

a pale brown. Cool and ice with coffee icing.

Icing:—Put 2oz. of butter into a basin and beat to a soft cream, add $\frac{1}{2}$ lb. sieved icing sugar, and beat together until like whipped cream, then gradually add 1 dessertspoon coffee essence. Ice each finger and place pieces of walnut on top.—Mrs. H. (Auckland).

Marrow Pasties.

TAKE 2 large tomatoes, $\frac{1}{2}$ medium-sized marrow, 1 tablespoon chopped onion, 2oz. chopped ham, 1 egg, salt and pepper, parsley and breadcrumbs.

Fruit Salad Au Rhum

THIS is a real luxury, but it is a means of preserving fruit as it comes into season. A gallon crock or jar is required, a bottle of good rum, various kinds of fruit, and one pound of sugar to each kind of fruit. Fruit used must be ripe, perfectly fresh, and carefully prepared according to its kind. Put the rum into the jar with one or two kinds of fruit with their allowance of sugar. Stir occasionally and keep covered. Add other kinds of fruit as they ripen and more sugar, always keeping the salad well stirred. When the jar is full, cover down and use as required. This will keep indefinitely, and is delicious served with sponge or angel cake.—Mrs. W.E. (Napier).

Make some short crust and cut into rounds the size of a saucer. Boil marrow till tender, drain and mash with salt and pepper, skin tomatoes, partly boil, mash and add to marrow with onion, ham and finely-chopped parsley, and sufficient breadcrumbs to make the mixture fairly firm. Put a tablespoon on each round of pastry, pinch edges together, brush over with egg, and bake in a quick oven 20 to 30 minutes.—Mrs. J.A. (Napier).

Pineapple Julep

TWO tins of pineapple or 1 large pineapple, 2 oranges, 2 lemons, 1 cup sugar, 1 pint water, $\frac{1}{2}$ cup raspberry syrup, soda water. Put two tins of pineapple into a saucepan. If fresh fruit, peel and cut into small pieces, retaining the juice. Add the sugar and two cups water; boil together for 10 minutes. Add the raspberry syrup, orange and lemon juice. Allow to cool. Strain over cracked ice. Add soda water just before serving.

Boston Cream

ONE and a half pounds sugar, $\frac{1}{2}$ teaspoon lemon essence, 3 cups water, 2oz. tartaric or citric acid, 1 egg white. Boil water and sugar together. Allow it to cool. Add the essence, tartaric acid, and stiffly-beaten egg white. Stir well and bottle. Add 1 tablespoon of the above mixture to $\frac{1}{2}$ tumbler of water with a pinch of bicarbonate of soda.

WHEN making steamed puddings, instead of tying string round the basin, use small rubber bands, which keep the paper or cloth quite water-tight.

Smart Women

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COMPLEXIONS	EYES	HAIR
Very Light... <input type="checkbox"/>	Blue... <input type="checkbox"/>	BLONDES
Fair... <input type="checkbox"/>	Green... <input type="checkbox"/>	Light... <input type="checkbox"/> Dark... <input type="checkbox"/>
Creamy... <input type="checkbox"/>	Grey... <input type="checkbox"/>	BROWNETTES
Medium... <input type="checkbox"/>	Dark... <input type="checkbox"/>	Light... <input type="checkbox"/> Dark... <input type="checkbox"/>
Ruddy... <input type="checkbox"/>	Light... <input type="checkbox"/>	BRUNETTES
Sallow... <input type="checkbox"/>	Dark... <input type="checkbox"/>	Light... <input type="checkbox"/> Dark... <input type="checkbox"/>
Freckled... <input type="checkbox"/>		REDHEADS
		Light... <input type="checkbox"/> Dark... <input type="checkbox"/>

☐ If Hair is Grey, check above and here ☐

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Fair... <input type="checkbox"/>	Green... <input type="checkbox"/>	Light... <input type="checkbox"/> Dark... <input type="checkbox"/>
Creamy... <input type="checkbox"/>	Grey... <input type="checkbox"/>	BROWNETTES
Medium... <input type="checkbox"/>	Dark... <input type="checkbox"/>	Light... <input type="checkbox"/> Dark... <input type="checkbox"/>
Ruddy... <input type="checkbox"/>	Light... <input type="checkbox"/>	BRUNETTES
Sallow... <input type="checkbox"/>	Dark... <input type="checkbox"/>	Light... <input type="checkbox"/> Dark... <input type="checkbox"/>
Freckled... <input type="checkbox"/>		REDHEADS
Olive... <input type="checkbox"/>		Light... <input type="checkbox"/> Dark... <input type="checkbox"/>
Dark... <input type="checkbox"/>		
SKIN Dry <input type="checkbox"/> Normal <input type="checkbox"/> Oily <input type="checkbox"/>	ASHES (Color) Light <input type="checkbox"/> Dark <input type="checkbox"/>	AGE If Hair is Grey, check type above and here. <input type="checkbox"/>

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