

C.M.C. EXTRACT C.M.C.

SOLD IN 2oz. JARS

Beef Broth is the Soul of Domestic Economy, but how to get that "Soul" with Old Time Recipe "Take a Shin of Beef" has often proved a Real Difficulty. The C.M.C. Extract is absolutely the Best for making Soups, Sauces, Beef Tea, etc. with the utmost convenience.

.....MANUFACTURED BY.....

THE CHRISTCHURCH MEAT COMPANY, LTD

It's the Quality

that has built up and
maintained the sales of

**van
Houten's**

The Cocoa which is unequalled
for flavour, digestibility, and
economy in use.

BEST & GOES FARTHEST.

STAR & GARTER HOTEL

CHRISTCHURCH

PAUL B. FLOOD - Proprietor

Good Accommodation for Tourists, Travel-
lers and Boarders

TERMS MODERATE

Only the Best Brands of Liquors Sold

Oxford Hotel

COLOMBO STREET N. (near Bridge),
CHRISTCHURCH.

R. A. HEARN.....Proprietor
(Late of Wellington).

Customers can always depend upon
Civility and the Best of Liquors.

Established 1859.

NEW ZEALAND INSURANCE COMPANY LIMITED

(FIRE, MARINE AND ACCIDENT).

Capital subscribed	-	-	-	-	£1,500,000
Capital paid up	-	-	-	£300,000	
Reserve Fund	-	-	-	185,000	
Reinsurance Fund	-	-	-	250,000	735,000
Net Revenue for 1908	-	-	-	-	647,300
Losses paid by Company to date	-	-	-	-	£7,098,471

THE PREMIER COLONIAL COMPANY

Fire, Marine and Accident Risks accepted at Lowest Current Rates. Losses settled with promptitude and liberality.

OTAGO } FIRE AND MARINE—Corner of Rattray and Crawford Streets, Dunedin. WILLIAM I. BOLAM, Manager.
BRANCHES } ACCIDENT DAVID T. BROWNIE, Manager.
FIRE, MARINE AND ACCIDENT—Thames Street, Oamaru. JAS. B. E. GRAVE, Manager.

Summer Colds

need looking after. If neglected they may lead to bronchitis, pneumonia, or even something more serious. You need something to soothe the irritation, break up the cold, and set matters right. The remedy that will cure most quickly is the one that has been tried and tested and proved for over 40 years.

BONNINGTON'S IRISH MOSS

Tell your chemist you want BONNINGTON'S.

**TO SHEEP FARMERS, SHEEP
BREEDERS and OTHERS**

Henry S. Fitter & Sons
OF SMITHFIELD MARKET,
LONDON,

Invite Consignments of Frozen Mutton
and Lamb for realisation in all parts
of the United Kingdom.

Having been established in the Central Meat Market for over Half a Century, and having been connected with the Frozen Meat trade since its very commencement, they are in the best position to deal with consignments.

They have no Retail Shops of their own, no interest in any, and do not buy on their own account, so all their energies are directed to obtaining the highest possible price for their Clients' Shipments.

Consignments can be sent to them through any Freezing Company, or through any of the Banks, and by doing this shippers will get all that is to be obtained for the Wool, Meat, Pelts and Fat.

R. B. Bennett,

Representative,
170 Hereford street, Christchurch.

VISITORS TO DUNEDIN

... will find ...

**COUGHLAN'S NEW
SHAMROCK HOTEL**
MAOLAGGAN STREET, DUNEDIN,

the Best place to stay at
The Tariff is 4s 6d per day. The bedrooms
are newly done up and sunny.
The house though central is away from the
noise of the principal thoroughfare.
Address:—SHAMROCK HOTEL DUNEDIN