



A HOLIDAY in a bath tub! Off-hand, such an idea probably strikes my readers as being exceptionally preposterous.

The mention of vacation usually conjures up visions, not of bath tubs, but of excursions away from the commonplace world of work and duty, into another of luxurious relaxation.

Actually, the bath may provide just that—an atmosphere of luxurious relaxation, and a brief vacation from everyday existence.

The "Duty" Bath

OF course, there is the "duty" bath, which is merely a matter of soap and water and lather and scrubbing.

But the "vacation" bath is something else entirely. It is a glamorous and glorified elaboration which goes far beyond the realms of merely achieving personal cleanliness.

The "vacation" bath relaxes nerves, and affords a fragrant sense of fastidious well-being which the "duty" bath seldom, if ever, quite achieves. The "vacation" bath calls for a careless disregard of time, and the complete pampering of one's bathing whims. It is altogether a luxurious proceeding.

It must be understood, however, that in speaking of "luxurious," I am not referring to the expenditure of money. The luxury of the "vacation" bath is not to be measured in financial outlay. It is entirely a matter of time and the personal state of mind.

Stars' Routine

HERE in Hollywood, when stars such as Rosalind Russell, Joan Crawford, Alice Faye, Anne Shirley, Olivia de Havilland, or any of the dozens of others you might name, are busy working in a picture, "duty" bathing is, of course, the order of the day. Arriving at the studios very early in the morning, and at their homes very late at night, women of the films have little time or energy left for any form of bathing except quick, practical showers or dips in their tubs.

But, when a picture has been completed, and its feminine star has a few days or weeks of leisure at her

command, the bathing routine is generally a very different one.

Then comes the assembling of all the satisfying little niceties and luxurious frivolities which had to be omitted, because of the lack of time, during the long and busy work days at the studios.

Experimenting

IT is really surprising to check over the many interesting ways of complicating a simple bath.

In the "duty" bath the principal object is cleanliness; almost any reputable brand of soap will serve. But in the luxurious "vacation" bath there is a splendid opportunity to experi-

ment with new soaps in new odours. The whole gamut of fragrances, all the way from stalwart pine to the overwhelming sweetness of jasmine, can eventually be sampled in lazy comfort.

Nor are soaps the only medium of fragrance for these leisurely baths. Bath salts, bath oils, colognes, body lotions—these and many other compounds can contribute their scented richness, too.

As for the water—possibly it is near scalding in temperature. Or it may be only mildly lukewarm. Maybe the bather likes the soothing sprays which can be squeezed from a big sponge. Or it is quite possible that she prefers the cleansing powers contained in a long-handled brush which reaches the back and shoulders. Some like both.

The main point I wish to make is that the bather, no matter what her preferences may be among these various items, should endeavour to enjoy herself at leisure and please herself to the utmost, during such a bath. These self-indulgences are what make the proceeding a delightful, restful, lazy "vacation."

And very often these bath tub "vacations" really ARE as obviously refreshing to the mind and body as would be a real and more prolonged holiday of the usual variety.

THE brush that is used to polish the stove after blackleading is excellent for polishing leadlight windows, after they have been washed and dried. It polishes both lead and glass and removes dirt from crevices.



The luxurious "vacation" bath affords splendid opportunities to experiment with new and fragrant soaps, bath salts, bath oils, colognes, and body lotions; points out Max Factor, Hollywood's foremost authority on feminine grooming.