## Blackberry Sponge

LINE a pudding basin with stale sponge cake or bread, cut up to fit the basin, then fill up with blackberries, previously stewed with very little water and sugar. Cover with a thick round of cake or break, and place on top a saucer with a weight on it. This is ready to serve next day. Turn out and place whipped cream or custard around. This is a delicious sweet.

-Mrs. E.W (Timaru).

#### Swedish Cabbage

ONE pound of mince meat, 1 cup of cooked rice, 1 small onion, 8 cabbage leaves, 2 large ripe tomatoes. Combine mince meat and rice with grated onion and season. Soak cabbage leaves in hot water for a few minutes to make less brittle, place a heaping tablespoon of meat mixture on each leaf and

egg, a little milk to mix stiffly. Roll out, line a tart plate, and bake a light brown; then spread with raspberry jam, slice 3 bananas on top of this and add juice and rind (grated) of one lemon. Pour over When the omelet responds to the all a custard made with one egg, I touch, it is done. Spread the cup milk, pinch salt and nutmeg, crushed pincapple over half of I dessertspoon sugar. Bake till the omelet before turning from the custard sets. Serve cold with pan. Garnish with parsley and whip ped cream.—Mrs. J.H.) serve at once. (Oamaru).

## Orange Cake

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MAYBE you have made sufficient good resolutions for

more.

cord," Box 1680, Wellington. It may win the half-guinea prize, which is awarded for the best recipe submitted each week, and even if it doesn't, you will have had the satis-

faction of passing on a good thing.

moderate oven until meat is done.

About one hour. Serve with gravy or cream sauce.—Miss J.C.M.

FOUR pounds of scarcely ripe

fruit such as plums, peaches, apples, pears and nectarines, and three or four (or more if desired)

sliced bananas. Cut the fruit in small slices, add 11b of sliced pre-

served ginger, 1b of saled preserved ginger, 1b of raisins and currants, 1 teaspoonful each of cloves, mace, whole peppers (bruised and tied in a bag), 1 pint

of the best vinegar, 2 teaspoonfuls of chillies, 6oz. salt, and 2lb. of

brown sugar. Put the chillies and spice into bag, also peppers, and boil in vinegar for 10 minutes, then

add sigar and salt and boil another 5 minutes. Add fruit and simmer for 1½ hours and bottle as usual.—
Mrs. G.R. (Ruawai).

(Otorohanga).

Fruit Pickle

roll. Put in baking pan, slice Rhubarb Pie tomatoes over, and cook in a Rhubarb Pie

one new year, but here's a suggestion for just one

QUARTER pound each of butter, brown sugar, and flour, 1 tea spoon baking powder. Grated rind of 1 orange, 1 tablespoon orange juice, 2 eggs, 2 tablespoons coconut. Cream butter and sugar, add beaten eggs, then the flour and baking powder, coconut and orange rind and juice. Cook about 20 minutes, Ice with orange icing and sprinkle with coconut.—"Chic" (Maungaturoto).

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pages conducted by "Chef" really serve as a forum for good house-

wives; they are a mine of useful hints and tasty. recipes. Change, variety

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sibly you, too,

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it in to "Chef," Radio Re-

nome-cooks who correspond regularly with "Chef"? The cookery

Cook over a low flame until the underside of the omelet is a delicate brown, then place the pan in the oven, keeping the temperature between 325 and 350 degrees F. When the omelet responds to the

## Richard Greene Likes-QUEEN VICTORIA'S PLUM

Englishmen, has a weakness for plum pudding, and is very particular about the way it is

1lb. raisins, 1lb. currants, 1lb. our. 1lb. sugar, 1lb. finely flour, lb. sugar, 1lb. finely chopped suct, 5 eggs, ppint brandy, lb. candied orange peel, 1 grated lemon rind, 2 grated nutmeg, alb. stale bread crumbs.

Mix the brandy and the beaten eggs and pour over the dry mixture. Cover currants with flour. Boil six hours.

#### Doesn't Like Cooking

JANE DARWELL is one Hollywood actress who admits she doesn't like to cook. However, the Missouri-born, Boston-bred actress likes Spanish food so well, she finally learned to make her fav-

"Take long green chiles, blister them so the skin comes off, slit stove, myself."

HALF fill a greased pie dish with spoons flour, a few grains salt, 1 rhubarb, add half cup raisins, cup of milk, 4 egg yolks, 4 table-quarter cup sugar, a little grated spoons sherry flavouring, 4 egg 4 tablespoons sugar, 4 table-

Mix sugar, flour and salt togeth-r. Add milk gradually, and mix ntil smooth. Cover over hot

#### WINTER DESSERT

GLORIA STUART'S favourite winter dessert travelled to her the way from New Zealand. she tunks it was well worth

Take six tart, juicy apples. peel, cut in half, and remove cores with a sharp spoon. Place cut half downward in a flat baking dish, and cover with a custard mixture made in the following four eggs unti frothy, then beat in one half cup frothy, then beat in one half cup of brown sugar, and one half cup of honey. Add two cups of milk and one of cream, one half teaspoon of salt (scant), a liberal dash of nutmeg, and then pour over the apples. Take a firm piece of beef suct and chop finely until there is about two tables spoons of it. Sprinkle over the top of the custard and apples, and bake in a moderate oven until Met the shortening in the one let pan or skillet. Beat the egg top of the custard and appies, and yolks until lemon coloured, add bake in a moderate oven until sugar, salt and the pineapple apples are tender when pierced with a fork. Serve with a whipped

## PUDDING RICHARD GREENE, like most

The following recipe, which has been handed down from Queen Victoria, is easy to make, and assuredly "fit for a queen."

ourite dish—lamb chillies. Here is her version of the recipe:

#### LAMB CHILES

down the side, take the seeds out but do not remove the stem. Stuff with cold lamb ground very fine and seasoned any way you wish. Roll them in flour and then in egg yolk and white, beaten separately. Fry just as you would an omelette, then pour a regular Spanish sauce of onions, garlic, green peppers, tomatoes, and any other vegetables and spices you can think of. I put in everything but the kitchen

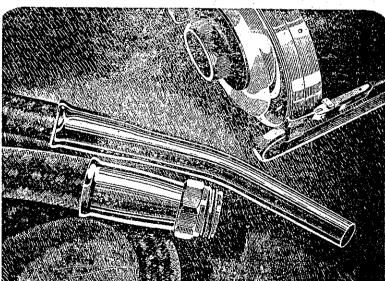
## And Gloria Stuart—

#### SHERRY SOUFFLE

er. Add milk gradually, and mix until smooth. Cover over hot water until thick, stirring constantly. Remove from heat; pour over beaten egg yolks. Cool slightly; add sherry flavouring. Fold into the stiffly beaten egg whites. Pour into a greased bak-ing dish. Set in a pan of warm water. Bake in slow oven 45 minutes until set.

waiting for,





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Date Loaf

ålb. brown sugar, å cup dates, å teaspoons cocoa, 1½ cups milk, 2 teaspoons cocoa, 1½ teaspoons soda, vanilla if desired. Melt in saucepan 1 cup milk, the syrup, butter and sugar. Dissolve soda in the rest of milk, put dry ingredients in halp and add warm ingredients in basin and add warm ingredients, lastly adding soda. Bake in greased tin in a moderate oven. Serve hut-tered.—Mrs. B. McK. (Waimihá).

## Banana Tart

TAKE a cup sugar, alb. flour, alb.

nutmeg or cinnamon, squeeze over whites. the juice of half orange or lemon. Make a batter with one-and-a-half cups flour, three tablespoons sugar, one ounce melted butter, two eggs, two teaspoons baking powder and milk to mix. Pour over the fruit, bake three-quarters to one hour. Serve with lemon sauce or cream. -Miss.W. (Kamo).

## Favourite Recipes Of Film Stars

THE favourite recipes of film stars, which we published recently in the "Record" proved so popular that I am giving some more this week. Here they

## Two cups wholemeal, 12 cups flour, Slim Summerville's Choice

#### PINEAPPLE OMELET

TNGREDIENTS: 4 egg yolks, 4 egg whites, 1 tablespoonful of gar, 4 tablespoonfuls of juice from canned crushed pineapple, 3 teaspoonful of salt, 2 tablespoonfuls of shortening.

TAKE a cup sugar, allo flour, allo. Beat the whites, add the yolk cream sauce into which has been butter, I teaspoon baking pow-mixture and fold it in, then pour beat on a teaspoon of rum der, I cup desicented coconut, I gently into the pan.