

Cross crowd meanwhile were anxious to see who would replace Moran, and when they saw Russell come out, there was a general groan of dissatisfaction.

'Why, that fresh guy can't run as fast as a chicken,' one remarked.

The signal was given and the runners on each side sped around the track. The third Holy Cross man crossed the line a yard behind the St. John's man; and Bernard, who was the fourth Holy Cross runner, had to make up that yard against Brown, the fastest man on the St. John's team. At the end of the first lap, Bernard was not more than a foot behind Brown. The excitement of the spectators was intense. Everyone was shouting at the top of his voice. Ten yards more. They are even. Bernard makes a spurt and wins by less than a foot. Holy Cross wins the meet. The cheering from the west bleachers was deafening. The students swooped down upon their new hero, hastily threw a robe around him, and raised him to their shoulders, shouting with all their might. Then they executed a snake dance until they were exhausted. That night a bonfire, which had been prepared the day before, was lighted, cheers were given, and songs were sung. Bro-

ther Lawrence was called on for a speech, to which he responded with great pleasure. When Brother Luke's name was called there was a prolonged cheer. Then Daly and Moran spoke. Both gave credit to Bernard for winning the meet. When at last Bernard's name was announced, there was such a demonstration that it was several minutes before he could speak. Although a little embarrassed at first, he succeeded in thanking them warmly for their kind ovation. 'But,' said he, 'you owe the victory to Brother Luke, who in my hour of dejection extended to me a helping hand. If there has been anything that impressed me, it is this; and it shall be one of my objects in life to help the friendless and the persecuted.'

The remainder of Bernard's academy life was a period of happiness; and when a few years later he was graduated, he carried with him the love and esteem of the faculty and of the students.

In one of our large Western cities a certain young man has earned by his great devotion to the poor and the friendless the name of 'Everybody's Friend.' The sign on the door of his modest office reads 'Bernard J. Russell, M.D.'—*Sacred Heart Review*.

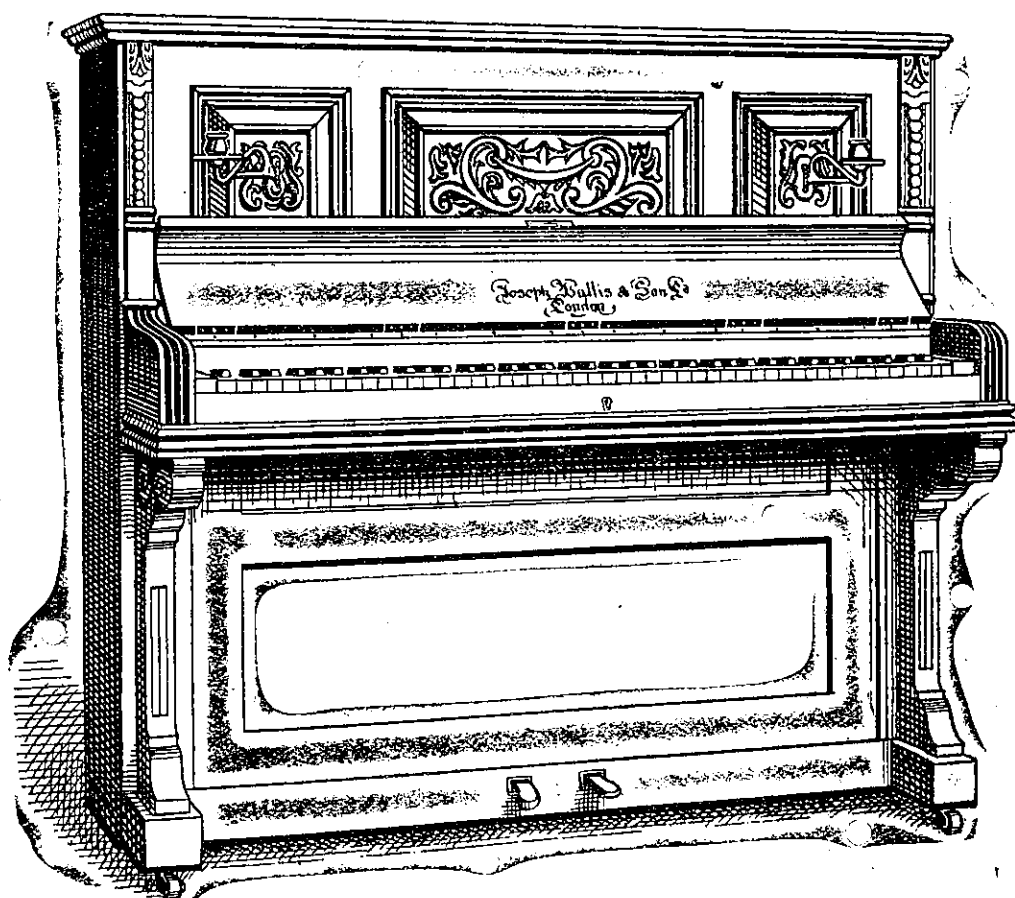
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