passing aggrandisements inspire. For this reason we see how the ecclesiastical authorities of the Church of England and those of the Catholic Church backed up by their Christian-minded people are uniting their forces to defeat an iniquitous Bill to divorce religion from the schools in England. For take away religion and you deprive the child and consequently the man and the woman of the most essential training. This is the reason of our present efforts and spriftees. Government at least £1000 yearly in this school alone without receiving a recognition of any kind. This I submit is most unjust. But I must not detain you any longer.

The Dcan then welcomed Sir William and Lady Russell, Mr. Dillon, M.P., and the Mayor and Mayoress of Hastings, and thanked them for assisting in the annual

distribution of prizes.

Sir William Russell and Mr. Dillon addressed the audience, and congratulated the children on having such devoted teachers, which the beautiful entertainment that evening so forcibly proved Sir William Russell especially emphasised the importance of a religious training and remarked that all honor was due to the Catholic body for their persevering efforts in the conscientious fulfilment of their religious consistence. of their religious convictions.

BOYS' SCHOOL.

Christian doctrine: Senior grade, first division (first prize medal, presented by the Very Rev. Dean Smyth)
F. King, W. Blake, D. O'Brien, J. Carroll. Middle grade:
F. Poppelwell, L. Downes. Junior grade: A. Gilhooly,
B. Doran, B. Berry. Second division: D. Maggin, W.
Sturrock, A. Stevens, J. Thomson. Preparatory: D.
Corkery, S. Kirby, J. Stack.
School discipline (medal presented by Mr. Dillon,
M.P.)—J. Lynn.
Standard prizes.—Standard V. (prize given by Per

M.P.)—J. Lynn.

Standard prizes.—Standard V. (prize given by Rev. Mother, Wanganui): V. Portas, J. Carroll, F. King. Standard IV.: L. Downes, F. Poppelwell. Standard III.: G. Poppelwell, J. Casey, B. Berry. Standard II.: F. Cranston, L. Hyde, W. Sturrock, J. Cranston. Standard I.: J. O'Kane, J. Long.

Awards for diligence.—Standard V.: J. Lynn, C. Mc-Cliskey, J. Connolly, J. O'Connor, J. Manion, G. Carr. Standard IV.: T. Connolly, C. Pothan. Standard III: Reggie Honnor, A. O'Kane, L. Sweeney. Standard II.: L. Lorigan, F. Brenton. Standard I.: D. O'Donnell, W. Elgarn. W. Fearn.

Awards for regular attendance.—Standard V.: D. McMillan, W. Blake, D. O'Brien, J. Carroll. Standard IV.: L. Downes, F. Popplewell, F. Seed, W. Beck, D. McMillan. Standard III.: G. Poppelwell. G. Corkery, J. Sullivan, S. O'Neill. Standard II.: H. Poppelwell.

GIRLS' SCHOOL.

Christian doctrine—Senior grade, first division (first prize, medal presented by Very Rev. Dean Smyth): J. Connolly, M. McKeown, N. Maggin Second division: W. Casey, E. Percival. Middle grade: G. Pimley, M. O'Neill, N. McGuirk Junior grade: M. Casey, K. Blake, G. Breen. Second division: B. O'Neill, G. Begley, M. Moriarty, I. Horne. Preparatory: I. McClisky, M. Aldridge, G. Fitzgerald.

School discipline (medal presented by Mr. O'Reilly): M. McKeown.

M. McKeown.

M. McKeown.

Standard prizes: Standard V. (prize given by Rev. Mother, Wanganui): K. Downes, E. McCarthy. Standard IV.: G. Pimley, M. O'Neill, P. Lynn, B. Tos. Standard III. Kathleen Blake, G. McKay. Standard II. Z. Pethan, F. Bachelor, R. Conway, R. Poppelwell. Standard I.: A. Manson, I. McClisky, M. Frude.

Awards for diligence: Standard VI.—J. Connolly, L. Portas, R. Cronin, E. Farrelly. Standard V.—G. McIvor, E. Percival, E. McCarthy. Standard IV.—A. Cok, E. Cronin, E. Donnelley, M. Heeney, E. Pothan. Standard III.—N. Coghlan, T. Crowley, M. Manion. Standard II.—M. Fitzgerald. C. Lynn. Standard I.—G. Fitzgerald, V. Lindergreen, B. Mansoor.

Awards for Regular Attendance—Standard VI.—A. Conway, D. Shattky, E. Brenton. Standard V—C. Downes, E. McCarthy, E. Percival. Standard IV.—L. Steevens. Standard III.—M. Manion. Standard II.—L. Gilhooly. Standard I.—K. Gilhooly.

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Domestic

By MAUREEN

Pimples.

If you are troubled with pimples and blackheads try friction as a cure. Wash the face in hot water, and dry with a rough bath towel, rubbing it until you can feel the blood circulating. These blemishes are very often caused by poor circulation of the blood just beneath the skin, causing this matter to accumulate in places.

Falling Hair.

Dandruff of the scalp is the commonest cause of falling hair, and the hair will continue to come out until the dandruff is cured. To clean the scalp wash the hair once a fortnight with a liquid scap consisting of equal parts of soft scap and rectified spirits. Brush the hair night and morning with a little brilliantine, and afterwards massage with the tips of the fingers.

Round Shoulders.

An excellent exercise to strengthen round shoulders-An excellent exercise to strengthen round shoulders—very good for girls or women who have to sit a good deal—is performed by placing a thin stick or wand across the back and letting it run out through the bent elbows. The arms are bent so that the hands rest on the chest. Keep the arms and shoulders pressed back and down, walk about the room in this way for five or ten minutes.

Straining the Eyes.

The woman who reads in a bad light, who frequently blinks her eyes, is forming a net-work of wrinkles about them and straining her eyes as well. Strained eyes are invariably faded eyes. No woman can be youthful looking invariably faded eyes. No woman can be youthful looking with strained eyes. If through necessity the eyes feel tired and weary close them for a few minutes to relieve the strain. Done at intervals, this has quite a good effect in preserving the eyes.

Nervous Children.

The nervous child starts in life's race with a heavy The nervous child starts in life's race with a heavy handicap, and the parents of such a child should, by judicious and sensible treatment rather than by foolish coddling, seek to remove such a handicap. A nervous child should never be told of his failing, should never be pitied and coddled, should never be made to feel that he is a bright and shining mark for pity or for praise. Bed-time is generally the most dreaded hour of a nervous behild's existence with the different of particular than different or the different of particular than the different of the starts. child's existence, owing to the difficulty of getting to sleep. To overcome this, a cup of hot milk diluted with a little hot water should be provided, and the feet made warm, both of which precautions tend to soothe the nerves and promote sleep.

Swings for Children.

It is stated by an eminent physician that if every child It is stated by an eminent physician that if every child had a swing in its playroom, so arranged that it could, by pushing with its feet, get into motion, it would develop muscle, strength, and symmetry in less time and in a more agreeable fashion than could be secured in any other way. Care must always be taken to fasten the child so that it is impossible for it to fall, and to let it hold on by ropes, thus exercising its arms, neck, and shoulders, and the pushing of the feet will do the rest. One thing must be fully understood, though, that plenty of fresh air and proper clothing are amongst the most important requirements of such an undertaking. ments of such an undertaking.

The Care of Gloves.

If when kid gloves are worn the hands become very hor and cause the gloves to stiffen and shrink, French chalk will prove a good remedy. The gloves should be put on and the tips of the fingers dipped in French chalk and rubbed gently one against the other; then finally rubbed with a soft duster. A little chalk should also be put in each finger. It is a good plan when wearing rings under gloves to turn them with the stones towards the palm of the hand. This not only prevents marks, but it is more If when kid gloves are worn the hands become very hor the hand. This not only prevents marks, but it is more comfortable than when the rings are worn the right way up. Kid gloves should be removed by turning them over the hand, and afterwards turned right side out, blown into, the creases smoothed out, and finally put away in a glove-

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