

Established 1861.

W. GREGG AND CO
(LIMITED)

Manufacturers of the Celebrated

"CLUB" COFFEE, "ARABIAN" COFFEE
AND "FRENCH" COFFEE.
(Net weight tins.)

Also Exhibition Brand Coffee

Eagle Brand Coffee

Crown Brand Coffee

Elephant Brand Coffee

(Gross weight tins.)

The Best Value to the Consumer known in
New Zealand.

—EAGLE STARCH—

Favourably spoken of by all who use it as the
Best Made in New Zealand.SODA CRYSTALS, FLAVOURING ES-
SENCES, CURRY POWDER, AND
PURE PEPPER AND SPICES.
GUARANTEED.Ask your grocer for the above brands and
you will not be disappointed in quality
W GREGG & CO., DUNEDIN.**THE N.Z. EXPRESS CO.**
LIMITED.

(CAMPBELL AND CRUST.)

DUNEDIN, INVERCARGILL GORE,
CHRISTCHURCH, WELLINGTON,
OAMARU, AUCKLAND, & HAWERA.GENERAL CARRIERS, CUSTOMS,
SHIPPING & EXPRESS FORWARDING
AGENTS.PARCELS FORWARDED to any part of
the World.FURNITURE Packed and Removed by our
own men throughout New Zealand.ADDRESS: CRAWFORD STREET,
(Next N.Z. Insurance Co.).

A HIGH AUTHORITY ON

WAI-RONGOA MINERAL
WATER.

Bottled only at Springs, Wai-Rongoa.

The *New Zealand Medical Journal* says
"In regard to the Water itself, as a table
beverage it can be confidently recommended.
Beautifully cool, clear and effervescing, the
taste clean, with just sufficient chalybeate
astringency to remind one that there are heal-
ing virtues as well as simple refreshment in
the liquid, this Mineral Water ought soon to
become popular amongst all who can afford
the very slight cost entailed."We supply the Dunedin and Wellington
Hospitals, the Union Company's entire fleet,
and Bellamy's with our Pure Mineral Water.
Specially-made Soda Water for Invalids. For
Permit to visit Springs apply Dunedin Office
THOMSON AND CO,
Office: Dunedin.

Get a hold of this

FACT.The Very Best Display of Goods suitable for
Christmas presents is to found at
ALEX. SLIGO'S.Christmas and New Year Cards in endless
variety.

Purses, Pocket Books, Albums, Dressing,

Writing, Music, and Card Cases of the best

Toy and Picture Books, Novels, Prayer
Books, etc., by the Thousands.

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ALEX. SLIGO,

BOOKSELLER, STATIONER, ETC.,
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DUNEDIN.

W. J. COUGHLAN PROPRIETOR

PRICE & BULLIED,
TAY ST., INVERCARGILL

Up in the World.

WHEN your enemy is down keep him down is the advice offered by those who regard
the game of life only in its brutal aspect.

Now, whatever may be said of the policy of keeping your enemy 'down' or 'up,' as the case may be, the great difficulty usually is the getting of him into one or other of those positions. With regard to health, it is certainly easier to retain it unimpaired than to recover it when once it is lost; but that cures are effected, even where the indications seem hopeless, the following case will prove. It is described by Mr Charles M. Morrison, of Arcade Buildings, High street, Armidale, Victoria, under date January 9, 1902:—"In 1887," says Mr Morrison, "a fire broke out in the kitchen of the house I then occupied in Melbourne. The flames burst forth with great fury, and threatened to speedily destroy the house and its contents. My wife was first to discover the fire, and she rushed forth to give the alarm. A neighbour's Newfoundland dog, hearing her outcry and seeing her run, sprang at her and knocked her down. Fortunately, the fire was extinguished before it had time to reach the main building; but thy shock of it, intensified by the attack of the dog, had a calamitous effect upon the health of my wife. She was completely prostrated by it, and brought as near to death as it is possible for anyone to be and yet live. Her nervous system was entirely deranged. She was unable to sleep, and perceptibly wasted away day by day. But her most serious trouble was an inability to retain food. The small quantity which she forced herself to take nearly always occasioned vomiting and intense pain. In this pitiable condition my wife continued for years, notwithstanding that she was at various times under treatment of no less than five different doctors. None of them appeared to understand her case, and all their efforts to relieve her proved quite futile. One doctor suspected she was suffering from cancer of the stomach. He made a searching examination, and, as a result of his investigations, stated that though there was no cancer, the stomach was badly ulcerated. He thought her condition very precarious. However, he could do nothing for her, and we had quite lost faith in doctors and proprietary medicines, when, a little over three years ago, a friend advised us to try Mother Seigel's Curative Syrup. He was very persistent, and at last we obtained a bottle of it. My wife took it regularly, as prescribed, and soon began to benefit in health and strength. In a little while she was able to take ordinary food, and retain it without pain or inconvenience. She took Mother Seigel's Curative Syrup three times a day for three months, at the end of which time she was completely cured, and she has remained well ever since. At present she is quite plump, has lost the haggard look she once had, and is able to perform her household duties. Having got the enemy "down" ("or up") by aid of Mother Seigel's Curative Syrup, we intend to keep him in that position by the same means. We hope our experience may prove of benefit to others."

GRAIN! GRAIN! GRAIN!

SEASON 1902.

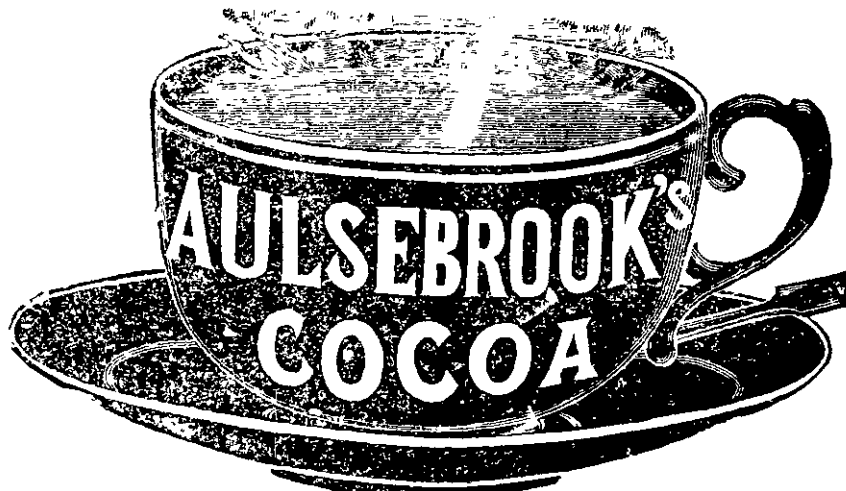
OTAGO CORN AND WOOL EXCHANGE, VOGEL STREET, DUNEDIN.

To the Farmers of Otago and Southland.**A**NOTHER GRAIN SEASON being at hand, we take the opportunity of thanking our
many clients for their patronage in the past, and to again tender our services for the
disposal of their Grain here, or for shipment of same to other markets, making liberal
cash advances thereon if required.**SPECIAL FACILITIES FOR STORAGE, Etc.**—We would remind producers that
we provide special facilities for the satisfactory storage and disposal of all kinds of farm
produce.**WEEKLY AUCTION SALES.**—We continue to hold the regular Weekly Auction
Sales of Produce as inaugurated by us many years ago, and which have proved so benefi-
cial to vendors; and owing to our commanding position in the centre of the trade, and
our large and extending connection, we are in constant touch with all the principal grain
merchants, millers, and produce dealers, and are thus enabled to dispose of consignments
to the very best advantage, and with the least possible delay.**PRODUCE SALES EVERY MONDAY.**—Our sales are held every Monday morning,
at which samples of all the produce forward are exhibited.

Account Sales are rendered within six days of sale.

CORN SACKS, CHAFF BAGS, Etc.—We have made advantageous arrangements
to meet the requirements of our numerous clients.**ADVANTAGES.**—We offer producers the advantage of large storage and unequalled
show room accommodation.

Sample Bags, Way Bills, and Labels sent on application.

DONALD REID & CO., LTD.**Build up your Constitution by taking****Full of NOURISHING and SUSTAINING QUALITIES.****PRICE & BULLIED,** BOYERS OF DRAPERY AND READY-MADE CLOTHING, BOOTS, & SHOE
WILL DO WELL TO SEE OUR CASH PRICES BEFORE GOING ELSEWHERE
STRANGERS SPECIALLY INVITED