### **Domestic**

By Maureen

#### POTATO CAKES.

Smoothly pound 10oz of floury potatoes, and mix with them a little salt, 6oz of flour, and 3oz of butter, but no Roll into thin cakes, and bake in a moderate oven until they are a light brown color, then split them open, butter well, and servo very hot.

#### WHITE PUDDINGS.

Ingredients: One pound of oatmeal, two small onions, six ounces of suct, pepper and salt; water to moisten. Method: Crisp the oatmeal in oven, chop onious and suct. Mix well, add seasonings, and enough water to moisten. Turn into greased basin, and steam two hours. This mixture can be cooked the day before and only heated in the morning.

#### THICK BEEF TEA.

∄lb lean, juicy becf, ∮ pint cold water, salt, 1 teaspoonful arrowroot broken down with 1 tablespoonful water. Method: Shred meat into pan with the cold water. Allow to stand half an honr, stirring frequently. slow heat until boiling; then simmer 10 minutes; strain. Pour back into pan, add cornflour, stirring all the time. Boil three to four minutes. Season, and serve with few fingers of toast.

#### COCONUT BLANC MANGE.

Put two cupsful of milk and the rind from one lemon into a saucepan, bring slowly to boiling point. Strain to another saucepan, add 12 ounces of cornflour mixed smooth with 1 cup of milk. Stir together till boiling, then add four tablespoonsful of desiccated coconat and two tablespoonsful of sugar. Cool slightly, add one teaspoonful of vanilla and pour into wet moulds. Turn out when cold and sprinkle over with coconut. Decorate the top with

#### BATH BUNS.

Take 11b flour, 2oz butter, 3oz castor sugar, 2oz candied peel, 1 gill milk, 1 egg, 2 teaspoonsful baking powder. Rub the butter in the flour and baking powder, and half the sugar. Beat up the egg, and mix three parts of it with the milk. Make a soft dough with the flour and the other ingredients, the egg and the milk. Roll out the dough 4in in thickness, brush it over with the rest of the egg, then sprinkle with the remainder of the sugar, and the candied peel cut into shreds. Roll up in a long thin roll, then with a sharp knife cut into short lengths of an inch. Lay on a greased tin and bake in a quick oven for 20 minutes. These buns are delicious.

#### BRUSH THE HAIR DAILY.

If you wish to keep the hair healthy, brush it every day. It will then soon become smooth and glossy, and the dry, dull appearance which you complain of will disappear. Avoid the practice of dipping the comb in water before arranging the hair. It may smooth the hair for the time, but it eventually destroys it.

#### HOUSEHOLD HINTS.

Damp salt applied to burns kills the pain.

To freshen stale vegetables soak them for an hour in cold water to which the juice of a lemon has been added.

When polishing furniture always wash it over beforehand with a weak solution of ammonia and warm water. This will remove all grease and finger-marks, and the article will be much easier to polish.

Rub a drop of olive oil on knives and forks that are to he put away, and they will not only retain their brightness, but he free from rust when required again.

Never light up the gas burners before putting on pots and pans; also turn them out several minutes before removing them. Red-hot bars keep things boiling for a long while.

Cheap grey enamelled ware has been found to contain considerable quantities of antimony, which in cooking certain foods is liberated and is a poison. Buy only the better grades of this ware and be on the safe side.

Soft soap can be made at home by slicing a bar of soap-two and a half pounds in weight-into one and a half gallons of water. Add one pound of soda, and boil until dissolved. Stir occasionally so that the ingredients are well mixed, and keep in a tin or iron receptacle.

To clean a wash-silk waist, wash it in lukewarm water with a good white soap, and rinse it well in water of the same temperature. Do not hang it to dry, but roll in a Turkish towel until dry enough to iron; then spread the towel on the ironing-board and iron the waist on it, on the wrong side. It will thus keep its original lustre.

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