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Bottled only at Springs, Wai-Rongoa.

The *New Zealand Medical Journal* says in regard to the Water itself, as a table beverage it can be confidently recommended. Beautifully cool, clear and effervescing, the taste clean, with just sufficient chalybeate astringency to remind one that there are healing virtues as well as simple refreshment in the liquid, this Mineral Water ought soon to become popular amongst all who can afford the very slight cost entailed."

We supply the Dunedin and Wellington Hospitals, the Union Company's entire fleet, and Bellamy's with our Pure Mineral Water. Specially-made Soda Water for Invalids. For Permit to visit Springs apply Dunedin Office
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Only the Best brands of Liquors kept.

"Two Per Cent. off My Life."

Yes, two years makes a distinct notch in the life even of a centenarian; and then, you see, very few of us can reasonably hope to become centenarians, which makes the matter worse. Notwithstanding the benefits conferred upon humanity by our marvellously improved sanitary arrangements, modern habits and customs don't on the whole tend towards increased length of life. It is, therefore imperative that everyone should as vigilantly watch that he loses no time by transgressing the laws of health as it is that he should avoid transgressing the laws of the land; for the first of these transgressions is responsible for a vastly larger amount of lost time than can be ascribed to the second.

"After suffering from indigestion for over two years I was completely cured by Mother Seigel's Syrup in five weeks." Thus writes Miss Helena Easton, of 50, Pacific Street, Newcastle, N.S.W., on October 21, 1902. Miss Easton is a young lady of about twenty-six summers, just at that golden period of life which cannot be abbreviated by two years, or even two months, without inspiring infinite regret. Miss Easton continues: "In the summer of 1898, when residing in Auburn Street, Goulburn (of which city I am a native), I first became conscious that my health was giving way. My appetite left me, and I felt languid, weak, and nervous. The little food I ate caused dreadful pains in the chest and stomach, to say nothing of many other distressing symptoms. A doctor whom I consulted informed me that my complaint was acute indigestion; but his treatment did me no good whatever. The efforts of a second doctor being equally futile, I took a great variety of patent medicines, which in turn were recommended to me by various friends. But I did not find that any of them did me the least good. And so for two years I grew paler, thinner, and feebler. I never went out, but moped about the house all day, dull and listless, the slightest effort being painful to me. Noise, or excitement of any kind, would cause my heart to palpitate violently, after which it would almost cease to beat.

"While I was in this miserable condition a lady friend, Mrs. W. Cook, came from Sydney to spend with us the Christmas holidays of 1900. This lady persuaded me to try Mother Seigel's Curative Syrup, at the same time asserting that she knew several persons who had derived great benefit from it, and that she was sure that it was the only thing that would do me good. I accepted her advice and acting upon it found that in a surprisingly short space of time—before indeed I had finished the second bottle—Mother Seigel's Curative Syrup had wrought a change in my condition and appearance which nothing else had been able to effect. I could eat and sleep; the heart trouble disappeared; and I recovered all my old-time capacity for work and the pleasure of life. At this distance of time, I entertain no doubt whatever that my cure is absolutely permanent." 1

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SEASON 1902.

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SPECIAL FACILITIES FOR STORAGE, Etc.—We would remind producers that we provide special facilities for the satisfactory storage and disposal of all kinds of farm produce.

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Account Sales are rendered within six days of sale.

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