

Strawberry Foam

ONE ounce gelatine, 1 lemon, $\frac{1}{2}$ pint cold water, $\frac{1}{2}$ lb. strawberries, $\frac{1}{2}$ pints boiling water, $\frac{1}{2}$ lb. sugar, cochineal, whites of 2 eggs. Chop the strawberries, add the sugar and $\frac{1}{2}$ pint hot water. Soak the gelatine in the cold water; pour on 1 pint boiling water, in which the lemon rind has infused, stir over a gentle heat till dissolved, add the strawberries (and cochineal if needed) and the lemon juice (strained). Stand in cool place and when nearly set beat in the stiffly beaten whites of eggs, continue beating until foamy. Pour into a wetted mould, turn out when set and serve with whipped cream. —Mrs. E.N. (Pio Pio).

Yuletide Cake

MAKE this delicious and uncommon cake in November and it will be just right for Christmas. Take 1lb. self-raising flour, $\frac{1}{2}$ lb. butter, $\frac{1}{2}$ lb. castor sugar, 6 eggs, 1lb. currants, $\frac{1}{2}$ lb. sultanas (cut in halves), 2ozs. glace cherries (cut in quarters), 2ozs. sweet almonds (chopped fine), $\frac{1}{2}$ lb. mixed peel (chopped fine), the grated rind of 1 lemon, 2ozs. preserved ginger (cut small), 1 teaspoon mixed spice, a pinch of salt, 2 tablespoons sherry or a little milk.

Prepare the fruit and peel and well line a cake tin. Then put butter in a warm basin and beat with a wooden spoon till light and creamy, add sugar and beat again for 10 minutes. Beat eggs till light and frothy, add to the creamed mixture and beat 10 minutes longer. Gradually add flour sifted with salt and spice, and pour in the sherry or milk. Lastly, stir in fruit, peel, lemon rind and chopped almonds and mix until thoroughly blended, but do not beat again.

Fill cake tin three parts full and bake in a moderate oven 3 to 4

DATE JAM

This Week's Prize Recipe

TAKE 2 cartons of dates, $\frac{1}{2}$ pints water, 1 pint packet jelly (lemon) $\frac{1}{2}$ teaspoon ginger (ground). Stone and cut up dates, place in preserving pan with water, bring to boil and remove froth. Add ginger and put in lemon square, stir until dissolved. Boil about half-hour. This makes 4lb. of delicious jam and no sugar is required. —Miss F.C. (Christchurch).

hours. Test in usual way with warm knitting needle. Remove cake from oven and leave in tin a little while, then turn out on sieve or tray to cool. Coat with almond paste and ice a few days before Christmas. If this cake is wrapped in grease-proof paper and put in a tin it will keep beautifully moist for months and improve in flavour. This must be done before icing. —Mrs. M. (Napier).

Spring Pudding

ONE POUND gooseberries, 2 large apples, 3 thin slices well-buttered wholemeal bread. (Cut off crusts), cup sultanas. Cook apples and gooseberries together until soft, but not broken (sweeten to taste). Line a mould with buttered slices of bread. Pour hot fruit over bread, and cover closely with more buttered bread. Bake slowly in moderate oven 3 hour. —Mrs. L.L. (Hastings).

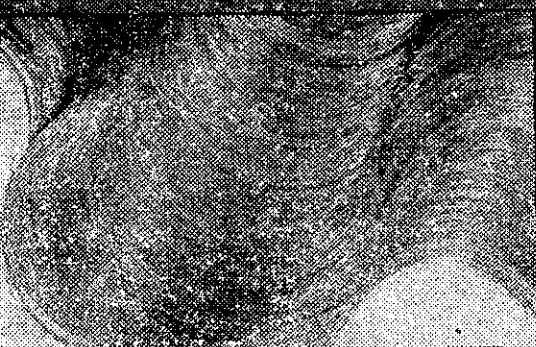
Dutch Asparagus

ONE bunch asparagus, 1oz. butter, 1 tablespoon cream, 2 eggs, rounds of fried bread, salt, pepper, dash of nutmeg.

Cook asparagus until tender in salted water, chop up tender stalks reserving the tips. Place chopped stalks into a pan, add cream and seasonings. Stir until hot, then add sieved hard-boiled yolks. Pile mixture of hot fried bread. Arrange on dish, garnish top with chopped egg whites, edges with parsley. Finish off with asparagus tips. Unusual. —Mrs. L.T. (Hastings).



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