

The English College

The recent audience given by the Holy Father to the Superiors and students of the English College, just before a number of the latter, newly ordained, started on their return to England (writes a Rome correspondent), has aroused a good deal of interest amongst the members of the English colony. Dr. Giles, who, by the way, has swayed the destinies of this seat of learning for upwards of 43 years, was first privately received by the Pope. When the Holy Father later met the young priests of the College a most genial welcome was extended to them by his Holiness. All the spiritual favors which the Pope could give to the young ecclesiastics being conferred upon them. After giving them some salutary advice and exhorting them to work earnestly for the Church in England, Pius X. solemnly blessed them and wished them a hearty God-speed.

SCOTLAND—Death of a Provost

The death is reported of the Very Rev. Hugh Chisholm, Provost of the Glasgow Chapter, who passed away at St. Mirin's, Paisley, on June 24, at the age of seventy-eight years. The late Provost Chisholm was born at Leitry, Strathglass, in 1830. He was educated at Blairs College, Aberdeen, and Scots College, Valladolid. He was ordained on May 30, 1854. On his return to Scotland he was attached to the Glasgow Western District, which included, as the Scottish Hierarchy was not restored till 1878, a large portion of the Western Highlands; but owing to there being a scarcity of priests in the Highland district, and as Father Chisholm was a good Gaelic scholar, he was sent from Glasgow to carry on missionary work in the Moidart district from 1855 to 1859. Five years later he was appointed parish priest of Johnstone. He was stationed there for twenty-two years, from 1859 to 1881, and in 1881 Archbishop Eyre transferred him from Johnstone to St. Mirin's, Paisley. He was raised to the rank of Dean in 1881. In 1884, when the Glasgow Cathedral Chapter of Canons was re-established, he was appointed one of the first Canons, and in 1902 he was appointed Provost of the Cathedral Chapter.

UNITED STATES—Presentation to Cardinal Logue

Before his departure from New York Cardinal Logue was presented with a copy of the Vatican edition of the 'Catholic Encyclopaedia.' The presentation, which took place at the house of the donor, the Countess Annie Leary, was made by Professor Charles G. Hebermann, one of the editors of the Encyclopaedia. The Professor explained that this had appeared the most suitable offering to the representative of a land whose children had spread Christianity and learning throughout Continental Europe; it would also serve to show the Cardinal how much his affability, humor, and magnetic personality had endeared him to the American people. The Vatican edition of the 'Catholic Encyclopaedia' is limited to 26 sets, each set bearing on the title page of the first volume the autograph of his Holiness Pius X. The text is printed throughout on Imperial Japan paper, specially made for this work. The binding is full vellum, with a unique design in gold, inlaid in Morocco in various colors; a beautiful photogravure in colors is inlaid in the double of the front cover, and a different picture is to appear on each of the fifteen volumes. His Eminence received the gift with obvious delight, and used the occasion to express his appreciation of the hospitality he had received during his visit.

The Preliminary Steps

Steps are being taken for the canonisation of Father Francis Xavier Scelos, a Redemptorist Father who labored in Baltimore and New Orleans, and fell a victim to his priestly zeal during the yellow fever epidemic in the latter city in 1867.

MOUNTAIN KING ASTHMA POWDER.

AWARDED GOLD MEDAL N.Z. INTERNATIONAL EXHIBITION.

A powder which gives immediate relief in violent attacks of asthma, bronchitis, etc. Is largely used and recommended by asthmatical people throughout the whole of the colonies. 25 6d per tin.

Perhaps she's on the railway!

Perhaps she's on the sea!

Perhaps she'll go

To Jericho,

Perhaps she will! Perhaps she won't,

But, if she does or if she don't,

I'm glad that I presented her

A bottle of Woods' Great Peppermint Cure.

LILY WASHING TABLETS

Domestic

By MAUREEN

Cement for Glass and China.

Common alum melted in an iron spoon is said to be a strong cement for joining glass, china, or metal. It is well recommended for fastening door knobs in place.

The Care of Lamp Chimneys.

Before using a lamp chimney it should be placed on the rack over the kitchen fire until it is quite hot; it may then be placed on the lamp for which it is intended. When lighting the lamp care should be taken to turn it up gradually, so that the chimney may not be heated too suddenly. Omitting this little precaution is frequently the reason that a new chimney cracks the first time it is used. If your want your lamp chimneys to last never wash them with water. When a chimney is very soiled or smoky pass a long brush swiftly through it several times; this will remove the worst of the black; then wipe it with a soft cloth which has been moistened with methylated spirit, and polish it with a clean cloth until it is brilliantly clear.

Too Much Sugar.

A correspondent of the 'British Medical Journal' asserts that many puzzling cases of headache are simply due to excessive use of sugar as an article of diet, and goes on to show that a confirmed tea-drinker who takes sugar with his tea will easily get through a dozen or so teaspoonfuls of sugar in a day. 'This,' says the 'Daily Telegraph,' is a very interesting suggestion, as so familiar a domestic commodity as sugar is not likely to present itself to our minds as a cause of disease. If it is true that excess of sugar is really the cause of many of those obscure headaches which we put down to eye-strain, or biliousness, or some other indefinite reason, the gentleman who has pointed out this fact deserves our very great thanks. The proof of the suggestion should be easy, for we meet many people who take large quantities of sugar, and many who suffer with occasional headaches, and it should not be difficult to trace the relationship between the two, should such exist.

Medical Uses of Fruit.

That fruit is a wholesome article of diet is, of course, a generally accepted fact, but the important place which it takes through the medicinal effect it exerts upon the entire system has only recently become well known. The medicinal effect is not direct, but the fruit encourages the natural functions by which the several remedial processes which they aid are brought about. The fruits which come under the head of laxatives are the orange, figs, tamarinds, prunes, mulberries, dates, nectarines, and plums. The astringents, pomegranates, cranberries, blackberries, dewberries, raspberries, barberries, quinces, pears, wild cherries, and medlars. The diuretics are gooseberries, red and white currants, pumpkins, and melons. Lemons, limes, and apples are stomach sedatives. Taken in the morning early an orange acts very decidedly as a laxative, sometimes amounting to a purgative, and may be generally relied on. Pomegranates are very astringent and relieve sore throat and uvula. Figs, split open, form an excellent poultice for boils and small abscesses. Strawberries and lemons, locally applied, are of some service in the removal of tartar from the teeth. Apples are correctives useful in nausea, and even seasickness. They immediately relieve the nausea due to smoking. Bitter almonds contain hydrocyanic acid, and are useful in a simple cough; but they frequently produce a sort of nettle-rash. The persimmon is palatable when ripe, but the green fruit is highly astringent, containing much tannin. The oil of coconut has been recommended as a substitute for cod-liver oil, and is much used in Germany for phthisis. Barberries are very agreeable to fever patients in the form of a drink. Grapes and raisins are nutritive and demulcent, and are much used in the sick chamber.

Maureen

The shipwrecked sailor on the reef
Was captured by the cannibal chief,

Who had a dreadful cold!

The sailor offered him that sure,
Safe remedy: Woods' Great Peppermint Cure!
It saved the savage woolly-haired,
And in his gratitude he spared
The mariner wise and bold!

A BOON TO WOMEN! NO RUBBING REQUIRED.
LARGE WASHING (including soap) COSTS TWOPENCE.

Do the Washing in Less than Half the Usual Time—Will not injure the most delicate fabric—Brighten Faded Colors—Ask your Grocer—Wholesale, H. G. CLARKE, Crawford street, Dunedin.