

New Weekly Feature—**"RECORD" PATTERN SERVICE**

Here is a jumper that has been specially designed for the girl whose figure is not particularly sylph-like! Features are the loose roll collar and the row of buttons on shoulder and sleeves. It is an informal style that is as comfortable as it looks and should be unusually popular. The original jumper looked charming in deep rust with green buttons and belt.

Pattern No. K19 contains illustration, material requirements, measurements and full instructions for knitting and make-up of the jumper.

Send sevenpence in stamps for this pattern to:—

"RECORD KNITCRAFT," P.O. Box 1680, WELLINGTON.

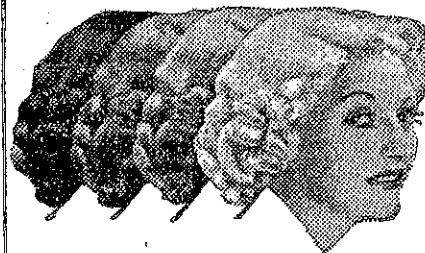
Write plain pattern number K19, your name and address.

OFTEEN when paint brushes have been laid aside, they become hard and dry. To remedy this, heat some vinegar to boiling point, immerse the brushes, and allow them to simmer for about a quarter of an hour. Then wash them in hot soap suds, when they will be as good as new.

THE simplest and cheapest way of cleaning bunny wool articles is as follows: Sprinkle well with finely-powdered and perfectly dry starch,

then place in a clean paper bag with more starch. Shake the bag very well, then leave for several hours. Shake again for some minutes, then take out the article and shake free from powder in the open air.

MOTHERS who have difficulty in making their children eat spinach, should try sprinkling a dessert-spoon of sugar over the spinach while it is cooking. The flavour is greatly improved.



How to Bring Back that "Lighter" Golden Radiance to Darkened **FAIR HAIR**

All shades of Fair Hair given that
"Lighter" more lustrous colour by
amazing new "ViteF" Sta-blond

Here is the quick scientific but easy way to bring out the lighter radiant loveliness of all the darker fair hair, from ash blonde to brownish. Wash your hair with Sta-blond, the shampoo which coaxes out the lustrous natural lighter colour which alone make true fair hair so attractive. Sta-blond will make your hair from 2 to 4 shades lighter, according to your type. Light fair hair can never darken as long as you use Sta-blond, the safe shampoo which contains no injurious bleaching or dye. Because it contains the precious ViteF, this new shampoo prevents brittleness and dandruff, and rejuvenates the roots. Your perm takes better, too. Try Sta-blond yourself, today or insist that your hairdresser uses it. New Sta-blond contains enough for two shampoos.

STAY FAIR WITH STA-BLOND

"Have you tried Stablond Wave-Set yet? It doesn't leave the hair sticky, dries quickly, and actually lightens fair hair."

Rid Kidneys Of Poisons And Acids

Your Kidneys are a marvelous structure. Within them are 9 million tiny tubes which act as filters for the blood. When poisons and acids attack them you suffer from Burning, Itching Passages, "Getting Up Nights," Leg Pains, Dizziness, Rheumatism, Lumbago, Nerviness, Circles under Eyes or Swollen Ankles, etc. Ordinary medicines can't do much good. The cause must be removed. **Cystex** rid Kidneys of poisons and acids in 2 hours, therefore a speedy end to kidney troubles. In 24 hours you'll feel fitter, stronger than for years, in 8 days, complete health is restored. **Cystex** is guaranteed to put you right or money back. Ask your Chemist for **Cystex** today. The guarantee protects you.

VITAL FACTS

IMPORTANT TO MARRIED PEOPLE

Every married person, and those intending to marry, should send for a copy of

THE HUSBAND AND WIFE'S HANDBOOK.

Written by Dr. Alcott, leading London specialist on subject of birth control.
POST FREE in plain wrapper for 1/-.
(Postal Note or Stamps) from

Chemists' Supplies Co.
DEPT. R., BOX 1178,
CHRISTCHURCH.

