STOP GUESSING Learn the TRUTH atout the MEALTH Question NOW! Send for Latest Edition "LADIES" MEALTH GUIDE."

Reveals Amazing New Health Secrets.

Intelligent women to-day want the truth about the vital question of their nealth. This is but part of the growing appreciation of the human body and its functions. Every wife and mother knows that the source of infinite blessings arises from good health. She knows she cannot do her duty to her family, or herself, if she is continually menaced by pain, distress and suffering such as splitting headaches, shooting neuralgias, a dull aching here, sharp pains there, "nerves," down-dragging backaches, cramps, dizziness, exhaustion, constant fears, alternate fits of sobbing and laughing, stomach distress, bladder complaint, constipation, etc. How many homes have been wrecked by constant ill health? How many homes have been impoverished by the high cost of medical attention, operations? By learning the truth about her sickness as revealed in this remarkable book, every married woman will know how to avoid trouble, distress and disaster.

a book of intimate PROBLEMS

Here is a book of truth and fact! Here is the real solution to many of women's biggest problems. It grips you with the truths that are both personal and confidential. It gives you definite and practical information of the vital workings of Nature. It tells you the plain fact about your ill health. By learning the simple truths revealed in this book of facts, more than 3,500,000 women in Europe and America have found the real solution to their biggest problem. They have learnt the intimate and fundamental laws of Nature.



They have gained a true knowledge of how to guard the health of themselves and their families. They have restored their health, charm and attraction, banished endless doctors' bills, rid themselves of pain and sickness and now enjoy Peace of Mind, Health, Happiness and Contentment. They have solved the problem of most unhappy marriages.

how sickness ruins Marital Happiness

Instead of being bright, charming, attractive, lovable—the idol of her husband and her family—many a woman, through constant suffering becomes dull, uninteresting, peevish, unaffarctive. She loses all her old appeal and becomes irritable, discontented and unhappy. Marital happiness depends upon a continuance of the joyous moments that come during sweetheart days. And if she can hold obto such supreme happiness, it is more than worth while to every woman to acquire the knowledge that will bring hee day after day and year after year dependable health.

SEND NO MONEY! This knowledge is FREE. Ill health and doctors' bills are probably robbing you of happiness, vigorous, thrilling Health is your Natural heritage. Learn how to avoid the soulscorching sorrows that wreck the marital craft and make the future dismal and hopeless, if you are married, post the toupon with 3d stamp to cover postage, etc., and your copy of the book will be sent. Act now. To-day is none too soon to know the facts—C. Sinclair, P.O. Boy 1769, Auckland, N.Z.

C. SINCLAIR,
P.O. Box 1769 (Dept. R),
Auckland, N.Z.
Enclosed find 3d stamp, Please forward Free copy of "Ladles" Health
Guide,"

Mrs.

Town RR 22/4/38

RUPTURE CAN BE CURED

No operation or detention from business. Cures when all trusses fail SEND TO-DAY FOR BOOKLET.

A. W. MARTIN,

Rupture Specialist.

62 Royal Terrace, Dunedin.

To toil and sweat for bread and bed. Till strength and youth and hope have fied, Is still the squalid fate of all Who seal their ears to culture's call. Before assistance comes too late, Prepare to foil the stings of fate. For bronchial allments aid assure, Remember Woods' Great Peppermint Cured

Stone the Crows!

ANNOUNCER Children's session, 4ZB, April 10, 5.55 p.m: 'She hung her head and her flaming face covered her hair.'

A Long, Long Day.

ANNOUNCER, 1ZB, April 1: Nineteen-sixteen-April 28. What a remarkable week that was!

Worn Reclining, Of Course.

MARGOT, 2ZB, 11.35 a.m., April 8: "And on your black jersey silk frock put three rows of green sham running from the neck to the hem line. You'd be surprised how slimming these long horizontal lines are.

The Flowing Cravat.

SHOPPING reporter, 1ZB, 11.45 a.m. April 8: "I have something to say to the men about the uncrushable linen ties, in the spot and square design, and I'm sure they'll suit them right down to the ground."

Whee-e!

ANOUNCER 3ZB, April 8, 9.36 p.m. (describing skating): "This is certainly one of the highlights-her leg is right up in the air now.

Start Saving, You Kids!

A UNT DAISY, March 31 (advertising vacuum cleaners): Easter is coming, boys and girls. How about giving mother one for Christmas?

Handy Man, JACK MAYBURY, 3ZB, 9,15 p.m., April 9 (at amateur trials): "He had two knives in each hand and his mouth-organ in the other.'

Gug! PETER, 2ZB, Sunday, April 10: "Some of the passengers came



through the Suez on the boat-others were picked up at Aden—at the bottom of the Red Sea!!"

W-hat? A NNOUNCER 2ZB, Monday, April 11, 5.27 (children's session), "He wore a hat eight or nine inches taller than himself."

Motorists Don't Go.

ANNOUNCER, station 2ZM, 8.15 p.m., April 10: "You have been listening to the service broadcast from St. Andrew's Pedestrian Church."