

over with a cut potato, taking off a fresh slice as the surface gets soiled. Then leave them to dry, after which you apply a good shoe-polish in the colour you desire.

Young Mother's Difficulties

Dear Aunt Daisy,

Being a regular listener to your helpful morning session, I hear you give advice to many a person with a problem, so will you please help me, too? Living in one room with a 3 1/2-months-old baby girl is not a picnic. I've got all my own furniture, and with my baby's cot and pram in the room, it is a tight squeeze; but the problem is this: I knocked my bed and wardrobe in several places with the pram, and it has left a paint mark on them. I've tried one or two things to get the marks off, but they still won't budge. It is a walnut-oak suite. I wonder if you or any of your listeners can help me?

"Another Daisy," Pt. Chevalier.

I hope this hint will do, Daisy. It was given me by another young mother in just the same fix. She, too, knocked her white pram against the furniture. Damp a cloth with white iodine and lightly rub until the paint is removed, then polish with a warm cloth.

Iodine Stains

Dear Aunt Daisy,

Someone has asked how to remove iodine stains. Well, I discovered that if pure lemon juice is rubbed on the article (or squeezed), the stain just disappears like magic. I use lemons for many things, and drink some juice every day, or else cut one up overnight into a jug, cover with pure clean water (rain water preferably) and drink it in the morning. It is a very good system-cleanser, and blood-purifier. I have passed the 50 mark and do not have rheumatics or arthritis as so many women do. Before I took some lemons every day, my joints used to crack very much. So, hurrah for lemons (no sugar).

"M.A.L." Morningside.

Dear Aunt Daisy,

I have found, over the years, when on various occasions iodine has been spilled on clothing, that if left alone it simply disappears from the material! I had a lovely green voile frock covered all down the front with iodine, which leaked from a bottle in a first-aid outfit when we were going camping. I thought the frock was ruined, but when I went to show it to a friend on my return, there wasn't a mark on it! Also, the children spilt iodine on a newly-painted dressing table, I soaked up what I could with cloth and cotton wool and left it alone. After a few days there wasn't a trace of it anywhere. "E.T." Otahuhu.

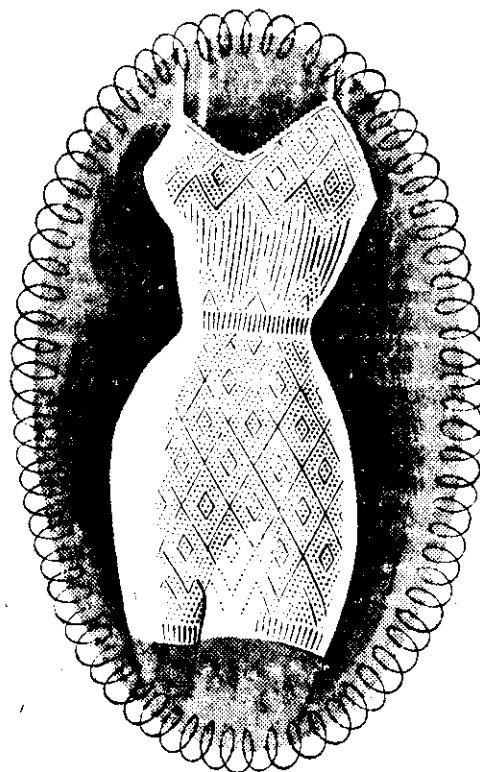
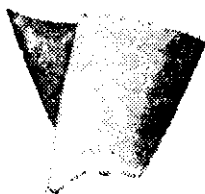
The Home Science Department, Dunedin, gives these two ways: (1) Very fresh stains can often be removed with soap and water or by moistening the stain with water and placing in the sun, or in front of a radiator. (2) If this is not successful, use "hypo" (sodium thio-sulphate), obtainable from the chemist. Make a solution of 1 teaspoon hypo crystals to 1 cup warm water. Apply this to the stain, then wash or rinse well.

TRIPLE COMPOUND INDIGESTION REMEDY

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