

THE CHURCH AND THE WORLD

BY THE VEN. ARCHPRIEST LE MENANT DES CHESNAIS, S.M.

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Domestic

By MAUREEN

How to Wash a Parasol.

A white silk parasol can be as easily washed as any piece of white silk. It is best to make a tepid suds with white soap and borax, using the bath tub for washing it in, as the water can be changed often. In the rinsing water use blue, then rinse a second time. It is best to gently scrub the silk with a soft brush, which is easily done if the parasol is raised. After it is thoroughly rinsed, hang opened in a room to dry, but do not place it in the sun. It will be straight and free from wrinkles.

Weights and Measures.

Two tablespoonfuls liquid equal one ounce. One heaping tablespoonful brown or granulated sugar equals one ounce. Two tablespoonfuls powdered sugar equal one ounce. One heaping tablespoonful sifted flour equals one ounce. Three tablespoonfuls grated chocolate equal one ounce. Four tablespoonfuls liquid equal one wine glass. Two wine glasses equal one gill. Twenty-five drops equal one teaspoonful. One quart of wheat flour equals one pound. Ten ordinary eggs equal one pound.

The Age of an Egg.

The age of an egg can always be determined by the size of its air space, which can easily be seen through the shell by exposing the egg to the light in a dark room. In a new-laid egg this air space is very small, but as the egg gets older it gradually enlarges. Thus at three weeks old it will occupy one-eighth of the contents of the egg. This process of testing is adopted by most of the large dairies in London, being thus able to insure that none but fresh eggs are supplied to their customers.

The Bath.

For convenience and perspicuity, the temperature of baths has been divided into six grades as given in the following table by Forbes. All who attempt to use the bath according to the directions should carefully learn and preserve the distinctions here made:—

1. Cold bath.....	33 deg. to	60 deg. F.
2. Cool bath.....	60	75
3. Tem. bath.....	75	85
4. Tepid bath.....	85	92
5. Warm bath.....	92	98
6. Hot bath.....	98	112

The vapor bath ranges from 98 degrees to 120 degrees; the hot air or Turkish bath from 100 degrees to 160 degrees, or even higher, though not usefully so. A bath of any temperature above the natural heat of the body, 98 degrees, is a hot bath.

Cleaning the Sewing Machine.

Women who do not thoroughly understand the sewing machine often blame the manufacturer when the fault of stiff running can be traced to not keeping the machine clean. Most persons think that liberal doses of oil are all that is necessary. Too much oiling is injurious, and oil where there has not been careful dusting is worse than none at all. It is not enough to give a surface dusting; the cracks and crevices must be kept clean. This cannot be done with a cloth. Instead use a coarse silk thread, to draw back and forth through cracks to get out fine dirt that cannot otherwise be removed. The work of cleaning a machine is lessened if a small bellows is kept in one of the drawers and the fine lint, threads, and ravelings are blown out of the crevices. This should be done every day that the machine is in use. Care should also be taken that pins and needles do not slip into the shuttle part of the machine, as often they clog it, and the cause cannot be discovered for some time. It is a mistake to use a cheap oil, as it cakes and makes the parts sticky. Never let the machine stand uncovered when not in use; and guard carefully from dampness.

Maureen

The way it was long, and road it was dark,
And the wayfarer fell in the pond in the park,
And it filled him right up to the Plimsoll mark,
And not only filled but chilled him!
He contrived to get home all a shiver and shake,
He'd a terrible cold and had swallowed a lake.
But Woods' Peppermint Cure they induced him to take,
Or the cold that he caught would have killed him.

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