

Household Hints

A **WAFER** biscuit, placed on the plate before ice cream is put on, will prevent the ice from melting quickly or slipping about on the dish.

A **PIECE** of chamois leather run over the skin after using liquid powder gives a lovely matt finish.

If you wear your hair shingled, have it trimmed a day or two before you go to a party. Don't allow clippers to be run over the nape of your neck, but have the hair "tidied up" with scissors. If the hair roots show up dark, they can be dabbed with peroxide (10 vol.).

ADD a few drops of lemon juice when boiling white fish, rice, or white vegetables, such as celery. Besides bringing out the flavour, it keeps them white.

YOUNG green dandelion leaves, boiled or steamed, make an excellent substitute for spinach, and can be served with poached eggs in the same way.

AS a medicine, a teaspoonful of unsweetened lemon juice in a glass of warm water is an effective gargle for sore throat. A table-spoonful mixed with the same quantity of honey is also soothing.

FOR the brunette with very fair skin and black hair nothing quite equals rachel powder with just a hint of blue in the rouge. And for the darker brunettes deep peach or tan powder with deep carmine rouge and lipstick is best.

HERE'S for a spotted skin: Cleanse first, of course. Rub on foundation cream, and pat on powder liberally—do not rub on, for the powder must combine with the cream to make a thick coating. Use more foundation cream over this and again more powder. A third powdering will pretty well cover up those spots. Or you can get the cream and powder mixed in tubes. It is imported; a little goes a long way. This is even more effective.

DO you break your finger nails? Hold the split parts together, coat them with enamel, moisten a piece of white court plaster, put this on, and cover with two coats of pink or colourless enamel. This makes a washable mend which is good for a day or so, and can be renewed as long and as often as you wish. This is a good thing to know, for a broken finger nail can ruin one's appearance and temper! Adhesive tape is even more practical, but not so invisible as court plaster.

AUTUMN hats will be unusually varied in line, although in all there will be one point of resemblance—pronounced height of crown. One designer, when asked for a brief resume of the coming season's millinery, said: "You can wear anything. Take the inkwell, the telephone, a tea-cosy or a kitchen saucepan—almost anything—to a clever milliner and you'll be sure to get a wearable hat from the adaptation."

HOW TO WIN—AND HOLD, A MAN'S Admiration



HOW can I become truly attractive? How can I win admiration—and how can I hold it? Almost every woman wants to know this, because it is so important to a woman's happiness to know she is truly attractive. Screen and stage stars realise the importance of this and that is why they always seem to keep youthful. A vivid, youthful appearance is quite the most appealing charm a woman can have and you can easily achieve this.

Here's one secret you simply MUST know

Correct colour harmony in cosmetics is the secret of the Screen Stars' youthful charm, and once you obtain your correct Max Factor colour harmony, your make-up troubles will end—you will appear so much smarter and more youthful looking. When you marvel at the beauty and charm of the Screen Stars, remember that it is Max Factor's colour harmony in make-up—with harmonised colour tones in face powder, rouge and lipstick, that has helped to make them appear so alluring. Make the Max Factor chart your guide. It will show you a new way to beauty. Fill in the coupon at the side and post it now.

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