

## The Glory That Is The Starling Nuisance Woman's How Science Helped

A FAMOUS beauty specialist passes on the following advice to those who would attain the glory of beautiful locks, flowing or shingled.

A really excellent hair preserver and growth promoter in one can be made at home. Finely powder half an ounce of camphor and moisten it with two ounces of gin. Put this into a pint bottle and fill up the bottle with water. Twice a week the lotion should be applied to the roots of the hair with a sponge.

Shampooing the hair regularly with a good home-made hair wash is an excellent tonic also. Melt three-quarters of a pound of soft soap in a pint of hot water and add a small teaspoonful of powdered borax and half a pint of bay rum, and shake the mixture together. Rub the wash well into the roots of the hair and rinse well with warm water. This amount will last a long time if kept corked in a bottle and it avoids waste if a sprinkler stopper is used in the bottle.

When the hair becomes dry and brittle it is a sign that the natural oils are lacking, and a little oil or coconut oil rubbed into the scalp at night will soon rectify the trouble.

It is an excellent plan when washing the hair to bathe the scalp first for all in the hottest water the head can bear, then to lessen the heat of each rinsing water until finally a jug of completely cold water can be slowly poured over the head, to close the pores and tone up the scalp. This prevents all fear of catching cold and makes the head quick to dry, with a beautiful glow.

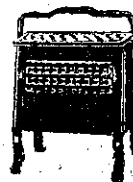
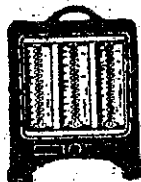
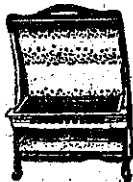
A fallacy which never dies is that if the general health is good the hair

THE most devoted of bird-lovers will be forced to admit that the perennial company of a flock of starlings is not an unmixed blessing, but they are the most difficult of birds to dislodge, once they have taken up quarters of which they approve.

For years war has been waged against the flocks that infested the historic sycamores along Pennsylvania Avenue, Washington. Shotguns, and more recently smoke pots hung high in the trees proved of no avail. The starlings returned when the guns ceased fire, and the smoke cleared away. It remained for Mr. James M. Barnes, a distinguished scientist and honorary collaborator in the collection of butterflies at the National Museum, to solve the problem of their removal, if not of their destruction.

"Starlings," said he, "have small feet and must roost on twigs. Cut off the twigs high in the trees and the starlings will leave." The twigs were cut off, and although the upper branches now look somewhat denuded they are also bare of starlings.

will look after itself, and inevitably be good as well. On the contrary, the very robustness of the physical health can take much of the strength from the hair. Spring as well as autumn takes its toll of the old hair. If the new growth is up to standard all is well and good, but it is advisable to give the scalp every possible assistance in its efforts to put forth the new growth.



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