

MAKE A NOTE OF PALAIS GLIDE BROADCASTS FROM ZB STATIONS

All the New Zealand commercial stations, including 2ZA Palmerston North, will be on the air on Friday and Saturday this week showing listeners the way to do the dance that is now every bit as popular in England and America as the Lambeth Walk—the Palais Glide. Here are the times of broadcast:—

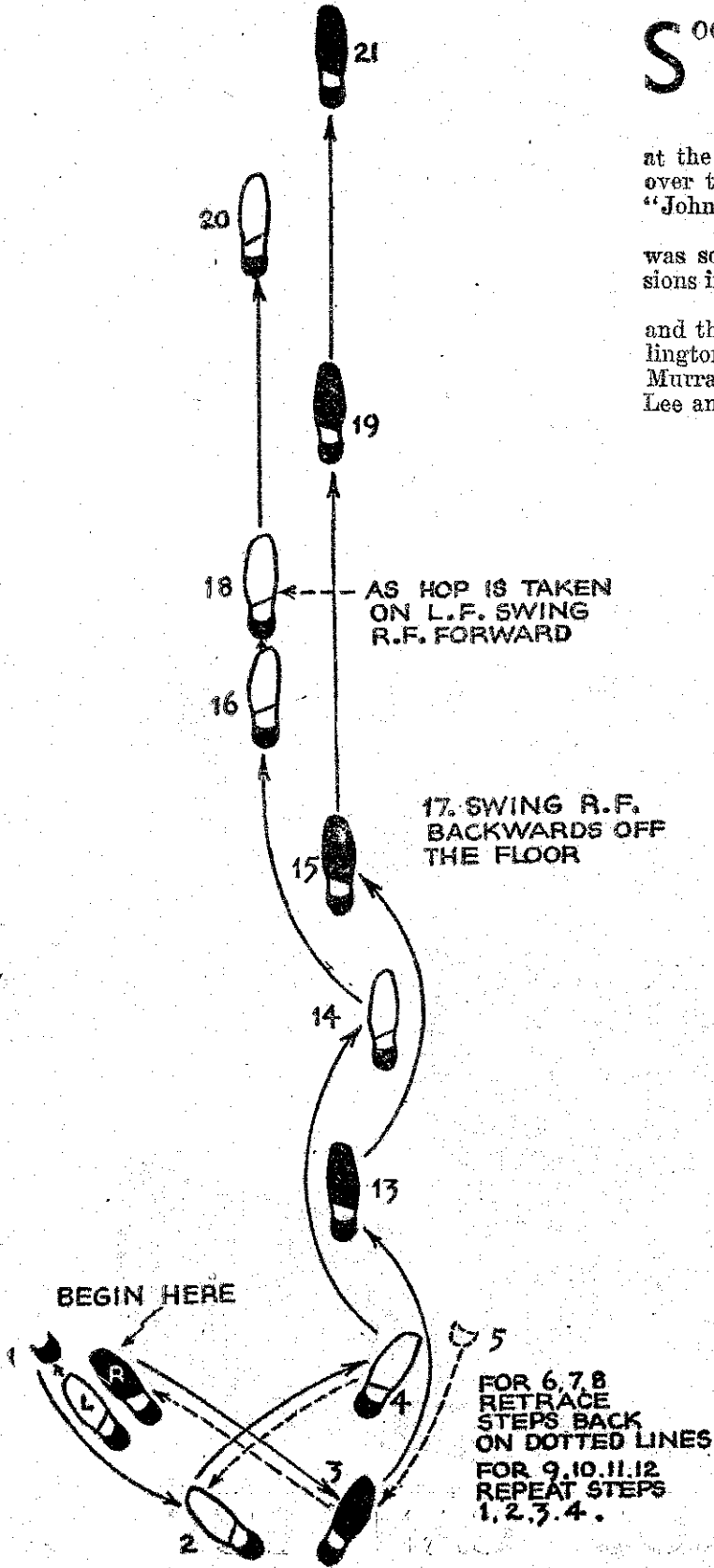
FRIDAY, DECEMBER 16				SATURDAY, DECEMBER 17			
Station 1ZB Auckland	..	..	9.45 p.m.	Station 1ZB Auckland	..	..	9.45 p.m.
Station 2ZB Wellington	..	..	9.45 p.m.	Station 2ZB Wellington	..	..	9.45 p.m.
Station 3ZB Christchurch	..	..	9.45 p.m.	Station 3ZB Christchurch	..	..	9.45 p.m.
Station 4ZB Dunedin	..	..	9.45 p.m.	Station 4ZB Dunedin	..	..	9.45 p.m.
Station 2ZA Palmerston North	..	..	9.45 p.m.	Station 2ZA Palmerston North	..	..	9.45 p.m.

The Kents Do It, London Does It, You'll Soon Be Doing It, Too—The Palais Glide

SOON after the Lambeth Walk made its sensational debut in London another dance came along that was much more popular with fashionable hostesses than the Walk. It was called the Palais Glide, and it had a great deal more dignity—and was much less rough on the furniture—than the Lambeth Walk. The Palais Glide was assured of popularity when the Duke and Duchess of Kent did it one night at the ultra-smart Quaglino's, haunt of Royalty and London's aristocracy. And it had the advantage over the Lambeth Walk that it can be done to many tunes, including "John Brown's Body" and "John Peel."

It wasn't long before most of London was doing it; the Palais Glide crossed the Atlantic and was soon the rage in New York. Today it is being done everywhere and is even seen on odd occasions in New Zealand ballrooms.

But the National Commercial Broadcasting Service wants to see it done in EVERY ballroom, and the "Record" is lending its co-operation in launching the Palais Glide in New Zealand. In Wellington, Southern College is putting listeners through their paces over 2ZB, while Mildred Harris and Murray Carroll are demonstrating the Glide at Wellington's Majestic Cabaret with the popular Sammy Lee and his band lending noble support.



FOLLOW THE PALAIS GLIDE ON THIS CHART

AGAIN the "Record" is indebted to Southern Colledge, the well-known Wellington dancing teacher, for his assistance in supplying the details of the Palais Glide, published below. Mr. Colledge is also collaborating with 2ZB, from which station he will broadcast details of the dance on Friday and Saturday evenings this week. Readers will remember that it was Mr. Colledge who so ably demonstrated the Lambeth Walk, both in the "Record" and from 2ZB recently.

Two, three, four or even more dancers form in a line, all facing line of dance, and with their arms linked behind them. All dancers do the same sequence of steps.

	Count.	Bars.		
(1) Move left foot forward, without the weight of body on it, and the heel only on the floor	Slow		(9 to 12) Repeat steps 1 to 4, and turning slightly to the right	SQQS 1 1/2
(2) Move the left foot back behind the right foot and step back on to it	Quick	1	(13) Step right foot forward, well across the front of the left foot	Slow
(3) Move the right foot back and place it slightly to the side of the left foot	Quick		(14) Step left foot forward, well across the front of the right foot	Slow 1
(4) Step left foot forward	Slow	1	(15) Step right foot forward, well across the front of the left foot	Slow
Note: A quarter turn to the RIGHT is made throughout steps 1 to 4, turning from a direction diagonally to the centre to one diagonally to the wall.			(16) Step left foot forward	Quick
(5) Move right foot forward, without weight, and the heel only on the floor	Slow		(17) Swing the right foot BACKWARDS, off the floor	Quick 1
(6) Move the right foot back behind the left foot and step back on to it	Quick		(18) Swing the right foot FORWARD, with a slight hop on the left foot	Slow
(7) Move the left foot back and place it slightly to the side of the right foot	Quick	1	(19) Run forward on to the right foot	Quick
(8) Step right foot forward	Slow	1	(20) Run forward on to the left foot	Quick 1
Note: A quarter turn to the left is made throughout steps 5 to 8, turning from diagonally to wall to diagonally to centre.			(21) Run forward on to the right foot and at the same time bend the body well forward and extend the left foot backwards, off the floor	Slow 1
			Total Bars	8

Repeat from the beginning starting with LEFT FOOT.