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who says ...

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need to be smartly
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wages I must look
for value!"



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STRAWBERRIES AND RASPBERRIES

STRAWBERRIES are generally accepted as the most luxurious of fruits. It was one Dr. Boteler who wrote, in Shakespeare's time, "Doubtless God could have made a better berry, but doubtless God never did!" Raspberries run them a close second. Naturally, the best way to eat either is to pick them and eat them straight away, sun-warmed and juicy, without sugar or cream. But you may have them also in tarts, flans and fools, or in shortcake as well as with ice cream; and do preserve some for the winter.

Bottling in the Oven

An easy way, and one in which the berries keep their colour, is to bottle them in their own juice. Fill the jars quite full, "jarring" them down by a knock on the table, so that they settle into place. They must not be over-ripe, but dry and firm. Cover each jar with a pattypan or tin lid and set them first in a moderate oven (Regulo 4 or 350 degrees) for about 6 minutes, by which time the juices will have started to flow; then lower heat and leave till fruit has sunk down, when you may fill one from another. Leave in oven $\frac{3}{4}$ to one hour till properly sterilised. Then take out one at a time and seal instantly. The berries should be whole, and you can serve them with icing sugar like fresh fruit. A better way is to have a syrup ready and boiling, and as you take out each jar fill

it with this syrup before sealing. In this case, do not have the jars too full of berries.

Syrup for Bottling

Too heavy a syrup is the cause of fruit rising in the jars. A medium syrup is made by allowing $\frac{1}{2}$ lb. sugar to one pint of water. Put over low heat and stir till sugar is dissolved. Then bring to boil and keep boiling 3-5 minutes.

Strawberry Shortcake

Two cups flour, 1 teaspoon salt, 2 tablespoons sugar, 2 teaspoons baking powder, 3 tablespoons butter, 1 egg, $\frac{1}{2}$ cup milk. Sift dry ingredients, rub in butter lightly. Add beaten egg and milk mixed, to make a soft dough. Roll out one half of dough lightly on to a greased slide, spread with butter. Roll out other half, and cover first half. Bake in hot oven 20-25 minutes. While hot, split open and spread between the layers crushed and sweetened strawberries or raspberries, and whipped cream. Cover top with whipped cream and whole berries. Dust with powdered sugar and serve. Crushed and sweetened raspberries mixed with diced fresh pineapple, or with sliced peaches (preserved or fresh) make a delightful change.

Strawberry Sponge Cake

Make your favourite butter sponge the day before. Sprinkle strawberries or raspberries with plenty of castor sugar

(continued on next page)

"THE LISTENER" CROSSWORD

(Solution No. 476)

Clues Down

- Out of temper.
- "The — surgeon was — to operate because he had —."
- Runs amok?
- A streak of this denotes cowardice.
- "When that the poor have cried, Caesar hath wept; — should be made of sterner stuff." ("Julius Caesar," Act 3, Sc. 2.)
- Material found in 17 across.
- Trooped (anag.).
- Ornithorhynchus.
- Theme of discussion.
- Naturally you put us below the heavenly messenger.
- Not accustomed.
- Would coats be the correct wear at this race meeting?
- "I am declin'd Into the vale of —." ("Othello," Act 3, Sc. 3.)
- Off the old block, perhaps?

No. 477 (Constructed by R.W.C.)

J	S	A	A	D	E	S	T	E
P	A	S	T	I	M	E	E	I
M	R	N	A	U	T	I	L	I
M	A	N	A	G	E	S	H	V
I	F	S	T	U	R	G	E	O
A	C	C	E	N	T	O	R	E
A	D	A	Y	I	N	N	S	
B	A	M	D	E	A	D	L	Y
E	A	S	T	E	R	L	Y	T
A	I	L	E	L	L	I	P	S
M	E	D	I	E	V	A	L	V
E	E	S	F	I	D	E	L	E
D	E	S	I	S	T	C	S	D

Clues Across

- Cry about a broken tune. We are now nearly half way through one.
- Something worth having in Grandma's settlement.
- No tea (anag.).
- "And, like a — boiled, the morn From black to red began to turn." (Samuel Butler)
- "The Elephant Boy" ... remember him? Go on!
- "Who — my purse, — trash." ("Othello," Act 3, Sc. 3.)
- This vegetable may be too apt.
- Sat in bog ... surely this is no cause for bragging?
- This duckling turned out to be a swan.
- Finds a way out from S.S. "Peace."
- Mathilda without her piece of carpet.
- Paul addressed a short epistle to him.
- Removes from office.

