Established 1861.

GREGG AND CO (LIMITED)

Manufacturers of the Celebrated "CLUB" COFFEE, "ARABIAN" COFFEE AND "FRENCH" COFFEE. (Net weight tins.)

leo Exhibition Brand Coffee Bagle Brand Coffee Crown Brand Coffee Elephant Brand Corfee

(Gross weight tins.)

The Rest Value to the Consumer known in New Zealand.

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Favourably spoken of by all who use it as the Best Made in New Zealand.

SODA CRYSTALS. FLAVOURING E SENCES, CURRY POWDER, AND PURE PEPPER AND SPICES, GUARANTEED.

Ask your grocer for the above brands and you will not be disappointed in quality W GREGG & CO., DUNEDIN

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WAI-RONGOA MINERAL WATER.

Bottled only at Springs, Wai-Rongoa.

The New Zealand Medical Journal says
"In regard to the Water itself, as a table beverage it can be confidently recommended. Beautifully cool, clear and effervescing, the taste clean, with just sufficient chalybeate astringency to remind one that there are healing virtues as well as simple refreshment in the liquid, this Mineral Water ought soon to become popular amongst all who can afford become popular amongst all who can afford the very slight cost entailed."

We supply the Dunedin and Wellington Hospitals, the Union Company's entire fleet, and Bellamy's with our Pure Mineral Water. Specially-made Soda Water for Invalids. For Permit to visit Springs apply Dunedin Office THOMSON AND CO,

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SHAMROCK HOTEL

DUNEDIN.

W. J. COUGHLAN

PROPRIETOR

Farmer Oak and the Storm.

When farmer Oak, on his way towards his humble cottage one night, struck his foot against a big toad, he knew there was trouble in the wind. When, on sriking a light indoors, he observed a thin glistening streak across his table, which terminated in a large brown garden slug, he knew again that the Great Mother was warning him. And when, last of all, two black spiders dropped from the thatched roof of his cottage, to find a safer home on the floor, he sat down and meditated how the coming great thunderstorm would affect the wheat-ricks and barley stacks, and what might be saved.

There are signs which are as unmistakable in their significance as the turned thumbs of the Comans in the days of the amphitheatre. In the case of Mrs. Green, where first one sympton disappeared, after a dose or two of Seigel's Syrup, and then another, this lady knew that the Syrup was on the way to cure ber as surely as she lived.

"As I suffered for about three years from most acute indigestion," she writes, "it gives me great pleasure to testify to the complete cure which a small quantity of Seigel's Curative Syrup effected in my case, after several medical men had prescribed for me in vain, "From 1897 until about two months ago (the date of Mrs. Green's letter is December 3rd, 1900) I endured a continual agony of sleepless nights, racking headaches, tired and languid feelings and nasty choking sensations in the throat. A great deal of my time was spent in bed, as I was quite unable to get about."

Cynical men and women sometimes propound the query, Is life worth living? The fact is, many people don't know how to live. They exist merely. Like prisoners confined in a dungeon or who have given liberty conditionally upon their dragging a weight about.

Perfect health is the first necessity of a happy life. Torpid livers, constipated motions, anemic disorders, skin affections and uric acid troubles render life unbearable. The victim, whether he be farmer or prime minister, will eventually have to take to bed as did Mrs. Green in this in

did Mrs. Green in this instance.

"I had been in bed four weeks," she continues, "when a friend who is a firm believer in Siegel's Curative Syrup for all forms of dyspeptic troubles called upon me, and strongly

in Siegel's Curative Syrup for all forms of dyspeptic troubles called upon me, and strongly urged me to try this remedy.

"I confess I was sceptical, but my friend insisted and gave me a bottle to commence with. I got immediate relief from this, and before the bottle was empty the distressing symptoms had nearly every one disappeared.

"I purchased another bottle myself, and that completed the cure. I am now in perfect health. Nuturally, I consider the effect of Seigel's Syrup in my case marvellous. It changed me from an invalid and dyspeptic of three years' standing, into a healthy woman.

"I am a native of Auckland and well-known here, where I have been in business for nine years." (Mrs.) Annie Green, St. George's Hall Buildings, Great North Road, Auckland, N.Z.

GRAIN! GRAIN! GRAIN!

SEASON 1902.

OTAGO CORN AND WOOL EXCHANGE, VOGEL STREET, DUNEDIN,

To the Farmers of Otago and Southland.

A NOTHER GRAIN SEASON being at hand, we take the opportunity of thanking our many clients for their patronage in the past, and to again tender our services for the disposal of their Grain here, or for shipment of same to other markets, making liberal cash advances thereon if required.

SPECIAL FACILITIES FOR STORAGE, Etc.—We would remind producers that we provide special facilities for the satisfactory storage and disposal of all kinds of farm mediane.

produce.
WEEKLY AUCTION SALES.—We continue to hold the regular Weekly Auction WEEKLY AUCTION SALES.—We continue to hold the regular Weekly Auction Sales of Produce as manugurated by us many years ago, and which have proved so beneficial to vendors; and owing to our commanding position in the centre of the trade, and our large and extending connection, we are in constant touch with all the principal grain merchants, millers, and produce dealers, and are thus enabled to dispose of consignments to the very best advantage, and with the least possible delay.

PRODUCE SALES EVERY MONDAY.—Our sales are held every Monday morning, at which samples of all the produce forward are exhibited.

Account Sales are rendered within six days of sale.

CORN SACKS, CHAFF BAGS, Etc.—We have made advantageous arrangements to meet the requirements of our numerous clients.

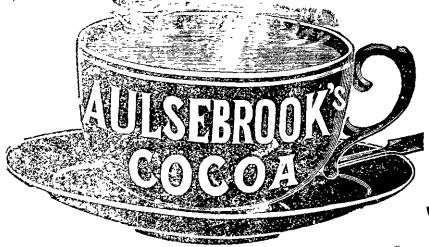
ADVANTAGES.—We offer producers the advantage of large storage and unequalled show room accommodation.

show room accommodation,

Sample Bags, Way Bills, and Labels sent on application.

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Build up your Constitution by taking



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