

Every Home Should Have a Piano!

YES, and a GOOD Piano. Better none at all than the jingle-jangling of a jerry-built instrument, made exclusively for shipment to the Colonies!

A bad piano in a home will help to spoil the musical taste of the children. A GOOD Piano is not necessarily a dear instrument; we can supply GOOD Pianos at low prices. For 40 years we have been selling Good Pianos in New Zealand.

We would ask you to send for particulars of our "DOMINION" Model—an excellent Piano at only 35 GUINEAS. It is made for us by Thurmar of London: Iron Frame, Full Trichord. Check Action. Beautiful Walnut case. And the price is Wonderfully Low.

* * *

Write to-day for picture of this Piano—Free.....

CHAS. BEGG & Co
(LIMITED)
Headquarters for Musical Instruments,
DUNEDIN.



To a meal unless it includes a cup of that delicious beverage
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This Tea can be obtained from the leading Grocers and Storekeepers throughout Otago and Southland, and is, without doubt, the VERY BEST. It is put up in four qualities, packed in 1lb. and ½lb. packets, and 5lb. and 10lb. tins.

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You should! because coffee is the beverage that Nature has provided for you to start the day on. It is the ideal breakfast beverage, and is permeated with body building elements.

"CLUB" COFFEE

(The Perfect Coffee)

Is a genuinely nutritive, stimulative tonic. After partaking of it your nerve and energy power will be at their highest level.

"CLUB" Coffee has won for itself a colonial reputation for its delightful palatable flavour. The result is that the get-up of the tins are being copied by rival firms. Be careful, therefore, to see that you get Gregg & Co's "CLUB" Coffee—the purest obtainable.

At all Grocers in 1, 2, 4, & 7lb air-tight tins

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How About Your Heart?

IF you knew that you would die the moment your watch stopped, wouldn't you be very careful that it should always be kept in perfect condition? Of course you would. Well this is exactly the case with your heart. Did you ever think of it in this sense? Perhaps not, but your doctor has, and that's just why he feels your pulse the first thing. Your pulse is your heart's indicator—the vital organ in your body. He wants to know if this all-important, this vital organ of the body, is beating too fast or too slow, or if there is any irregularity in its action. Have you shortness of breath after slight exertion, palpitation, fluttering, hot flushes, pain or tenderness in left breast, side, shoulder, or arm, pain under left shoulder-blade, oppressed feeling in chest, choking sensation, weak or hungry spells, smothering or fainting spells, or does lying on your left side give you pain or discomfort? If you have any of these symptoms, your heart action is weak, and you don't require anyone to tell you about it—you know it for yourself. Do not neglect the matter longer—it is too serious for delay. Start a course of Dr. Day's Heart-Help today. This famous medicine has made many a heart strong—has restored health and happiness to many a poor sufferer. Give it a fair trial. Your chemist can supply Dr. Day's Heart-Help at 4/6 per bottle, or it will be sent post free on receipt of price by Dr. Day's Heart-Help Co., Cathedral Square, Christchurch.

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