## Many Human Biscomforts are Caused by III-shod Feet

The Shoes you wear are everything-either everything for comfort or they are responsible for much of the discomfort experienced during the hot days of Summer. You are, however, responsible for the shoes you wear. They may be light and cool, but ill-fitting. At that rate they might as well be anything. Trust yourself to **EQLLISON'S** where you are sure to find the shoe that fills all the demands of Summer wear. In addition, you will secure that modicum of foot comfort which makes life more worth living

Our SPECIAL GLACE SHOE, with Cuban Heels, at 17/9 is a delightfully cool and perfect fitting Shoe. This example is but one of hundreds. Come and try on a few pairs at your leisure.

r. mollison & co., oamaru



## Grandfather Recommends Bonnington's.

Grandfather has proved after many a test that the best remedy for coughs and colds is the famous family cough medicine—Bonnington's Irish Moss. There's nothing to equal it. For children or adults nothing else is so safe and sure. Free from harmful drugs, it soothes the irritation, breaks up the cold, and sets matters right again.

Mr. Wm. Neighbours of Waimangaroa, writes:-

"It gives me great pleasure to recommend Bonnington's Irish Moss for coughs, colds or any lung complaints, having used it in my family for 20 years."

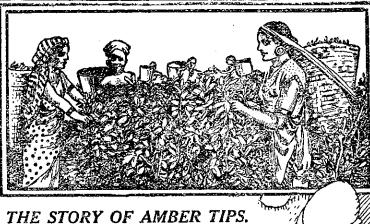
Refuse substitutes and get the original Bennington's.

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You will survey your clothes with satisfaction if

### KEEN'S OXFORD BLUE

has been used in the washing. After over 100 years' experience, you may be certain that the manufacturers of the famous "Oxford" Blue understand That's why the experienced laundress always insists on getting Keen's "Oxford" Blue.



# Picking the Leaf.

READ THE SERIES.

When the tea plant is about three years old, the leaves are ready for picking. The labourers are usually Tamils from Southern India, and each carries a large basket supported by a strap across the forehead. Only the small young shoots of the tea plant including the third and fourth leaf of the buds are picked. Fine tea like Amber Tips is made from the bud at the top of the shoot

and the two small leaves just below The finest leaf of the best Ceylon plantations goes into

Amber Tips Tea.

Not only is Amber Tips of highest quality, but it is also the most economical brand. Try a packet. You will be surprised to find how many cups of delicious, fragrant, refreshing tea it will make. There are many imitations of the Amber Tips rame and market but they lack the unique name and packet but they lack the unique flavour and high quality of Amber Tips.



Amber Tips is sold in three grades, 1/8, 1/10 and 2/- per lb.

4/75

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