

Household Hints

WHEN a chicken is old, the flesh often looks dark. A slice or two of lemon boiled with it will whiten the meat.

TO make lemon milk, grate the rind of a lemon and squeeze out all the juice. Put both in a saucepan with half pint of milk and half pint water. Boil up, strain through muslin, sweeten with a dessertspoonful sugar and serve very hot.

A LITTLE pale green powder mixed with one that is too pink will soften the tone and give a natural bloom to the complexion.

AN old silk stocking stuffed into the form of a sausage, covered with a remnant of cretonne and the ends tied with ribbon, makes a useful draught excluder at the foot of the door.

TO make candles last double time, take each by the wick and coat with white varnish. Dry and harden. The varnish forms a cup to hold the grease, which cannot run to waste.

IF the hair is greying rapidly, it is wise to make frequent use of a shampoo for white hair which carries a blue rinse. This will enhance and encourage the silver-white effect, and help to remove that half-and-half look, which is far from attractive.

DOUBLE chins can be kept at bay by patting, not rubbing, some skin food into the soft skin under the chin every night.

IF you regularly massage warm olive or almond oil into your scalp, the night before a shampoo, your hair will soon become glossy with health and beauty, and tend to lose its brittleness and desire to fall out.

THERE are few better hair tonics than rosemary. This recipe makes a splendid shampoo: Spirit of rosemary, 2 ounces; sapon, mollis, 1 ounce; ext. quillaia liq., 2 ounces; liquor ammonia, 1 ounce; distilled water, add 8 ounces. Two tablespoonfuls to be added to a pint of warm water.

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