BRING HERBS FR HFAI REMEDIES for all DISEASES

ROOTS AND HERBS ARE NATURE'S MIRACULOUS REMEDIES FOR REGAINING AND MAINTAINING HEALTH. MILD — GENTLE — NATURAL — HEALTHFUL. MOTHER NATURE GROWS THEM TO BENEFIT HUMANITY.

HERB BOOK NEW Mail Coupon Quick!

Many of the plants we see growing by the roadside and in the fields are not mere weeds, but plants with a high medicinal value. Mother Nature has wisely provided in her vegetable labora-tories—the Fields and Forest—many valuable health-giving plants. Roots and herbs have always been man's best medicine. Many sufferers from various ailments try habit-forming drugs, chemicals, and other methods to obtain relief. They do not realise that the best and most effective treatment for their troubles often grow under their feetput there by Mother Nature for that very purpose.



Gentian, Blackberry, Mullein—These three herbs are well-known to all of us. Gentian is particularly good as a digestive tonic; Blackberry is excellent for diarrhoea; Mullein is ideal for coughs and colds.

HERBS ARE RICH IN VITAMINS

Herbs contain certain elements that are essential for building up the health and restoring the activity of the bodily functions. These elements are distributed in such a finely prepared state that they can be easily assimilated by the system and conveyed to the blood. Scientists have discovered that the same herbal remedies of your grandfathers' day, if made from fresh, properly graded and packed herbs, are rich in Vitamins and Organic Minerals necessary to health.

HERBS MUST BE FRESH SAY SCIENTISTS

Botanists have proved that herbs must not only be gathered at the right time of the year, they must be graded and

promptly packed in airtight containers to retain their full medicinal effect. Research has revealed that herbs which have been kept on shelves in stores for years are often devoid of any curative Therefore they cannot be exaction. pected to bring much benefit.

NOW-FRESH PACKED GRADED HERBS

thanks to the INTERNATIONAL HERBAL RESEARCH INSTITUTE, it is at last possible to obtain genuine, reliable herbal remedies made from properly grown, graded and packed herbs. These herbal remedies retain the full medicinal and curative action of the fresh herbs because they are packed in airtight containers. The herb remedies are sold direct to the public by mail. They are not sold in stores. The International Herbal Research Institute has adopted this plan of distribution because it can then be assured that sufferers will obtain the best graded and standard herbs in the best condition possible.

HERE'S PROOF THAT HERBS ARE BEST

CONSTIPATION

Knelpps Constipation Tea is the best remedy in the world for constipation. It restored regular action after pills, drugs, and diet had failed.—Mrs. C. Herring. Had suffered from constipation for over 10 years. Now I can bonestly say I am a new person due to Knelpps.—Mrs. H. Nellson.

NERVES

I was a nervous wreck and very run down. Doctors and medicales did not wholly henefit me. Your nerve tonic tea made me quite well again.—Mrs. N. Johns.

I suffered severely with nerves, hysterical lits for the past six years. After using kneipps nerve tonic tea for a month I am completely recovered.—Mr. F. Foden.

BRONCHIAL COMPLAINTS

I have found Knelpps Bronchial Tea to be all that you claim. I was very bad with bronchitis, now I am quite free and experi-ence no discomfort.—Mrs. K. Long.

NEW 26-PAGE BOOK ON HERBS-FREE!

The New 1938 Herb Book, "Herbs and Herb Teas," lists valuable Herb Remedies for: Rheumatism — Constipation—
Asthma — Catarrh — Indigestion —
Stomach and Bowel Disorders — Worms
— Bladder and Urinary Ailments —
Kidney Troubles — Backache — Skin Diseases — Nervousness — Loss of Appetite — Over - weight — Blood Diseases — Bronchitis — Gastritis — Ulcerated Stomach — Bad Breath — Gallstones — High Blood Pressure — Diabetes — Dropsy — Excessive Thinness — Piles — Eczema — Weakness — Colds - Coughs - Anaemia - etc., etc.

A copy of this valuable book should be in every home. The information it reveals is worth pounds to you — put your name and address on the coupon, together with 2d stamp to cover postage, packing, etc., mailed NOW — will bring this book to you FREE. Only one copy to each person, therefore fill out the coupon. Learn how to use Herbs as easily as you would make tea or coffee.— International Herbal Research Institute. P.O. Box 527, Auckland.

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