

We all tookabanana

From youngsters to oldsters, there's just nobody who can resistabanana. But that's not surprising bécause it's such a treat to eatabanana. And what's more they're so rich in health-giving elements. Every time you enjoyabanana you're receiving a supply of healthful vitamins and minerals.

Here's another reason why Bananas are good for people of all ages. It's remarkably easy to digestabanana, And what a variety of ways you can haveabanana.

Just peelabanana and enjoy its natural goodness. Serveabanana in puddings and desserts. Fryabanana with ham or bacon. Sliceabanana in salad, Sipabanana milkshake. Cookabanana in its skin as a vegetable. There are many ways to bakeabanana cake. You can makeabanana pie. Children loveabanana jelly. But, however you tryabanana, it's so good to eat - and so good for you. So remember to always give your family lotsabananas.

EAT LOTSABANANAS

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