

Domestic**By Maureen****RICE AND APPLE PUDDING.**

1oz whole rice, $\frac{1}{2}$ pint milk, 1 teaspoonful sugar, 2 apples (stewed). Method: Wash rice, cover with water, and boil till water is all absorbed. Pour on milk, and simmer gently about 20 minutes, till rice is soft. Sweeten. Grease small pie-dish. Put stewed apples at foot, pour rice on top. Place on a few pats of margarine or butter, and brown in the oven.

PLAIN SUET PUDDING.

$\frac{1}{2}$ lb flour, 2oz suet, $\frac{1}{4}$ teaspoonful baking powder, 1 teaspoonful sugar, grated rind of lemon, cold water or milk. Method: Mix dry ingredients. Chop suet finely. Add enough cold water or milk to form into a ball. Place in greased basin, and steam two hours. Serve on hot plate, and pour round one tablespoonful syrup—heated—with the juice of the lemon.

SWISS EGGS.

Ingredients: Two eggs, half an ounce of margarine or butter, one ounce of grated cheese, one and a-half table-spoonsful of milk, pepper and salt. Method: Melt half the margarine on fireproof dish, spread half the cheese on, then put in the eggs (whole). Season with salt and pepper. Add milk, and sprinkle the remainder of the cheese on top, with the margarine in small pats. Bake in a moderate oven till the eggs are set.

WELSH RABBIT.

Ingredients: Quarter of a pound of cheese, one small dessertspoonful of cornflour, one teacupful of milk, one teaspoonful of mustard, pepper and salt, pat of margarine or butter, toast. Method: Remove rind from cheese and cut into small pieces. Mix cornflour and mustard and seasonings together. Break down to a smooth paste with the milk. Put all in a pan, and stir over a slow heat till the cheese is melted and cornflour thickened. Pour on to hot toast, and garnish with parsley.

SWISS APPLE PUDDING.

2 apples, 1 gill water, 1 tablespoonful sugar, a little grated lemon rind, 1 slice bread and butter. Method: Stew apples with the water, sugar, and lemon rind. Remove crusts from bread and cut into fingers. Grease small pie-dish and put half the stewed apple at the foot of it, then half the bread and butter, the rest of apple, and bread again, with the butter side uppermost. Sprinkle a little sugar on top, and bake in oven for ten to twelve minutes, till the bread on top gets brown and crisp.

A MAGIC POLISHER.

Dissolve half a breakfastcupful of shredded soap in a breakfastcupful of boiling water, stir in three large table-spoonsful of whiting and a few drops of ammonia. Beat this till it is a smooth jelly. Have ready some squares of old flannel or linen. Leave these to soak in the jelly and absorb as much as they will. Squeeze slightly and leave to dry. These are magic polishing cloths. A rub will take tarnish off silver or metal.

THOSE RHEUMATICS!

There is scarcely a household at the present time where there are not sufferers, old and young, from rheumatism and kindred ills (says a writer in a Home journal). It will be good news to many such to learn that great relief has been experienced by many from a simple mixture of methylated spirit and menthol.

Procure one gill of the former, and a shilling's worth of the latter, which should be broken in pieces and added to the spirit, which quickly dissolves it. Keep in a tightly-corked bottle. Soak flannel cloth in it as required, and apply to the affected parts if these are unbroken. Do not rub, and cover with oiled silk. If the skin should be broken, bathe in warm water, allowing a teaspoonful of the mixture to a pint, and applying the pure spirit only after the sores have completely healed.

Shop assistants and hospital nurses who suffer from their feet may use this specific with advantage; in their case half the quantity of menthol only is necessary.

It affords speedy relief to lumbago and sciatica, and may be rubbed on the back and limbs night and morning as long as the skin is unbroken.

In influenza, dip a flesh glove in the spirit, and rub well all over the body till the skin glows. Put the patient to bed, give him a hot lemon drink, and la Grippe will be very speedily routed.

If the mixture is poured on the head here and there, and rubbed well in, speedy relief will be experienced. Swollen joints are reduced, and troublesome colds can be cured by means of rubbing well into the chest the same simple and inexpensive remedy.

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