

Church in Porto Rico, it is pointed out that the diocese of San Juan was the first diocese erected in the New World, following the discoveries by Columbus. Porto Rico was discovered in 1493, and on August 8, 1511, Pope Julius II. issued the Bull creating the diocese of San Juan. At the same time two dioceses were created in Santo Domingo, which were later combined into an archdiocese, leaving San Juan the oldest diocese in the western world. The first Bishop of San Juan was Alonso Manso, who went to this new post almost immediately after the erection of the diocese, but it was some time later before the bishops appointed to the dioceses in San Domingo reached their new fields. Church records show that when Bishop Manso arrived there were but 500 white people in the island. During the four hundred years of the Church in Porto Rico there have been 51 bishops.

Strange to say, the old-fashioned method of external treatment of Rheumatism and its allied ills, is still almost a fetish with some people. They seem to believe that a liniment or plaster is the only way of obtaining relief from uric acid troubles—and so they get worse and worse until their Rheumatism becomes chronic. Liniments and plasters can give but temporary relief. No cure can be effected until the cause is removed. The trouble is due to excess uric acid in the blood, and this must be eradicated. RHEUMO is the one real remedy. It goes to the root of the trouble and expels the uric acid. Thousands have been cured by RHEUMO. Of all chemists and stores, 2/6 and 4/6.

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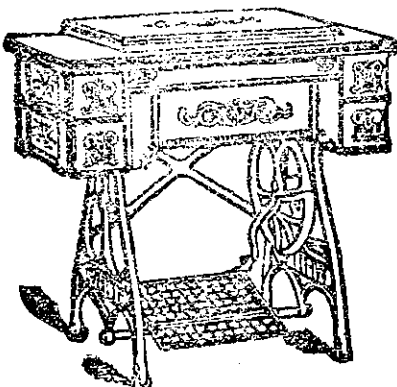
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Domestic

By MAUREEN.

To Protect Valuable Vases.

Many a valuable vase has been broken as a result of toppling over when flowers having long stems have been placed in it, the weight of the flowers making the vase top heavy. This damage can be done away with to a large extent by partly filling the vase with sand, using an inch or more, according to height. The sand, of course, gives the vase weight at the bottom.

To Preserve Lemons.

Housewives know how quickly lemons lose their freshness, and become dry or decay. A simple remedy is to smear them over completely with the white or yolk of an egg, and place them on a shelf to dry. They must not touch each other. Lemons treated in this way can be kept for a long time, even in the hottest weather. Another way is to place them in a jar of water—the water to be renewed every day or two. This will keep them fresh for several weeks.

Sultana Cake.

One pound of flour, one pound of sugar, one pound of butter, six eggs, one wineglassful of brandy, one teaspoonful of grated nutmeg, one level teaspoonful of baking powder, and one pound of sultana raisins. Beat the butter and sugar to a cream, then stir in the yolks of the eggs, and the whites stiffly beaten, add the brandy, nutmeg, flour, and baking powder sifted together. Beat the whole together, then add the sultana raisins. Line a cake tin with buttered paper, put in the cake mixture, and bake in a moderate oven for one and a quarter hours or until the cake is ready.

To Stone Raisins.

It is cheaper to buy new, plump raisins, at a higher price, than old candied ones, as there is less waste. Have a bowl of tepid water on your right hand, a damp, coarse cloth spread on the table before you, the raisins on your left hand, and the bowl to receive them, when stoned, in front. The bowl of water is only to dip your fingers in occasionally; if the latter are too sticky after the seeds are removed, they will cling to your hand and go into the bowl with the stoned raisin. Squeeze the raisins between thumb and finger, and remove the stones you find with a small knife. Some prefer to split them; do which you find the quicker. Put the stones on the damp cloth as you remove them, and shake it before there are too many, or they will also cling to your fingers, and pass to the bowl with the stoned fruit.

Cleaning Wall Paper.

Where a room that is papered has become dingy from smoke through the winter, it can be cleaned in this way:—After having blown off all the dust from the paper to be cleaned with a pair of good bellows, take bread about two days old, cut it into three-inch pieces, begin at the top of the room, and wipe lightly downward with a piece of the bread, about eighteen inches at each stroke, until the upper part of the room is cleaned all around. Then go around again, with the same sweeping stroke downward, always commencing each successive course a little higher than the upper stroke had extended, till the bottom is reached. Great caution must be used not to rub the paper too hard nor to attempt cleaning in the horizontal way. The bread must be renewed often, and this operation, if carefully performed, will make old paper look equal to new.

Maureen

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