(Continued from page 55),

of 2 egg whites beaten very stiffly with 2 tablespoonfuls easter sugar, cover top of pie and return to medium oven until meringue is pale golden brown.

—Mrs. E.A.B. (Dargaville).

Delicious Tea Dish

MINCE up any left-over cold meat, season to taste. Then whip up an egg with a pinch of salt. Add about toup of milk, a cup of flour, also a teaspoon of baking powder. Add minced meat to the batter, stir well, and bake in greased roasting dish till brown. Serve hot with any sauce.—Mrs. F.C. (Te Kulti).

Stuffed Apples

ARGE cooking apples, strawberry jam, blanched almonds, castor sugar, butter. Wipe the apples, remove the cores, and cut through the peel all round, midway between the top and the widest part. Put a teaspoon



[Each week six contributions to the recipe page are awarded stars—the prize-winning recipe receives three stars and a half-aguinea, two recipes are given two stars and three recipes one star each. At the end of the year the contributor who has collected the greatest number of stars will be awarded a prize of two guineas and the runner-up one guinea. Below are this week's star winners.]

(and 10/6 prize)
Mrs. A. C. M. Parkinson, Crofton
Road, Marton.

Mrs. R. Duxfield, Turua, Thames Valley; Mrs. C. S. Lewin, 11 Warrington Street, St. Albans, Christchurch.

Miss E. Brown, 75 London Street, Dunedin; Miss May Adams, 7 Austin Street, Wellington; Mrs. A. Paddison, Port Fitzroy, Great Barrier.

of jam in the hollow of each apple, add chopped almonds to half-way and fill with castor sugar. Place in a baking-dish, put a small piece of butter on the sugar in each apple, add enough water to cover the bottom of dish. Bake slowly until apples are done.—"Welshie" (Rotorua).

Rice Pancakes

TAKE 20z cooked rice, I pint milk, 2 eggs, 40z. flour, 20z butter, little essence lemon, Ioz. sugar. Put flour into a basin; drop in the eggs and mix well. Add the milk gradually, and the rice. Heat some butter in a frying pan, drop in one tablespoon of the mixture at a time. Fry golden brown: drain on paper. Pile on a dish and sprinkle with sugar.—Mrs. J.E.H. (Oamard).



You can TEST the SLIMFORM GIRDLE and BRASSIERE For 10 DAYS at our expense!

WB want you to try the Slimform
Perforated Girdle and Uplift
Brassiere. Test them for yourself—
in your Own Home—for 10 Days at
Our Expense. Then, it you have
not reduced at least 3 Inches around
WAIST and HIPS, they will cost
you nothing!

THEMASSAGE-LIKE ACTION REDUCES QUICKLY, EASILY, and SAFELY

The massage-like action of these astounding Reducing Garments takes the place of months of tiring exercises. It removes surplus fat and stimulates the body once more into energetic health.

KEEPS YOUR BODY COOL AND FRESH

The ventilating perforations allow the skin pores to breathe normally. There is no irritation, chafing of discomfort, it keeps the body cool and fresh at all times. It gives perfect freedom of action whilst walking, dancing, golfing, swimming, surfing and at all sports.

NO DIET, DRUGS, OR EXERCISES I

In The wonderful part of the Slimform Girdle method of reducing, is its absolute Safety and Comfort. You take No Drugs—No Exercise—You take Normal Meals — and vet we Guarantee you will Reduce at least 3 Inches in 10 days or it will Cost You Nothing!

SEND FOR 10 DAYS FREE TRIAL OFFER

- M You can prove to yourself quickly and definitely whether or not this efficient Slimform Girdle will reduce you. You do not need to risk one penny, try it for 10 days . . . then send it back it you are not completely astonished at the results.
- Do not wait any longer as the offer is limited. Send 1d. stamp for Leaflet Ultustrating and Describing the Slimform Girdle and Brassiere and particulats of the 10 Days Free Trial Offer

SLIMFORM GIRDLE CO., 703R, DINGWALL BUILDINGS, QUEEN ST., AUCKLAND, C.1.