

(Continued from page 51.)

sugar, one tablespoon strong made coffee, small piece of butter. When iced, place almonds on the plain biscuits. Decorating thus in two ways gives variety to the appearance of the biscuits when arranged on a plate.—Mrs. J.H.M. (Hamilton East).

Baked Trout

PUT trout in baking dish with $\frac{1}{2}$ cup vinegar, 2 tablespoons butter, pepper and salt to taste. Bake 1 hour. When cooked, take flesh from bone and skin. Pour vinegar and other ingredients over it. Serve hot. It is delicious, either hot or cold.—L.A. (Wanganui).

Savoury Omelette

TWO eggs, 1oz. butter, 2 tablespoons seeded sultanas, 2 tablespoons minced ham, 1 dessertspoon mustard pickles, salt and pepper. Break eggs, beat lightly, and add all except butter. Melt butter in frying pan, pour mixture in and stir until it begins to set. Shake pan occasionally over into an oval shape. As soon as outside is set and a golden colour, turn

After You, Who?

ON the opposite page to-day we introduce a new feature—small and pithy paragraphs about well-known and popular New Zealand women. This page will appear weekly in the women's section.

on to a hot dish and garnish with chopped gherkin. Good for lunch.—Mrs. F.M. (Henderson).

Iced Currant Fingers

QUARTER-POUND butter, 2oz. sugar, $\frac{1}{2}$ lb. flour, 1 egg, 1 tablespoon milk, 3 oz. currants, pinch salt, $\frac{1}{2}$ teaspoon baking powder. Sift flour and baking powder, rub in butter, add sugar and fruit. Mix the egg yolk and milk together and stir into flour, etc. Roll out. Beat the egg white well and stir in 4oz. sifted sugar (icing) gradually. Spread this over the biscuit, cut into fingers, and bake in moderate oven 20 minutes.—Mrs. F.M. (Henderson).



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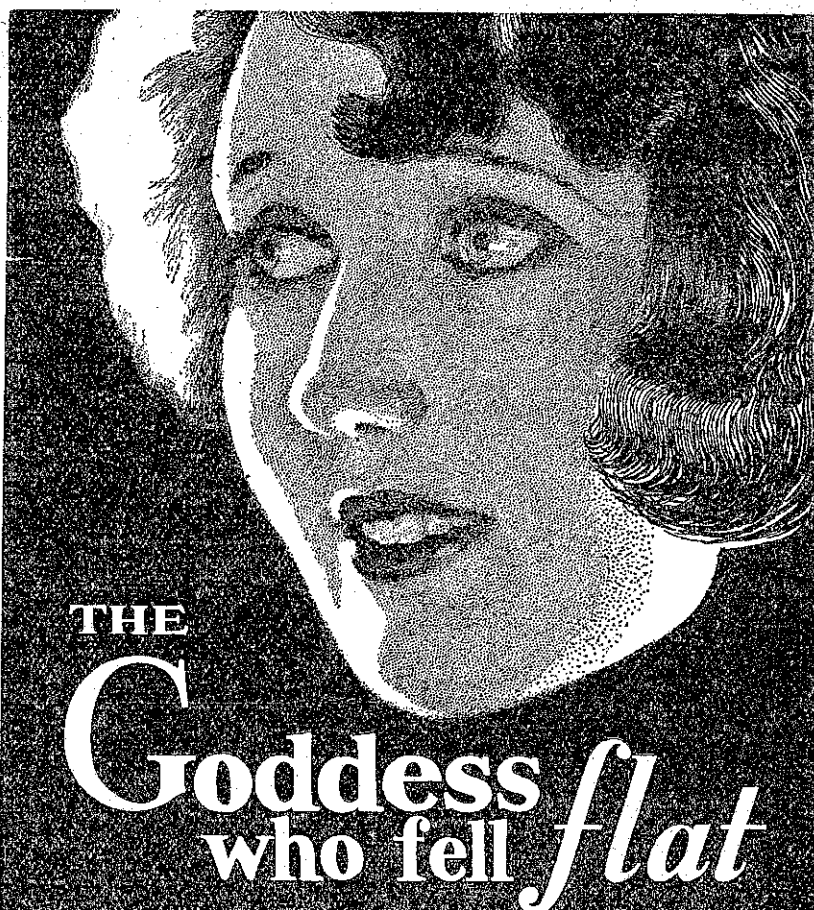
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SLIMZALL



THE Goddess who fell flat

THE Auckland papers called her one of New Zealand's prettiest girls. At college they nicknamed her "The Goddess." Everybody predicted great things for her. Popularity. A career. Successful marriage. But she didn't live up to a single prediction. As the saying is, she "fell flat." Of course she did! So would any girl with the same trouble she had.

DO YOU OFFEND? PROBABLY

The only one who doesn't realise that he or she has halitosis (unpleasant breath) is the victim. Social ostracism follows. Surveys show 1 person out of 3 is a victim—due to the fact that the mouth is the constant scene of germ activities, many of which result in bad breath.

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