woman can see. The pleasure of working in it is enough to tempt the most undomesticated to look around for a cooking apron!

Yet, with all its simplicity, its space, and, as dwellings go, its low cost, it is a flat in which any legitimate desires for ease and refinement of life can be satisfied as few women living alone in large towns can satisfy them now. It is greatly to be hoped that dwellings of this sort will soon be available here.

A Model Flat Ingenious Design

AN exhibit which aroused great interest at a recent London exhibition was a flat planned by Miss Edna Mosely, A.R.I.B.A., for the occupation of a "bachelor girl," and intended to illustrate the domestic uses of electricity. The plan of the flat is in itself of great interest (says "The Lady"). The vestibule is arranged so that from the entrance there is no vista through doors left open by accident. Two built-in cupboards give ample room for the tidy and convenient storage of coats. Throughout the flat the furniture is of the built-in kind, so that the occupant has little to buy and has quarters more roomy than they could be with the usual type of furnishing. On the left, a door leads to the bathroom and separate lavatory. The bathroom has a heated linen cupboard with slatted shelves, a square-sided bath, a lavatory basin, and a glass shelf for toilet articles. It can also be entered from the kitchen, this giving a way from kitchen to entrance door without passing through the living-room.

On the right, a door from the vestibule leads into the bedroom—small, but so well fitted that it feels as convenient as a cabin in a luxurious yacht. The bed is built in along one side and can be transformed into a divan by day. At its head is a modern table with a glass top, and in the corner, at its foot, is a dressing-table fitting, well lighted from the window giving on to the veranda.

The opposite side of the wall is completely fitted with wardrobes, shelves, and drawers planned to hold a woman's belongings and to close up tidily when

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