

# VEGETABLE *and* FRUIT JUICES *for* SUMMER COCKTAILS



*A glass of vegetable juice daily will  
revitalise your tired and toxic body*

## DO YOU KNOW—

THAT THE FOLLOWING VEGETABLES AND FRUITS  
PUT THROUGH THE HEALTH MINE WILL PRODUCE  
IN JUICE—

$\frac{1}{2}$ -lb. Granny Smith Apples ·  $6\frac{1}{4}$  ozs. juice  
 $\frac{1}{2}$ -lb. Pineapple . . . . .  $6\frac{1}{4}$  ozs. juice  
 $\frac{1}{2}$ -lb. Carrots . . . . . 4ozs. juice  
 $\frac{1}{2}$ -lb. Celery . . . . .  $5\frac{1}{2}$ ozs. juice

IF YOUR BODY IS MINERALLY STARVED, IF YOU  
LACK PEP AND VITALITY, STEP OUT AND DRINK  
VEGETABLE AND FRUIT JUICE COCKTAILS

*Discover for yourself the secret of Vegetable and Fruit Juice  
Therapy — through the use of these juices, PROVIDING EXTRA  
MINERAL AND VITAMINS needed to correct stomach ulcers,  
diabetes, goitre, anaemia, arthritis, kidney trouble, constipation,  
rheumatism, high blood pressure, colds, nervousness.*

The easiest way to obtain mineral and vitamin-bearing raw  
vegetable juice is with the HEALTH MINE — an extractor  
especially designed for use at home for making delicious  
drinks for the tired and toxic body. Literature and complete  
instruction Vegetable and Fruit Juice Cocktail Book supplied  
free with each machine. It contains innumerable recipes and  
directions for use in connection with deficiency diseases. Full  
particulars to—

PULP  
COMES OUT  
HERE

JUICE  
COMES OUT  
HERE



*Special Xmas offer to "Radio Record" readers...*

## The Famous HEALTH-MINE Juice Extractor

During the months of December and January all "Record" readers who  
purchase a Health Mine will receive a special Xmas Discount of 5%.

MODERN DIET PRODUCTS SUPPLY CO.  
P.O. Box 1574, Wellington.

Please send me free literature and illustrations on the Health Mine.

NAME .....

ADDRESS .....

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