

**A WONDERFUL OFFER:** TO OUR NEW ZEALAND READERS,

**Reduce**  
and HIPS  
10 DAYS WITH

**YOUR WAIST**  
**3 INCHES IN**  
the **SLIMFORM**  
**PERFORATED**  
**GIRDLE**

WEAR IT FOR  
10 DAYS AT  
OUR EXPENSE

"I read an ad. of the Slimform Co. and sent for their FREE folder"

"They actually allowed me to wear the Slimform for 10 days on trial..."

"The massage-like action did it . . . the fat seemed to have melted away"

"In a very short time I had reduced my hips 9 inches and my weight 20 pounds"

**You can TEST the**  
**SLIMFORM GIRDLE and BRASSIERE**  
**For 10 DAYS at our expense!**

**WE** want you to try the Slimform Perforated Girdle and Uplift Brassiere. Test them for yourself—in your Own Home—for 10 Days at Our Expense. Then, if you have not reduced at least 3 Inches around **WAIST** and **HIPS**, they will cost you nothing!

**THE MESSAGE-LIKE ACTION**  
**REDUCES QUICKLY, EASILY,**  
**and SAFELY**

■ The massage-like action of these astounding Reducing Garments takes the place of months of tiring exercises. It removes surplus fat and stimulates the body once more into energetic health.

**KEEPS YOUR BODY COOL**  
**AND FRESH**

■ The ventilating perforations allow the skin pores to breathe normally. There is no irritation, chafing or discomfort, it keeps the body cool and fresh at all times. It gives perfect freedom of action whilst walking, dancing, golfing, swimming, surfing and at all sports.

**NO DIET, DRUGS, OR**  
**EXERCISES!**

■ The wonderful part of the Slimform Girdle method of reducing, is its absolute Safety and Comfort. You take No Drugs—No Exercise—You Eat Normal Meals—and yet we Guarantee you will Reduce at least 3 Inches in 10 days or it will Cost You Nothing!

**SEND FOR 10 DAYS**  
**FREE TRIAL OFFER**

■ You can prove to yourself quickly and definitely whether or not this efficient Slimform Girdle will reduce you. You do not need to risk one penny, try it for 10 days . . . then send it back if you are not completely astonished at the results.

■ Do not wait any longer as the offer is limited. Send 1d. stamp for Leaflet Illustrating and Describing the Slimform Girdle and Brassiere and particulars of the 10 Days Free Trial Offer

**SLIMFORM GIRDLE CO.,**  
703R, DINGWALL BUILDINGS,  
QUEEN ST., AUCKLAND, C.I.

## How To LISTEN

### Keith Barry's Musical "Bradshaw"

IT is doubtful whether Australia has ever before given us such a splendid half-crown's worth as Dr. Barry's handbook of 128 pages, "Music and the Listener." To have heard Dr. Keith Barry's plain, unvarnished radio talks is perhaps the most fitting introduction to this splendid little book.

Naturally it is chock-full of "Barryisms," and if that illusive person, the "average listener," gives it intelligent and patient attention he will derive vastly more benefit from his future wireless-listening than was ever before possible. No radio listener requires to pass examinations in musical theory to become an intelligent appreciator of the real essence of the music now being broadcast almost all day and every day. Of course one must have some desire to journey in that direction, but given that, the doctor's "Guide to Musical Understanding" will help materially.

He tells the truth about chamber music, discourses very ably indeed on vocal music, tells us how to listen to military bands, and explains just what "classical" music is, how instruments grew up, and what their place is in music. He gives practical hints to listeners and explains musical terms and how to pronounce these and the names of the composers. What would you more?

By way of example of what I have called "Barryisms," let me quote some wise words from his practical hints to listeners:—

"When gramophones first came in, to be followed in a little while by radio sets, everyone thought that there would never more be any need for children to be taught music, unless they were intending to be professional musicians. As well to argue that children need not be taught English composition because authors provide all the books we want. Now that music is such a widespread art the need for studying it is more urgent than ever.

"The trouble is that in the past we have spent a great deal of time and money trying to make every infant a concert performer instead of a music student. We don't teach children Shakespeare so that they might recite it on the slightest provocation. Yet, many a parent has Mary taught music only that she might 'play a piece' when the visitors come.

"The first thing to do in approaching the subject of music study is to realise that we pay attention to it for the same reason as we study English, history, or geography . . . not that we might get up and recite it in public, but that we may have information on something that will be useful to us."

Thus the author sums up in a few terse sentences what needs to be said over and over again. In my opinion, Dr. Keith Barry is a sure and safe guide to accompany anyone on a musical pilgrimage.

"Music and the Listener." Dr. Keith Barry. Robertson and Mullens, Melbourne. Our copy from the publishers.

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