

Hair-dressing Beauty Culture

TUITION GUARANTEED

Terms £20 Full Course.

JAY'S N.Z. COLLEGE, Dwan's Bldgs, Willis St., Telephone 43-589.

(Perm. Waving, 10/6.)



"Am I losing his love?"

If you were frankly told that nerves—caused by over-work, sleeplessness, under-nourishment—were widening the gap between your husband and you, would you not do everything in your power to get better and thus safeguard his love?

Yes, nerves can be banished, pleasantly and effectively. Wincarnis, the fine old tonic-wine, can do just this for you.

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Household Hints

(Continued from page 63).

FOR a plain sleeve: Before tacking sleeves into any garment, stitch around the top about in from the edge with a long machine stitch. The sleeve can then be "eased" to fit the armhole without any gathers being noticeable.

CLARIFY dripping for cakes and when it is required beat it to a cream with a little lemon juice and as much carbonate of soda as will go on a threepenny piece. If you try this method no one will know that dripping instead of butter has been used.

A FTER having cut a cabbage, make two cuts, crossed, in the stem that is left. In a very short time each of the quarters will produce a small cabbage, which forms a heart and tastes quite as nice as the original.

A GOOD idea is to keep in the sewing basket several rolls of good tape of different widths for mending small holes or tears in white garments. These make much neater patches than cloth because the selvedge needs no turning under. It will be smooth and can easily be stitched on by machine.

WHEN cleaning a grate make a pad of cloth and rub soot from the back of the grate or flues on all the greasy parts before black-leading. This removes all grease and produces a brilliant polish. Footmarks will not show on polished floors if the beeswax and turpentine is mixed with a small quantity of linseed oil and afterward polished with a soft cloth.

CORK mats can be painted at home so that they can be used without linen mats, and thus lessen the laundry bill. Wash them in hot water to free them completely from grease, dry thoroughly, and paint with a good cellulose paint, taking care to preserve an even surface.

WHEN boiling corned beef or mutton for dinner take some split peas that have been soaked in water for several hours overnight. Tie them in a cloth loosely to allow for swelling. Put in pot with meat and boil until they are cooked to a flour, then season with pepper and salt and add a little butter. Serve hot with the meat.

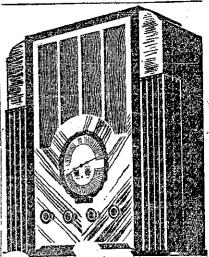
WHEN roasting a sirloin, if it is first rubbed all over with olive oil, then half an hour later a large tablespoon of olive oil is basted over the meat, you will always have nice soft dripping. If no olive oil is obtainable, three tablespoons of melted butter used in the same way is a good substitute. Strain the hot fat through butter mustin.

NITTED socks and other woollens will never shrink if, before they are ordinarily washed, they are treated in this way:—

Place the articles in tepid water and wring gently so that they are damped right through. Next place them in a bucket of cold water and leave overnight Then hang them on the line without wringing.







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