

After All Pastry-Making Is Not So Difficult

How to Achieve the Difference Between Heavy and Light

HAVE you ever thought, when congratulating a friend on her "delicious mince pies," that the kind of pastry used has as much to do with their success as the fact that they are light and well baked? It's all in the art of pastymaking, and any housewife should be able to acquire this by following simple directions.

SOME people prefer a rich puff pastry, others find a short crust more digestible. Here are a few different recipes for the pastry for mince pies starting with the flaky variety.

To make this you need 1lb. flour, 8oz. lard, 6oz. butter, a pinch of salt, two teaspoons baking powder, water to mix.

Sift the flour, baking powder, and salt into a mixing bowl, add a dessert-spoonful of castor sugar, then rub in the butter gradually with the fingers.

Add sufficient water (the yolk of an egg is a great improvement) to form into a stiff paste, then roll out to a quarter of an inch thick on a lightly floured board. Cover the pastry with the lard, cut into small pieces, dredge with flour, fold the sides of the pastry inwards, then over in three.

Puff pastry is made with the following ingredients:—1lb. flour, a heaped teaspoon baking powder, a pinch of salt, ½lb. butter, a teaspoon of lemon juice.

Sift the flour, baking powder, and salt, add the lemon juice and sufficient

cold water to mix to a soft dough.

Place on a floured board and work with a knife until quite smooth. Roll out, spread a third of the butter cut into small pieces on the pastry, turn the ends over, and fold into three and roll out.

Repeat this process twice with the rest of the butter. After the final rolling cover the pastry with a cloth and stand in a cold place for two or three hours before using.

Here is a recipe for short pastry, the kind that melts in your mouth:—1lb. flour 8oz. butter, a pinch of salt, cold water, a small teaspoon baking powder.

Sift the flour, salt and baking powder, rub the butter in lightly with the finger tips until the mixture is fine and crumbly. Add sufficient cold water to form a stiff paste, then roll out.

If the pastry is liked sweet add two teaspoonfuls of castor sugar before rolling.

A plainer short pastry is made with 1lb. flour, half a teaspoonful of baking powder, ½lb. lard, or lard and butter

mixed, a pinch of salt, and cold water to mix.

Make it in the same way as for the short crust above.

Roll out again to the same thickness on a floured board, cut into rounds to line small greased patty tins, place a teaspoonful of mince-meat in each, brush the edges with cold water, and cover with a lid of pastry.

Press the edges together, prick the centre with a skewer, then brush the tops over with a beaten egg and milk and dredge lightly with castor sugar. Bake in a hot oven for 15 minutes.

Cool on a wire rack, and when cold store in a tin. Heat up when required.

Shorter and Shorter

Hairdressing Styles for Hot Weather

HAIR is getting shorter and shorter.

The newest coiffures are drawn up at the back to reveal the nape—and why not? An ugly nape is very rare. On the contrary, forehead-revealing coiffures are not always flattering. So we put some kind of semi-fringe or curl in front. Platinum blondes have given way to pink blondes! Very fair hair is given a pink rinse to produce a warm, golden tone instead.

FILM and theatre are undoubtedly responsible for much of the hairdressing ardour of the dapper girl of to-day. And they are responsible, too, for the many of the mistakes she makes!

On being smitten by a new style, don't rush to adopt it just because the flatterers of your own immediate circle are sure it would suit you. The decision is really important, and it is advisable to consult a hair-dresser, who will adapt and modify styles according to the individual character of the face. He can tell at a glance exactly how to match his sitter's hair with her general appearance. He can conceal weak points and accentuate good ones. In short, he can mould your head as a sculptor moulds his clay. Tactful and authoritative suggestions will often change that fixed idea of yours!

Permanent waving has been of great help to the hairdresser in securing pliability and a willingness on the part of unruly hair to stay "put." The "perm" has lost that frizzy look and, when done really efficiently, is hardly distinguishable from a natural water wave.

Soft, wide waves from the parting, and as few as possible, are infinitely more becoming than a crimp-looking succession of waves across the head. The classic style of coiffure, fitting closely to the head, is very much in vogue just now. It is essentially the mode for the elegant woman with a small head, narrow face, and clear-cut features. Worn by a girl with a round, wide face, it looks ridiculous.



A NEW silk skin pantie with no seams or wrinkles, for wearing under tight-fitting frocks.

SUEDE court shoes in pastel shades, including sky blue, dusty pink and lime green. Worn with summer afternoon frocks.

A NOVELTY wooden buckle in the form of a kennel, with cut-out dog in relief. An actual metal chain is used.

SILVER tennis racquet brooches for sports wear.

TWEED shoes to match your costume. Made to order with your own material.

SMART white jumper for cruising. Short puff sleeves and

high roll collar. Knitted in purl stitch with contrasting stripes of sea blue. White beret with blue pom-pom to match.

A TRAVELLING rug, fitted with a zipp fastener which runs vertically up the front ensuring that the rug will retain its position when wrapped around a person.

A NOOTHER feature of this travelling rug is a special pocket for books or handbags, which is also fitted with a zipp fastener.

A NEW magnifying attachment for sewing machines for needle-threading and fine sewing without eye-strain.