THESE cheese biscuits are delicious - eaten with salad, or served in-stead of a savoury. Butter some

cracker biscuits, and cover them well with shreds of cheese. Place under the grill until the cheese melts and begins

to brown, and finish in the oven so that

they get hot right through. Serve at

THE following recipe gives a subtle

than a strong perfume. Mix together 41b. of powdered starch, loz. of pewder-

ed orris roots, some dried and powder-

ed lavender, or five drops of essence of

lavender, three drops essence of lemon. six drops of essence of bergamot. Pass

all through a fine sieve, divided into suitable quantities. Enclose in tissue paper and sew up in small silk bags.

fragrance which is more popular

# From the Woman's Point of View.

By VERITY.

## TO-DAY AND TO-MORROW

Comic Opera.

MUSIC and mirth hold sway at the Wellington Opera House, where nightly La Pompadour charms large audiences as she queens it in the pic-turesque gay court of that Louis of France in whose heart she reigned

Originally hailing from Vienna, the opera has been adapted by brilliant Mr. Lonsdale and Mr. Harry Graham, and it is outstanding in spectacular glamour and music that enthrals.

Gay and gladsome are the girls of the town on their first light-hearted appearance in crinolined draperies and tiny hats of a beguiling coquetry; of a stately dignity the court scenes, where bewigged and powdered ladies of high degree walk in beauty, clad in rainbow-hued, voluminous petticoats; while the men, with their laces and graces, their manners and mistresses, are leisurely and dignified in a more courtly age than ours. All the paraphernalia of that gay period is here, when beauty held sway, and royalty less decorous than in this year of grace.

As wilful woman incarnate, Miss Beppie de Vries rose to the require-ments of an exacting role with art and charm that were a revelation. Most attractive is her delicious accent, all the tricks of the trade are hers, and the gifts of cajolery possessed by the lovely Pompadour, as she trills her way into men's hearts in a voice capable of infinite modulation that in-

cites and caresses by turn.

In the part of the Comte d'Etrade would-be lover of the king's mistress, Mr. Frank Webster proves himself a melodious gallant indeed, and not to be gainsaid, very handsome in court suit of rose-coloured satin, bedecked and bedizened in a fashion that suits him well. Seductively warbled into the pink and willing ear of his frail and bewildering lady was the lovely 'Madame Pompadour' in the second act, its passionate beauty surpassing anything heard for a long time in this particular genre.

Amusing to a degree is Mr. Stignant as a tavern poet; using resonant voice with inimiatable talent for burlisque with eminent success; while Miss Vera Spaull, as the dancing, glancing, attractive maid of the Pompadour, played with natural vivacity that charmed, combined with aptitude for the nuances of low comedy and a gay gladsomeness that lost itself in the part. Miss Spaull's was a delightful performance, and the whole production admirable in composition colour and representation,

## From England.

THE Rev. Mr. Hardy Johnson, newly appointed vicar of All Saints' Church, Dunedin, will arrive by the Rotorua about July 14, and immediately take up his new duties. Mr. Hardy Johnson is accompanied by Mrs. John-son and a family of five.

## New Zealand Medico in Sydney.

BY the Sydney boat, Dr. D'Ath leaves for New South Wales, where his ability has been recognised by his appointment to a lucrative position. Dr. D'Ath will be greatly missed in Dunedin, which has been his headquarters for some years past, and where his attractive personality and musicianly attributes have found great appreciation.

## Our Stockings.

TT is remarkably interesting to trace he history of the stocking through a period of, say, 20 years. In our grandmother's day it was understood by thinking people that something was by thinking people that sawarm, but worn to keep the limbe warm, but very little more was known. If by accident a glimpse was caught of an ankle it generally proved to be covered by nice warm wool or cotton. Since then, womanhood has come into her own and long skirts have gone in the Western world, simultaneously with the veil of the Turkish woman, almost as though both were significant ges-tures denoting the emancipation of Women to-day is only half woman. Women to day is only half herself—the other half is her legs and feet. In other words, 50 per cent. of her appearance depends on how she is clad below the knees.

## Guumetal Shade.

THE origin of gunmetal as a shade in England and U.S.A. is to-day rather interesting. It appears that the gunmetal weight hose looks like the sheerest black possible. But in America and England to-day 75 per cent, of fashionable women wear nothing but this very light weight sheer silk hosiery for both day and evening wear. They, unfortunately, will not stand rough wear, but women will It needs wear them to be correct. a much finer silk to make these gossamer-like articles, and if they are handled carefully they will wear quite

well. They are worn at present by the ultra smart, and by the spring it is anticipated that Mrs. and Miss New Zealand will add this extra rethe demand will add this extra refinement to her wardrobe. To meet the demand of the people who cannot afford to run the risk of the fragile wear of the really sheered stockings, a kind of compromise will be provided by what is called a semi-service weight. These have the advantage of being cheaper than the heavy-service weight and the sheer weight, combin-ing the wearing qualities of the one with nearly the light appearance of the other.—Mrs. Thomas, 2YA.

#### Handkerchiefs.

THERE was a day when no woman would buy a handkerchief less than 15 inches square. That was 40 years The standard size for women's handkerchiefs to-day is 91 inches, but they are often a good deal less. In more than 18 inches.



Andrew, Photo.

#### MISS DAPHNE KNIGHT.

they are often a good deal less. In the old days men's handkerchiefs were 24 inches. Now 90 per cent. are no Players' production, "The Playwright," on Friday, July 13.

# WOMAN AND HER HOME

Cheese Biscuits.

Perfume Satchets.

once.

A Physician's Opinion.

THE craze for unnecessary dieting especially with the fair sex, is being carried too far. A fair amount of adipose tissue is essential for good health of mind and body.

It is the packing material of all the organs, and a shock-absorber against jolts and jars. There is a proper and due proportion between one's height and one's weight, and rigorous dieting to upset this proportion, is attended with harm, and even risk, as these examples only too clearly show. amples only too clearly show.

Besides, there is a heartiness of spirit and a capacity of resistance to misfor-tune among those whose bones and nerves are well covered and protected that are not so common among those of an opposite tendency.

It is the excessively thin who are all "nerves" and hysteria, and liable to attacks of depression, so why emu-late these?

A gracious outline may be better than a graceful one, and the efforts to attain the latter may be disastrons.

#### An Unusual, Economical Chutney.

INGREDIENTS: 3lb. rhubarb, chopped in short lengths; 1lb. moist sugar, or more if liked very sweet; 3lb. onion, finely minced; one dessertspoonful salt, the same quantity of mustard; one teaspoonful allspice (whole); six cloves; small piece of root ginger; and 4lb, chopped raisins. Boil all together till a nice rich brown colour—about three-quarters of an hour. Put into jars, and tie down when cold. This is delicious with cold meat.

## Put Handles on Your Mattresses.

MATTRESSES last much longer and are also much easier to turn if they have "handles" on each side. These can be made of straps of the tick in. wide, and of a length equal to the thickness of the mattress, and should be sewn on about 2ft. from either end-two on each side of the

#### Simple Method of Preserving Eggs.

HERE is the simplest of all methods for preserving eggs: Place a dozen new-laid eggs in a large handkerchief, gather the ends of the handkerchief together, and, holding firmly, dip all at once into a pan of fast boiling water, count ten, lift them out, dry the eggs, and wrap each carefully in newspaper. Store away in a closed box. They will keep for a year, and be as fresh as when new,

#### Glass Motor Mascots.

RENE Lutique, the artist whose designs in glass have been a source of joy and inspiration, is now turning out original motor mascots. The choice of designs ranges from quaint sea beasts to conventional prancing horses with stiff curly manes. Although the glass is not thick, it is guaranteed to remain intact in all but the most shattering of collisions.

## Het Crayfish.

THIS is an old-fashioned way of preparing crayfish, lobster, or crab. Break up the meat fairly small, butter extravagantly, lemon juice judiclously, salt, a little red pepper if it please you, and a glass of port or Madeira wine. Heat this in a pan and serve very hot. This is "such stuff as dreams are made of"-good dreams.

## Aigre-doux-Old French Recipe.

1 QUART vinegar (wine), 2lb. sugar, plums (melon, greengages, or any other soft fruit, not too ripe).

Soak plums in vinegar for 24 hours. Then remove them and put the sugar Boil hard for 20 in the vinegar. nutes, after which time drop out when swollen, but before breaking; it is advisable to prick fruit first to prevent this. Put in jars Delicious with

## A Sure Reniedy for Burns.

THE following, I consider, is the best possible remedy for burns, proved Now gently tear off the skin which adheres to the shell and apply (moist side, of course) at once to the burned part. Keep it in position with a rag or handkerchief. The pain will cease immediately, and no blister will form. The eggskin gets quite hard, and comes off gradually. The burn will leave no scar on the human skin.

## Almond Icing Substitute.

THOUGH almond icing is generally liked, some find it not easy to digest, and it is always expensive. The following is a reliable substitute: Half. a pound of very fine breadcrumbs, 41b. of icing sugar, one teaspoonful of almond flavouring, and the white of one egg to bind. Well mix and spread on Hillighter than the calibration of the ordinary way.

## "FAVOURITE NOVELS" COMPETITION

#### MONTHLY PRIZES FOR WOMEN READERS

To most women there is some book of especial attraction. It may be they find the story of enthralling interest. or perhaps the country in which the scenes are laid holds peculiar fascination. Again, the literary style may have a unique appeal, or some picturesque period in a historical romance.

For our Competition this month we invite readers to send the name of their "Favourite Novel," with the author's name, and a short summary, not exceeding 200 words, of the reason, or reasons, that it holds first place in the affections. A brief and interesting paragraph should be aimed at, conveying as far as possible the charm the book holds for you.

"The Radio Record" offers a prize of half-a-guinea for the best paragraph. The right is reserved to publish the whole or any part of any entry sufficiently original or striking (apart from the prizewinner) on payment of space rates. Entries must be written in ink, on one side of the paper only, and the name and address of the competitor should be written on the back of each entry.

The decision of the editor is final. A nom-de-plume may be used if desired. The "Favourite Novels" competition closes July 20, and the result will be announced on the women's page on

July 27.
All entries to be addressed "Verity," C/o "Radio Record," Box 1032, Wellington.

# The Letters of Annabel

MY dear Elisabeth:

With a candour and enthusiasm worthy of England's "gloomy Dean" himself, the Anglican Primate of CLAD in kasha of wine-red hue and New Zealand recently had something to say concerning manners and morals in this Dominion. True the words, and scathing the indictment that devastated smug self-satisfaction of many mediocrities. "To see ourselves as ithers see us" is an edifying and salutary experience, deoutspoken Archbishop delivered himmiration from those who admire sinhorizon, their trumpery cabbagepatch, and, protagonists of mediocrity flourish a foolish banner of criticism on all they cannot understand or appreciate.

THE pursuit of the daily crust, that poetic and elusive loaf of bread and jug of wine, encourages the adoption of unattractive callings. This morning, digging in my garden, which at the moment is anything but "a lovesome plot, God wot!" I found myself accosted by a confident stranger, with calculating eye and ingratiating smile. "How is your breadwinner?" he asked intimately. "Is his health good? Wouldn't he like to insure his life?" I made a dissenting murmur. "But surely hubby

from depressing that concerning a jokers thrown in. Benign and benethriftless and unfinancial old age ficent beams Mr. Baldwin, fair and looming in the offing.

excellent cut, with cunning incrustations of stone-colour, Joan was radiant, having secured the garment with much dexterity and little cash, together with small hat that matched exactly, at the cheapest of cheap sales in the south. Full of chat was ror upon horror of opium den and she, telling of a student friend, who, signed for our chastening; and the after winning a scholarship, is now at Columbia University, and having FORSAKING complexity for saner self of caustic criticism and plain met joint authors of the book on interesting to hear of the success of words of rebuke, thereby winning ad- Economics ably criticised by him, has been entertained by one of them. cerity in high places. Apart from who incidentally is one of the Four moral aspects, tiresome indeed are Million. Five hundred miles from those parochial people who flaunt New York is the country cottage of wearisome ego to the ennui of their this millionaire, and in its luxury world; being convinced that they of detail, its palatial bathrooms, walk better, talk better, know better warmed by blazing log fires, opening covered and achieved so much in than anyone else, and scorn all in out of each bedroom, has proved a fourteen short years of life is a reoutside their own narrow revelation of delight, a fairytale of markable feat, even in this age when ease and beauty, to the brilliant, simple student from New Zealand, accustomed to our sometimes plain WHICH reminds one of a decade ago the plums two or three at a time. Take living and occasional high thinking.

> ALSO, Joan described to me dignified tablet in the Dunedin Anglican Cathedral, to the memory of Nicholl window with its blowing poppies that some of us remember in old St. Paul's. Of grey granite, this tablet, its austere lettering flanked by alabaster angels of graceful beauty. "Never before have I met an angel in alabaster," finished Joan flippantly," although I know several in plus fours !"

ONE is glad to hear of the resusci can't be left uninsured!" in tones of show in London. Blooming in beauty Unwillingly I disclaimed side by side in waxen perfection, are matrimonial implication. "A widow fascinating figures of the present now, that's what you are !" in trium- and the past, priests and politicians phant assertion. "Not even a grass jostling one another, mondaine and one," came an aside from Joan, murderer, kings, queens and knaves, whose timely appearance saved me the whole pack, in fact, with a few

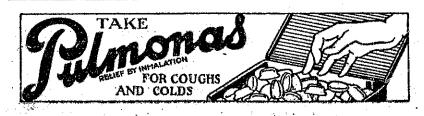
fat is Mr. Churchill; and our own dear King and Queen smile discreetly upon their flock, Mary the Good in elegant pearl-encrusted gown of that long length she loyally loves. Attached are kinema and restaurant, where may be obtained a sustaining diet vastly acceptable to a spirit surfeited with supping on hor midnight marauder.

conception and execution, it is a gifted girleen, Miss Joan Manning-Sanders, who, without aid or instruction, has won distinction by her picture of three strongly-drawn fishermen, which is hung on the line of this year's Academy. To have disserved.

when glad girls were snubbed on principle. Mr. Heughan tells a story of the time when, a diffident and cover like jam. boy, he approached his father with a request to have his voice cultivated. Bishop Nevill, and placed below that "Sing! Who do you suppose would ever pay good money to hear you sing?" asked the quelling Scottish time and again: Break an egg into a parent of the quiet youth with the cup, stand aside for use when wanted. glorious voice, and the makings of an artist. It was the way in those days. They meant no harm. I remember a curly-haired maiden, with no canity at all, but turning to life as a flower to the sun. "When I'm married," she said one day, "I'll have tation of Madame Tussaud's great a house in the hills and a garden of forget-me-nots." (It was a sentimental era.) "Marry! You! Nobody will ever marry you!" stormed stern relative, turning a scornful eye. And nobody ever did!

Your

ANNABEL LEE.



ORDINARY glass containers for bath salts often get a tiresome, smeared appearance after a time owing to the action of the soda. It is quite a good idea to paint these inside with one of the new cellulose paints, either in gold or silver, or in white. paint dries hard and shiny, and very quickly.

Tonking's Linseed Emulsion a Certain Cure for Coughs and Colds