

ling of ground rice. Pour the mixture into the tins. Bake in a medium oven for about 20 minutes. Turn out on a clean tea towel to cool. Then join together with the following filling: Sift into a basin 1 cup icing sugar, pinch salt, add 1 tablespoon butter, 2 tablespoons ground almonds, and a few drops each of Hansell's cloudy food flavourings, almond and banana, add just enough milk to beat to a nice consistency. Ice the top with coffee icing, sift 4 tablespoons icing sugar, add 1 dessertspoon coffee essence, and just enough milk to mix well, spread on top of cake and sprinkle with chopped baked almonds.—Mrs. P. W. (Onehunga).

Carrots

A RECIPE for cooking and serving carrots, which you will find a nice change: Scrape and cut carrots into rounds and cook in the usual way. Make a sauce with the following: Break an egg into a small saucepan and beat well, add $\frac{1}{2}$ cup milk, cup vinegar, 2 tablespoons sugar, saltspoon salt, $\frac{1}{2}$ teaspoon mustard (mixed first with water), stir well and allow to boil for a minute, then thicken with a small teaspoon cornflour. Pour over carrots and serve.—Mrs. W. D. (Thames).

Pikelets

This is a very good and economical recipe. Take 16 heaped tablespoons flour, 4 tablespoons sugar, 2 teaspoons baking soda, 2 teaspoons cream of tartar, $\frac{1}{2}$ teaspoon salt, 1 large tablespoon golden syrup, 1 large tablespoon melted butter, 1 egg, milk and water to mix. Method: Mix all dry ingredients together, break in egg, add syrup and milk; when right consistency add melted butter. To cook: Have moderately hot girdle and grease with small piece of suet. This mixture makes between 80 and 90 pikelets.—Mrs. M.B. (Miramar).

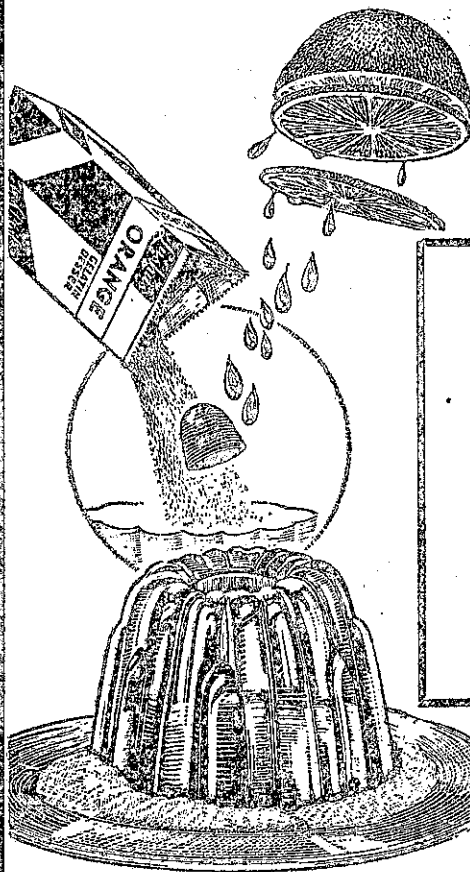
Liver Shape

INGREDIENTS.—1lb. liver, $\frac{1}{2}$ lb. fat bacon (cut in thin rashers), $\frac{1}{2}$ lemon, spice, seasoning. Method: Mince the liver finely, chop a quarter of a pound of the bacon and mix with the liver. Season with pepper and salt and mixed spice. Add sufficient lemon juice to make a paste. Line a round cake tin with the remaining rashers of bacon, put in the paste and cover top with rashers. Put in the oven and bake for one hour. Leave shape in tin until wanted, then dip in hot water and turn out, and arrange on a dish.—Miss E. McD. (Oamaru).

Dad's Cake

TAKE 1lb. flour, $\frac{1}{2}$ lb. butter, $\frac{1}{2}$ lb. brown sugar, 3 eggs (if cream is used omit one egg), $\frac{1}{2}$ lb. currants, 2oz. sultanas, 1 tablespoon marmalade, 1 tablespoon syrup, 1 teaspoon soda, 1 scant $\frac{1}{2}$ cup sour milk or cream, vanilla to flavour. Beat butter and sugar to cream, add eggs well beaten, milk and soda, flour, flavoured fruit, etc. Bake about two hours.—Mrs. S.G. (Rotorua).

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