# Many Human Discomforts are Caused by III-shod

The Shoes you wear are everything-either everything for comfort or they are responsible for much of the discomfort experienced during the hot days of Summer. You are, however, responsible for the shoes you wear. They may be light and cool, but ill-fitting. At that rate they might as well be anything. Trust yourself to MOLLISON'S where you are sure to find the shoe that fills all the demands of Summer wear. In addition, you will secure that modicum of foot comfort which makes life more worth

Our SPECIAL GLACE SHOE, with Cuban Heels, at 17/9 is a delightfully cool and perfect fitting Shoe. This example is but one of hundreds. Come and try on a few pairs at your leisure.

## r. mcllison & co., oamaru



### Grandfather Recommends Bonnington's.

Grandfather has proved after many a test that the best remedy for coughs and colds is the famous family cough medicine—Bonnington's Irish Moss. There's nothing to equal it. For children or adults nothing else is so safe and sure. Free from harmful drugs, it soothes the irritation, breaks up the cold, and sets matters right again,

Mr. Wm. Neighbours of Waimangaroa, writes:

"It gives me great pleasure to recommend Bonzington's Irish Moss for coughs, colds or any lung complaints, having used it in may family for 20 years."

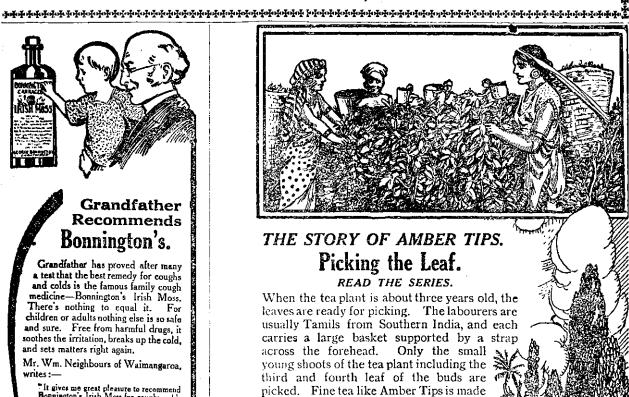
Refuse substitutes and get the original Bennington s.

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You will survey your clothes with satisfaction if

### KEEN'S OXFORD BLUE

has been used in the washing. After over 100 years' experience, you may be certain that the manufacturers of the famous "Oxford" Blue understand their business from beginning to end. That's why the experienced laundress always insists on getting Keen's "Oxford" Blue.



Ceylon plantations goes into
Amber Tips Tea.
Not only is Amber Tips of highest quality, but it is also the most economical brand. Try a packet You will be surprised to find how many cups of delicious, fragrant, refreshing tea it will make. There are many imitations of the Amber Tips name and packet but they lack the unique flavour and high quality of Amber Tips.

from the bud at the top of the shoot and the two small leaves just below

it. The finest leaf of the best



Amber Tips is sold in three grades, 1/8, 1/10 and 2/- per lb.

4/75

ON'S LANDED EQUALLED **BIMARTIN** TD34&36MannersSt